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Joint position statement on standardizing the clinical use of contact lenses for myopia control from ophthalmology and optometry practices in the Asia-Pacific region

By

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[Foo, LL](#) (Foo, Li-Lian) ^[1], ^[2]; [Gifford, K](#) (Gifford, Kate) ^[3], ^[4]; [Baek, SH](#) (Baek, Seung-Hee) ^[5]; [Choy, EPY](#) (Choy, Emily Pik Yin) ^[6]; [Hsu, CYY](#) (Hsu, Cindy Yi-Yu) ^[7]; [Koh, LB](#) (Koh, Lian Buck) ^[8]; [Lee, HJ](#) (Lee, Haeng Jin) ^[9]; [Lee, KL](#) (Lee, Kang Lian) ^[10]; [Li, J](#) (Li, Julia) ^[11]; [Liang, CK](#) (Liang, Chih-Kai) ^[12]; ...[More](#)

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Abstract

The increasing prevalence of myopia in Asia is a public health concern, necessitating prompt control strategies because of its progressive nature and longterm consequences for vision. Despite demonstrating efficacy, convenience, and a positive lifestyle impact, myopia control contact lenses are not widely used. Standardized guidelines on the use of myopia control soft contact lenses (MCSCSLs) and orthokeratology (ortho-k) lenses enable eye care professionals (ECPs) to achieve maximum potential for childhood myopia control. An expert panel of ECPs from the Asia-Pacific region was convened to examine prescribing behaviors, identify areas for improvement, and advance the discussion on myopia control contact lens usage. An online survey conducted among ECPs across Chinese Taipei (China), Hong Kong SAR (China), Japan, Malaysia, Singapore, and South Korea gathered insights on current practices, challenges, and preferences. The expert panel discussed the survey's results and deliberated on acceptable practices in a roundtable meeting in Kuala Lumpur. Recommendations for guiding patient selection, the fitting process, follow-up schedules, and treatment outcomes for MCSCSLs and ortho-k lenses were proposed. This position statement reports these recommendations and related consensus statements on incorporating MCSCSLs and ortho-k lenses into clinical practice in Asia to improve myopia control outcomes and long-term ocular health in Asian children.

Keywords

Keywords Plus: [REFRACTIVE ERROR](#); [SCHOOL-CHILDREN](#); [AXIAL LENGTH](#); [PROGRESSION](#); [PREVALENCE](#); [MANAGEMENT](#); [CHILDHOOD](#); [ONSET](#); [RISK](#); [AGE](#)

Author Information

Corresponding Address: Song, Tacy (corresponding author)

▼ Aston Univ, Sch Optometry, Sch Optometry Vis Sci, Birmingham B4 7ET, England

Corresponding Address: Song, Tacy (corresponding author)

CooperVis Singapore, 1 TemasekAve, Singapore 039192, Singapore

E-mail Addresses :

tasong@sg.coopervision.com

Addresses :

▼ ¹ Singapore Eye Res Inst, Singapore Natl Eye Ctr, TheAcademia, 20 Coll Rd,Level 6 Discovery Tower, Singapore 169856, Singapore

▼ ² Duke NUS Med Sch, 8 Coll Rd, Singapore 169857, Singapore

▼ ³ Queensland Univ Technol, Ctr Vis & Eye Res, Sch Optometry & Vis Sci, 60 Musk Ave, Brisbane, Qld 4059, Australia

⁴ Myopia Profile Pty Ltd, POB 6176, Upper Mt Gravatt, Brisbane, Qld 4122, Australia

⁵ Kims Eye Hosp, Dept Ophthalmol, 136 Yeongshin Ro, Seoul 07301, South Korea

[...more addresses](#)

E-mail Addresses :

tasong@sg.coopervision.com

Data availability statement

The datasets generated and/or analyzed during the current study are available from the corresponding author upon reasonable request.

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1.22

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