

## Patient-Centred Communication in the Use of Antidepressants among People with Depression: A Scoping Review

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SAINS MALAYSIANA

Volume: 50 Issue: 1 Page: 161-170

DOI: 10.17576/jsm-2021-5001-16

Published: JAN 2021

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depression. A scoping review of the literature was conducted using PubMed, CINAHL, and Cochrane to answer the following questions: What is the nature of published scientific literature on this topic? and To what extent do the published articles address the six core components of patient-centred communication, which are: encouraging effective clinician-patient relationships, obtaining and providing information, responding to emotional states, handling uncertainty, achieving the best decision as well as advocating patient self-management? Out of 494 records identified, a total of 13 articles were included in the scoping review (2 randomised controlled trials, 1 observational cohort study, 5 cross-sectional studies, 4 qualitative studies, and 1 review article). All 6 core components of the patient-centred communication were discussed extensively in the literature except for 2 of them, which were handling uncertainty and patient self-management. Shared decision making (SDM) was found to be a critical feature in patient-centred communication. The six core components of patient-centred communication have been consistently recognized as vital for the process of achieving patient-centred care. SDM can be included as a tool to assist clinicians and patients in addressing effective clinician-patient relationships.

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**Keywords**

**Author Keywords:** [Antidepressants](#); [communication](#); [depression](#); [patient-centred](#)

**Keywords Plus:** [SHARED-DECISION-MAKING](#); [PRIMARY-CARE](#); [MAJOR DEPRESSION](#); [ADHERENCE](#); [MEDICATION](#); [BELIEFS](#); [IMPROVE](#); [SKILLS](#); [EXPERIENCES](#); [PHYSICIANS](#)

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**Categories/Classification**

**Research Areas:** [Science & Technology - Other Topics](#)

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Universiti Malaya	PG310-2016A	<a href="#">Hide details</a>

**Appeared in source as:** University of Malaya

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**Accession Number:** WOS:000614258600016

**ISSN:** 0126-6039

**Other Information**

**IDS Number:** QB60F

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[SAINS MALAYSIANA](#)

**ISSN:** 0126-6039

**Current Publisher:** UNIV KEBANGSAAN MALAYSIA, FACULTY SCIENCE & TECHNOLOGY, BANGI, SELANGOR 43600, MALAYSIA

**Journal Impact Factor:** [Journal Citation Report™](#)

**Research Areas:** [Science & Technology - Other Topics](#)

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**Journal Impact Factor™ (2020)**



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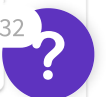
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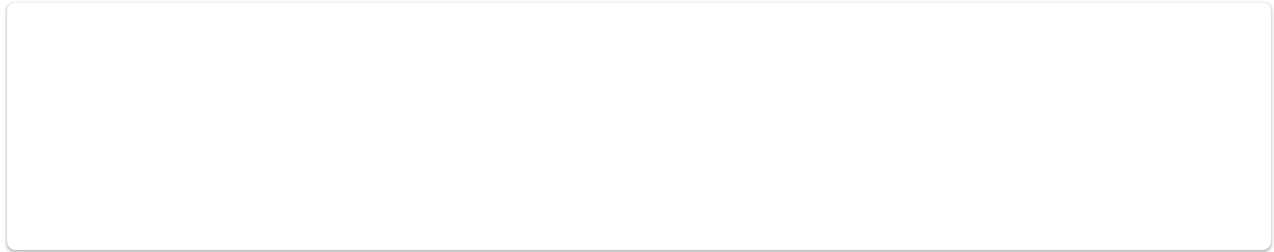
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