

Brought to you by [INTERNATIONAL ISLAMIC UNIVERSITY MALAYSIA](#)

Scopus

[Back](#)

A Systematic Review on the Prevalence of Musculoskeletal Disorders Among Dental Practitioners

[Malaysian Journal of Medicine and Health Sciences](#) • Review • Open Access • 2025 •

DOI: 10.47836/mjmhs.v21.i6.1379

[Mohd Amir, Nur Aisyah](#)^a; [Norazam, Nurun Nadiyah](#)^b; [Ahmad, Norfaezah](#)^c ; [Ahmad, Norhidayah](#)^d^a Kulliyyah of Dentistry, International Islamic University Malaysia, Pahang, Kuantan, 25200, Malaysia[Show all information](#)

0

Citations

[Full text](#) [Export](#) [Save to list](#)[Document](#)[Impact](#)[Cited by \(0\)](#)[References \(27\)](#)[Similar documents](#)

Abstract

Introduction: Musculoskeletal disorders (MSDs) are one of the most common occupational health concerns worldwide. Numerous studies have reported a higher prevalence of MSDs affecting the upper and lower extremities among dental practitioners. These are frequently attributed to poor ergonomic postures, prolonged static position, gender predilection and increased working hours and workload. **Materials and methods:** This systematic review was based on the Preferred Reporting Items for Systematic Reviews and Meta-analysis 2020 (PRISMA) guidelines. The articles were retrieved from four search engines: PubMed, Scopus, Science Direct and Google Scholar. **Results:** 19 studies that fulfilled the eligibility criteria were included. A high prevalence of MSDs (55%-96%) was found among dental practitioners worldwide. The most common affected body parts included the

neck (26%-96%), shoulder (20%-90%), upper back (21%-82%) and lower back (21%-80%). Risk factors associated with MSDs included awkward working posture, younger age with less experience, female predilection, increased working hours and high workload. Conclusion: Overall, this review highlights the significant burden that MSDs impose on dental practitioners. However, larger studies with higher response rates are warranted to generate more accurate and conclusive results. More importantly, dental education should emphasise the knowledge and application of ergonomics among dental students to promote the necessary awareness and practice in reducing the prevalence of MSDs. © 2025 Universiti Putra Malaysia Press. All rights reserved.

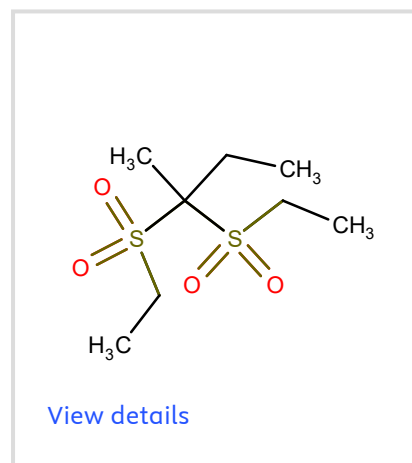
Author keywords

Dental practitioners; Dentists; Musculoskeletal disorders; Occupational hazards; Prevalence

Reaxys Chemistry database information

Reaxys is designed to support chemistry researchers at every stage with the ability to investigate chemistry related research topics in peer-reviewed literature, patents and substance databases. Reaxys retrieves substances, substance properties, reaction and synthesis data.

Substances



Powered by **Reaxys**

Funding details

Details about financial support for research, including funding sources and grant numbers as provided in academic publications.

Funding sponsor	Funding number	Acronym
Ministry of Higher Education, Malaysia See opportunities by MOHE ↗	RACER/1/2019/SKK14/ UIAM//2	MOHE

Funding text

The authors would like to acknowledge the Ministry of Higher Education of Malaysia for the financial support under the research grant RACER/1/2019/SKK14/ UIAM//2.

Corresponding authors

Corresponding author	N. Ahmad
----------------------	----------

Affiliation	Department of Prosthodontics, Kulliyah of Dentistry, International Islamic University Malaysia, Pahang, Kuantan, 25200, Malaysia
-------------	--

Email address	drfaezah@iium.edu.my
---------------	----------------------

© Copyright 2026 Elsevier B.V., All rights reserved.

Abstract

- Author keywords
- Reaxys Chemistry database information
- Funding details
- Corresponding authors

About Scopus

- [What is Scopus](#)
- [Content coverage](#)
- [Scopus blog](#)
- [Scopus API](#)

[Privacy matters](#)

Language

[日本語版を表示する](#)[查看简体中文版本](#)[查看繁體中文版本](#)[Просмотр версии на русском языке](#)

Customer Service

[Help](#)[Tutorials](#)[Contact us](#)

ELSEVIER

[Terms and conditions](#) ↗ [Privacy policy](#) ↗ [Cookies settings](#)

All content on this site: Copyright © 2026 [Elsevier B.V.](#) ↗, its licensors, and contributors. All rights are reserved, including those for text and data mining, AI training, and similar technologies. For all open access content, the relevant licensing terms apply.

