



SIMPOSIUM JKPD DAN HARI KEPULIHAN AADK PERINGKAT KEBANGSAAN 2021

Perkongsian Pengalaman dan Usaha Kolaborasi JKPD dalam membantu proses pemulihan klien AADK di Kuantan Pahang

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22 Sept 2021



**Isi
kandungan**

**Kolaborasi JKPD Kuantan
Pahang**

**Program-program JKPD
Kuantan 2018-2021**

**Hasil dan manfaat yang
diperolehi daripada program**

**Cadangan penambahbaikan
program JKPD**



*Poliklinik Shukri &
Rakan-Rakan*

Kolaborasi JKPD Kuantan



- **Jabatan Pendidikan Negeri Pahang.**
- **Badan Kebajikan Swasta/Pertubuhan Bukan Kerajaan.**
- **Persatuan Seni Mempertahankan Diri Taekwondo Kuantan.**
- **Universiti Islam Antarabangsa Malaysia.**
- **Perkhidmatan Kesihatan Swasta dan Kerajaan.**



الجامعة الإسلامية العالمية ماليزيا
INTERNATIONAL ISLAMIC UNIVERSITY MALAYSIA
يُونِيسْتِي اِسْلَامِي اِنْتَار اَبْسِيَا مَلِيسِيَا

Garden of Knowledge and Virtue



Program Pendidikan dan saringan kesehatan Bersama OKP: kaunseling kesehatan, saringan ujian darah, berhenti merokok dll.



Kajian berkenaan 'pembelajaran melalui pengalaman' di kalangan pelajar-pelajar farmasi UIAM (kerjasama Bersama Universiti Colorado, Amerika Syarikat).



Penerbitan dua kertas kajian dalam *Journal of Pharmacy* diterbitkan oleh *IIUM Press* pada 2021.

