

Asst. Prof. Dr. Nurjasmine Aida Jamani Family Medicine Specialist, Kulliyyah of Medicine, International Islamic University Malaysia (IIUM). IIUM/AMSA/MEDSS/01/2021 3 FEBRUARI 2021/21 JAMADILAKHIR 1442

Dear Prof./Assoc. Prof/Asst Prof/Dr.

## INVITATION AS A SPEAKER FOR THE PUBLIC TALK 'PENJAGAAN IBU DAN SI KECIL'

May this letter reach you in the best of Iman and health by the grace Allah S.W.T.

With reference to the above, on behalf of the secretariat, I am delighted to extend an invitation for you to participate and speak in the public talk organised by the Asian Medical Students' Association International Islamic University Malaysia (AMSA IIUM), in collaboration with the Medical Student Society International Islamic University Malaysia (MedSS IIUM), which will take place on 2<sup>nd</sup> May 2021.

- 2. The aim of this programme is to address the issue of nutrition deficiency in pregnancy and role of family planning in prevention of maternal morbidity and mortality, especially among high risk groups and low socioeconomic background. Our focus is on issues which are preventable by proper education, adequate nutrition and easy access to the health services. We would also like to highlight the massive efforts being poured by the Mother and Child Health unit of the Malaysian Healthcare System, hoping for the realisation of the society on the various options they have for better living.
- 3. Thus, it will be an honour for us to have Prof./Assoc. Prof/Asst Prof/Dr. as one of our panellists in this virtual forum to enlighten the audience over the issues of maternal and child healthcare. Hereby attached are the details of the programme. On a further note, we highly encourage for the topic to be assisted with a PowerPoint presentation to enhance the delivery of the talk.

Program:	PENJAGAAN IBU DAN SI KECIL
Date:	2 May 2021, Sunday
Time:	8:30 a.m. – 12:30 p.m.
Platform:	Zoom SUPC and Facebook AMSA IIUM
Objectives:	1) To increase the community awareness, especially those with low socioeconomic status on proper nutrition for mother and child.
	2) To help in reducing perinatal and neonatal morbidity and mortality by educating the public, especially the mothers, on maternal and child nutrition and healthcare.

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3) To advocate healthy motherhood in the community.
4) To promote family planning and safe spacing between each pregnancy
among the community.
5) To educate the ladies on selfcare prior to pregnancy, during the antenatal
period and postnatal period.

4. Enclosed with this letter is the tentative of the programme. For further inquiries, please contact:

## Programme Manager: AMIR HAKIMI BIN AMRI (+60 11-1145 4644) Head of Public Relation: HASNAIN BIN TAHIR (+60 10-9006891)

5. Your kind cooperation is highly appreciated. We are looking forward to the prospect of you speaking at our programme. May Allah accept all our efforts as *Ibadah* and give His full blessings to us in this world and in the Hereafter.

Thank you.

Yours Sincerely, Wassalam

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Asst. Prof. Dr Mohd Shaiful Ehsan Bin Shalihin Program Advisor, Public Talk on 'Penjagaan Ibu dan Si Kecil', UIAM Kuantan

c.c.:

Asst. Prof. Dr. Soraya Binti Ismail Deputy Dean of Students, Alumni and Community Engagement (DDSCE) International Islamic University Malaysia, Bandar Indera Mahkota Campus Jalan Sultan Ahmad Shah, 25200 Kuantan Pahang Darul Makmur, Office Tel: 09-5704504 Email: dr\_soraya@iium.edu.my



## PROGRAMME TENTATIVE DATE: 2 MAY 2021 (SUNDAY) PLATFORM: Zoom SUPC and Facebook AMSA IIUM

Sunday, 2 May 2021

08.30 a.m.	Registration and arrival of participants. Arrival of speakers.
09.00 a.m.	Greetings by emcee.
09.10 a.m.	<ul> <li>Session 1: 'Folic Acid in Pregnancy and Family Planning'.</li> <li>1. Dr Mohd. Daud bin Che Yusof, Consultant Family Medicine Specialist, Klinik Kesihatan Beserah, Kuantan. (Topic: Folic Acid in Pregnancy, Time 9.10am – 9.50am, 10 minutes Q&amp;A)</li> <li>2. Asst. Prof. Dr Nurjasmine Aida binti Jamani Family Medicine Specialist and Medical Lecturer in the Department of Family Medicine, Kulliyyah of Medicine, IIUM. (Topic Family Planning – What do you need to know, Time 10.00am – 10.40am, 10 minutes Q&amp;A)</li> </ul>
10.50 a.m.	Break.
11.00 a.m.	<ol> <li>Session 2: 'Picky Eaters and Nutrition'.</li> <li>Assoc. Prof. Dr Nor Azam Kamaruzaman Family Medicine Specialist and Medical Lecturer in the Department of Family Medicine, Kulliyyah of Medicine, IIUM. (Topic: Picky eaters – What we need to do?, Time: 11.00am – 11.40am, 10 minutes Q&amp;A )</li> <li>Asst. Prof. Dr Nurul Hazirah binti Jaafar Dietetic Lecturer in Kulliyyah of Allied Health Sciences, IIUM. (Topic: Nutritional needs for Under 5 children, Time: 11.50am – 12.30pm, 10 minutes Q&amp;A)</li> </ol>
12.40 p.m.	Take home message. Dismiss.

\* We encourage all the speakers to prepare a PowerPoint presentation regarding the topic given, if suitable accordingly.

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