

[Back](#)

Nurturing future doctors: Pre-clinical medical student perspectives on holistic mentoring

[Asia Pacific Scholar](#) • [Article](#) • [Open Access](#) • 2026 • DOI: 10.29060/TAPS.2026-11-3/OA3851[Ismawi, Hidayatul Radziah](#) ; [Ghani, Azril Shahreez Abdul](#); [Omar, Wan Fatein Nabeila Wan](#); [Ws, Wan Muhamad Salahudin](#); [Mustapar, Nurulhasanah](#)

Department of Basic Medical Sciences, Kulliyyah of Medicine, International Islamic University Malaysia, Malaysia

[Show all information](#)[View PDF](#)[Full text](#) [Export](#)[Save to list](#)[Document](#)[Impact](#)[Cited by \(0\)](#)[References \(32\)](#)[Similar documents](#)

Abstract

Introduction: Mentoring plays a crucial role in pre-clinical medical education, providing academic, emotional, personal, and professional support to students during early medical training. Although established in 2015, the impact of the pre-clinical undergraduate mentor-mentee programme at the Kulliyyah of Medicine, International Islamic University Malaysia (KOM, IIUM), has yet to be studied. This study aimed to explore the experiences and perceptions of pre-clinical students participating in the programme to assess its effectiveness and identify areas for improvement. **Methods:** A cross-sectional study was conducted using a self-administered online questionnaire distributed to all Year 1 and Year 2 students. The survey included 5-point Likert-scale items measuring satisfaction and perceived helpfulness, alongside open-ended questions for qualitative insights. Quantitative data were analysed using descriptive statistics, while qualitative responses underwent thematic synthesis, involving open, axial, and selective coding. **Results:** Results showed high satisfaction (mean score: 4.74 ± 0.74) and perceived helpfulness (mean score: 4.69 ± 0.81), with students praising the programme for fostering academic improvement, mental health support, peer collaboration, and holistic

Detailed information

Bibliographic information

Document type	Article
Open access	Green • Gold
DOI	10.29060/TAPS.2026-11-3/OA3851
EID	2-s2.0-105045286609
Original language	English
Publication date	July 2026
PubMed ID	
Source type	Journal
ISSN	24249335
Publisher	Centre for Medical Education (CenMed) Yong Loo Lin School of Medicine National University of Singapore
Publication year	2026
Source title	Asia Pacific Scholar
Volume	11
Issue	3
Pages	27 - 37

Authors (5)

0
Citations

Abstract

[Author keywords](#)[Corresponding](#)