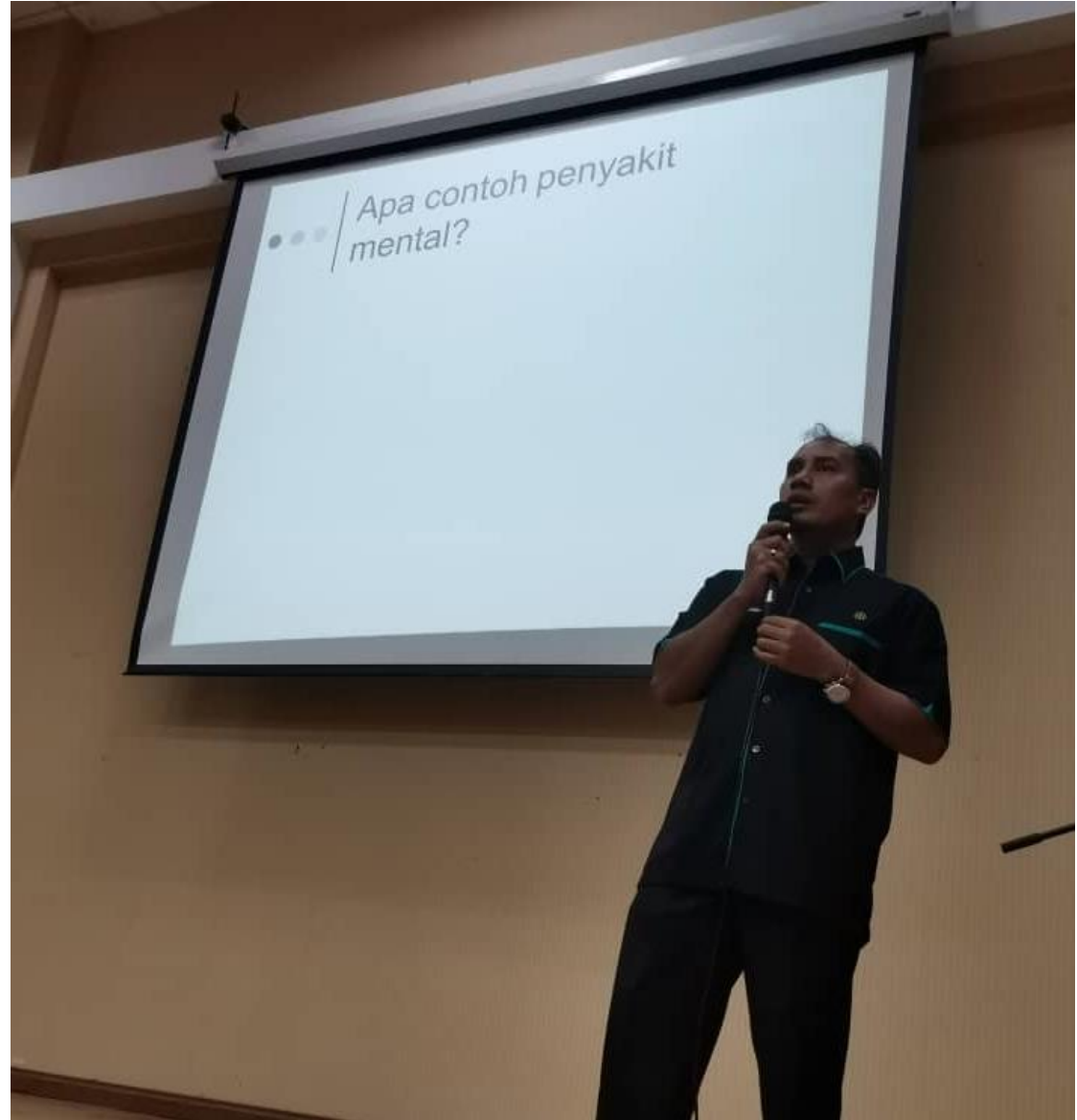


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**Program
2018 – 2019
Bersama
UIAM**







ORIGINAL ARTICLE



Reflections of pharmacy students on experiential education in providing health services to people with history of substance use disorders in Malaysia

Nor Hidayah Mohd Taufek^{1,2*}, Syafiqah Nadiah Halimi¹, Norny Syafinaz Ab Rahman^{1,2}, Che Suraya Zin^{1,2} and Christopher J. Turner³

ABSTRACT

Introduction: Accreditation standards for pharmacy students' education include the requirement for experiential education (EE) and acknowledge, in building life-long learning skills, the need to develop students' skills in analysing their practice-based performance. The goal of this qualitative study was to assess students' ability to reflect on their experience providing face-to-face care to patients with a history of substance use disorders (PHSUDs).

Materials and methods: Interviews were conducted with undergraduate pharmacy students who provided care to PHSUDs in an EE programme. An interview guide was used to explore students' experiences and their perceptions regarding the challenges they encountered, changes in their attitude towards PHSUDs and ways to improve their ability to care for PHSUDs. Data relevant to the study was extracted from interview transcripts, manually sorted and coded using Microsoft Excel and subjected to thematic analysis.

Results: The themes identified were 1) Increased self-confidence in face-to-face interactions with PHSUDs 2) Increased empathy towards PHSUDs 3) Reduction in stigmatised attitudes towards PHSUDs 4) Positive nature of the interactions with PHSUDs 5) Appreciation for the opportunity to apply knowledge in practice 6) Recognition of the need for improved communication skill training 7) Recognition of the need to improve training for dealing with unexpected questions and situations.

Conclusion: Pharmacy students demonstrated reflective skills in identifying multiple positive learning outcomes stemming from a one-day EE programme involving PHSUDs. In addition, they provided insights useful to faculty in curriculum planning.

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Experiential education, pharmacy students, people with a history of substance use disorders, reflections.

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ORIGINAL ARTICLE



Experiential education as a strategy to preserve *Maqasid Al-Shariah* by identifying and addressing stigmatic views held by pharmacy students of patients with substance use disorders.

Nor Hidayah Mohd Taufek^{1,2*}, Syafiqah Nadiah Halimi¹, Norny Syafinaz Ab Rahman^{1,2}, Che Suraya Zin^{1,2}, Che Anuar Che Mohamad³ and Christopher John Turner⁴

ABSTRACT

Introduction: Stigmatising people with a history of substance use disorders (PHSUDs) is discriminatory, causes harm by hindering access to health services and promotes relapse. It jeopardises the preservation of *Maqasid Al-Shariah*, particularly the protection of life and well-being. Experiential education (EE) is a potential strategy to overcome stigma through direct experience with PHSUDs. This study aimed to identify stigmatised views of PHSUDs held by pharmacy students and, in accord with *Maqasid Al-Shariah*, the effectiveness of EE in changing those views.

Materials and methods: Interviews were conducted with seven undergraduate pharmacy students who provided care to PHSUDs through an EE programme. A semi-structured interview guide was used to explore students' perceptions on stigma. Each interview was audio-taped, transcribed verbatim and translated into English. Data were manually sorted and coded using Microsoft Excel 2016 and subjected to thematic analysis.

