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Zinc loaded whey protein nanoparticles mitigate the oxidative stress and modulate antioxidative gene expression in testicular tissues in rats

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Abstract

This study aimed to utilize whey protein nanoparticles (WPNNs) and zinc (Zn) loaded WPNNs to protect against carbon tetrachloride (CCl₄)-induced testicular damage in rats. Zn was loaded on WPNNs at three levels and Zn release was determined at different time intervals. Seventy male Wistar rats were divided into 7 groups and treated orally for 4 weeks as follows: the control group, CCl₄-treated group (0.5 ml/100 g b.w) twice a week, CCl₄ plus WPNNs-treated group (300 mg/kg b.w), CCl₄ plus Zn citrate-treated group (50 mg/kg b.w), and the groups treated with CCl₄ plus the three Zn-WPNNs formulations. Blood and testicular tissue samples were collected for different assays. Animals treated with CCl₄ showed a significant decrease in body weight and relative weight of the testis, testosterone level, antioxidant enzymes activity and mRNA expression of Nrf2, HO-1 and NQO1 and increased Malondialdehyde (MDA), nitric oxide (NO) and mRNA expression of Keap1 and induced histological changes in the testis. WPNNs alone, Zn alone or Zn loaded WPNNs at the three levels protect against CCl₄-induced testicular damage. These effects were more pronounced in the group received the fabrication with low Zn level. This study concluded that Zn-WPNNs could reduce the oxidative stress in the testicular tissue via different mechanisms mainly via the regulation of Nrf2-Keap1 antioxidative signaling pathway.

Keywords

Author Keywords: [Whey protein nanoparticles](#); [Zinc citrate](#); [Testicular injury](#); [Oxidative stress](#); [Drug delivery](#); [Gene expression](#)

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