Results: The following themes related to stigma were identified: 1) individuals are to blame 2) moral versus biological views of addiction 3) stereotypes of unpredictability and dangerousness 4) lack of didactic education/training for pharmacy students regarding PHSUDs and 5) lack of face-to-face experiential education with PHSUDs. Less stigma and greater empathy towards PHSUDs were reported post-intervention attributable to increased knowledge about substance abuse and face-to-face interactions with PHSUDs.

Conclusion: Pharmacy students have pre-conceived stigmatic views regarding PHSUDs modifiable through experiential education. Contact by pharmacy students with stigmatised patients promotes health care without discrimination as advocated in the teaching of Islam. Future interventions to reduce stigma are required to preserve *Maqasid Al-Shariah*.

ARTICLE HISTORY:

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KEYWORDS:

Stigma, experiential education, substance use disorders, protection of life, *Maqasid Al-Shariah*.

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Conclusion

A one-day experience providing face-to-face care for PHSUDs resulted in multiple positive learning outcomes for Malaysian pharmacy students. The students were able to recognise and appreciate improvements in their abilities to care for patients and provided information useful for curriculum design.

Acknowledgements

The authors wish to thank the Drug Rehabilitation Committee of National Anti-Drug Agency Kuantan district for sponsoring the health programme for PHSUDs, the pharmacists at the Faculty of Pharmacy IIUM (Syed Mohd Syahmi Syd Mohamad Faudzi, Wan Zuhaira Amirah Wan Amran) who provided training to students and the pharmacy lecturers (Muhammad Eid Akkawi, Abdul Rahman Fata Nahas, Abdulkareem Mohamed Ahmed, Siti Hadijah Shamsudin) who provided assistance and advice during the programme.

Conflict of Interest

The authors declare no conflict of interest.

Hasil 'Pembelajaran melalui Pengalaman' pelajar- pelajar UIAM

Meningkatkan kesadaran pelajar-pelajar tentang keperluan OKP dalam bidang kesihatan, mengurangkan stigma.

Meningkatkan keyakinan diri dan empati untuk berinteraksi dan memahami masalah yang dihadapi oleh OKP.

Meningkatkan motivasi untuk berkhidmat kepada masyarakat, membetulkan persepsi terhadap OKP, menyertai aktiviti sukarela.

Menyedari kekuatan dan kelemahan diri, berusaha meningkatkan kemahiran.



Pandemik COVID-19

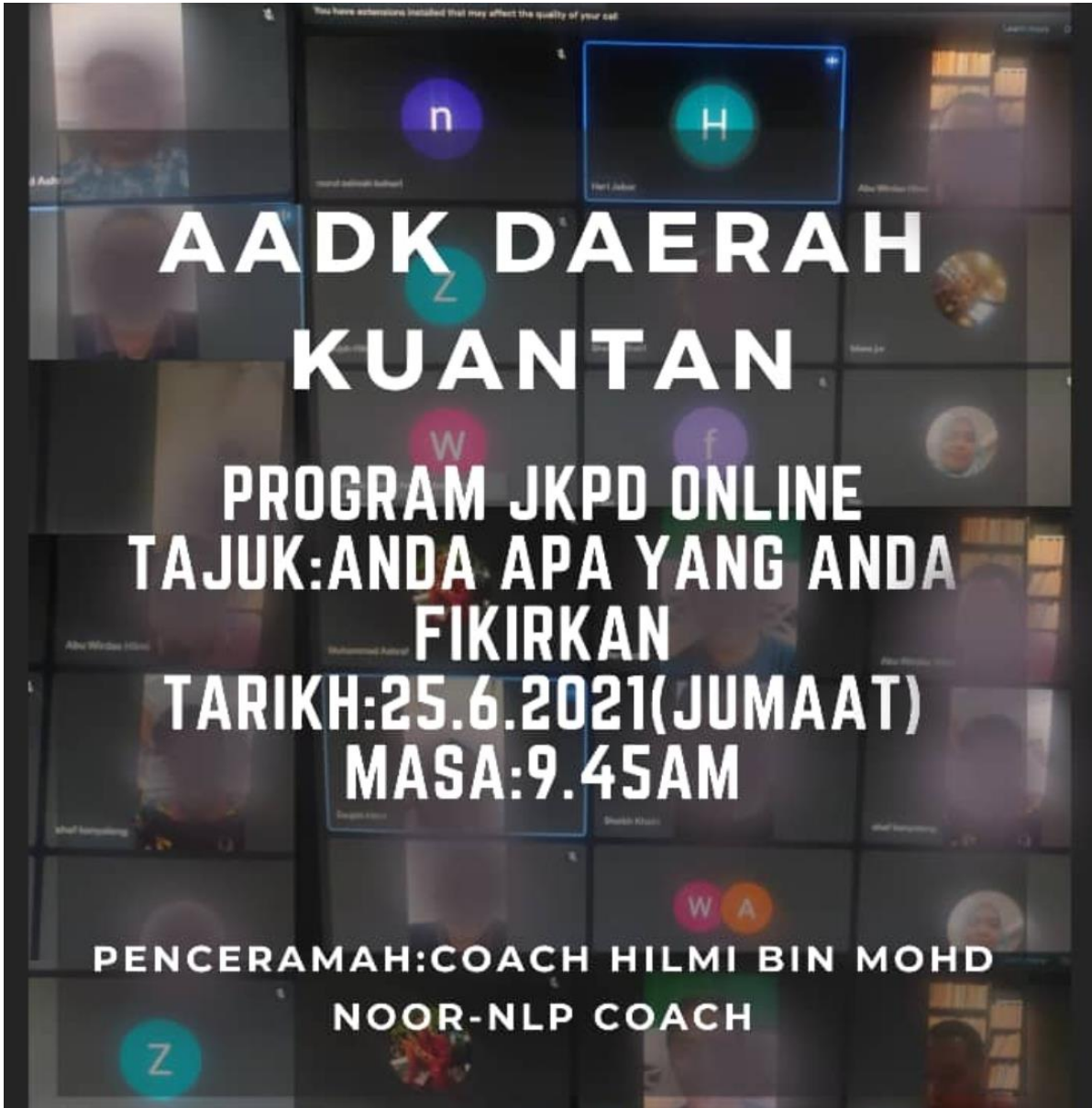
- **Ceramah kesehatan : bersemuka dan online**
- **Program Outreach JKPD**
- **Program 1. Recovery Anonymous 2. Co-dependency bersama JKPD & Skwad AADK UIAM 2020**
- **Lawatan ke PUSPEN Gambang.**
- **Kajiselidik Kesejahteraan Fizikal, Mental dan Sosial OKP:Penyertaan pelajar UIAM sebagai finalis dalam pertandingan E-SULAM INNOVATE peringkat kebangsaan anjuran Kementerian Pengajian Tinggi (PROGRAM KHIDMAT KOMUNITI).**



Program Ramadhan 2020



June – Nov 2020



AADK DAERAH
KUANTAN
PROGRAM JKPD ONLINE
TAJUK:ANDA APA YANG ANDA
FIKIRKAN
TARIKH:25.6.2021(JUMAAT)
MASA:9.45AM
PENCERAMAH:COACH HILMI BIN MOHD
NOOR-NLP COACH



9 Disember 2020



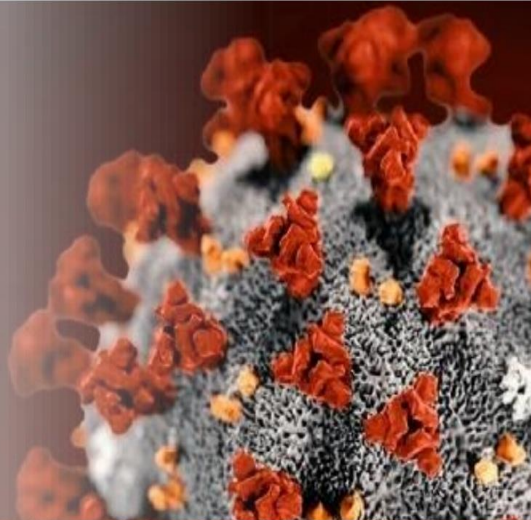
2020-2021

COVID-19: PENULARAN JANGKITAN, IMUNISASI, IMPLIKASI KESIHATAN, STRATEGI KAWALAN & PENCEGAHAN.

Program Kesihatan bersama Klien AADK PEKAN PAHANG 5 OGOS 2021

**NOR HIDAYAH MOHD TAUFEEK, RPh., FAM. (B.Pharm, MPH,
PhD).**

**Pensyarah Kanan, Kulliyah Farmasi UIAM,
Substance Use Disorders Research Group, UIAM,**



Notes

Katakanlah (wahai Muhammad): "Wahai hamba-hambaKu yang telah melampaui batas terhadap diri mereka sendiri (dengan perbuatan-perbuatan maksiat), janganlah kamu berputus asa daripada rahmat Allah, kerana sesungguhnya Allah mengampunkan segala dosa: sesungguhnya Dia lah jua Yang Maha Pengampun, lagi Maha Mengasihani." (Az-Zumar: 53)



Penglibatan pelajar-pelajar UIAM di dalam program AADK Kuantan Pahang, November 2020



June 2021

Recording



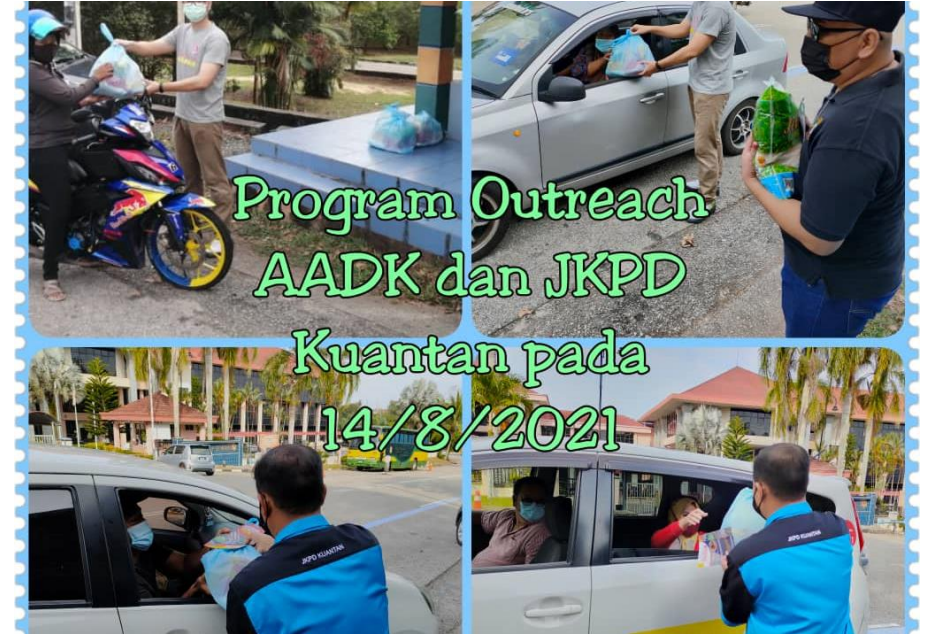
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يَوْمَ نَبْتِئُ فِي سُنْبُقٍ الْمَدِينَةَ
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PERTANDINGAN e-SULAM INNOVATE 2021

**KAJIAN TENTANG KESAN PANDEMIK COVID-19 TERHADAP
KESEJAHTERAAN MENTAL, FIZIKAL DAN SOSIAL DI KALANGAN
ORANG KENA PENGAWASAN (OKP) DAN AHLI KELUARGA DI
KUANTAN, PAHANG**

**NUR ATHIRAH BINTI MOHAMAD AZIZ
KULLIYAH FARMASI
UNIVERSITI ISLAM ANTARABANGSA MALAYSIA
KAMPUS KUANTAN**



Ogos 2021: Program Outreach JKPD

**Hasil dan
manfaat yang
diperolehi
daripada
program JKPD**

Mengeratkan hubungan OKP bersama ahli JKPD, AADK, organisasi kerajaan dan swasta dalam pelbagai bidang, masyarakat setempat.

Mengenalpasti isu-isu yang boleh diberi perhatian dan masalah yang perlu diatasi oleh OKP dan keluarga.

Memberi sokongan berterusan kepada OKP supaya kekal pulih dan meningkatkan kualiti hidup bersama masyarakat.

Membuka peluang perkongsian kepakaran daripada ahli-ahli JKPD bersama klien dan inovasi hasil kerjasama berterusan.



Cadangan penambahbaikan

- **Meningkatkan kesedaran dan kemahiran teknologi maklumat dan komunikasi untuk ahli-ahli JKPD dan klien dari semua daerah/negeri untuk memudahkan pertukaran ilmu, pendapat, kemahiran kepakaran dan lain-lain.**
- **Meningkatkan program bersama ahli keluarga klien sebagai sistem sokongan yang kuat untuk kelestarian kepulihan klien.**
- **Kepelbagaian konsep dan skop aktiviti berdasarkan keperluan klien dan kesesuaian masyarakat setempat.**



Terima Kasih