Root canal retreatment

### Contents

- Introduction
- Etiology of persistent periapical inflammation :
- i. Microbial causes
- ii. Non-microbial causes
- Diagnosis and treatment planning
- Access to pulp chamber and root canal

- Techniques for the removal of root filling materials :
- i. Mechanical
- ii. Chemical
- iii. Others
- iv. Clinical cases
- The outcome of root canal retreatment
- Conclusion

### Introduction

Clinical decision making is a complex process.

- Factors to consider :
- i. Evidence
- ii. Individual cases
- iii. Patient preferences
- Treatment decisions can vary widely depending on :
- i. Operators experience
- ii. Personal preferences

Bigras et al., 2008

### Introduction

- Treatment decision should include :
- i. Alternatives
- ii. Risks and benefits
- iii. Prognosis
- iv. Costs

Absence of clear guidelines on how to treat endodontically involved teeth.

Treatment planning dilemma for many clinicians.

Bigras et al., 2008

#### **Microbial factors**

Siguiera 2001, Nair 2006, Virdee and Thomas 2017

#### Nonmicrobial factors

Siquiera 2001, Nair 2003, Nair 2006, Abott 2011

Microbial factors

1. Intraradicular infection

2. Extraradicular infection

Siguiera 2001, Nair 2006, Virdee and Thomas 2017

#### Intraradicular infection

#### Coronal leakage

- i. fracture or loss of the temporary/permanent restoration
- ii. fracture of the tooth structure; recurrent decay exposing the root canal filling material
- iii. delay in the placement of permanent restorations

History of previous RCT

? Follow standard protocol Presence of microorganisms

- i. missed canal
- ii. lateral canal
- iii. apical deltas
- iv. ramifications
- v. inadequate obturation

Siguiera 2001, Nair 2006, Virdee and Thomas 2017

#### Extraradicular infection

## Microorganisms survive in an inhospitable environment

- i. Avoid destruction by phagocytes
- ii. Change antigenic coats
- iii. Induce proteolysis of antibody molecules

Microorganisms establish in the periradicular tissues

- i. Actinomyces spp.
- ii. Propionibacterium propionicum

Siguiera 2001, Nair 2006, Virdee and Thomas 2017

- Nonmicrobial factors
- 1. Periapical true cyst
- 2. Foreign body reaction
- 3. Scar tissue healing

Siquiera 2001, Nair 2003, Nair 2006 Abott 2011

Radicular cysts



Pocket cyst

**Fig. 7.9** Radicular cysts may appear in two configurations: a pocket cyst (a) where there is direct communication between the cyst cavity and the root canal space; and a true cyst (b) where no such pathway exists.



Textbook of Endodontology 2nd Edition. UK, Wiley-Blackwell.

True cyst



Siquiera 2001, Nair 2003, Abott 2011

Scar tissue healing

Residual microbes in the apical portion of the root canal system is the major cause of persistent periapical inflammation.

Nair 2006

- Periapical actinomycosis, true cysts, foreign body reaction and scar tissue :
- i. are of rare occurrence (Nair 2006).
- ii. may have no symptoms for much of their existence (Abott 2011).
- iii. will only have symptoms if there is an acute exacerbation of the chronic inflammation associated with them (Abott 2011).



Individual cases

Operator factors

Bigras et al., 2008, Abott 2011

- Patient factors
- 1. Preferences
- 2. Patient's age, general health, oral health

3. Willingness to proceed

4. Finances

Bigras et al., 2008, Abott 2011

- Individual cases
- 1. Diagnosis of the presenting condition.
- 2. History of the previous treatment :
  - i. when it was completed
  - ii. follow standard protocol
    rubber dam
    antimicrobial root canal irrigants

Operator factors

1. Personal experience

2. Preferences

Bigras et al., 2008, Abott 2011



- Any complications associated with the proposed treatment.
  Eg : wide and long intraradicular post
- Any implications for the patient's overall oral status, their ability to function and their finances.
   Eg : long span bridgework



Abott 2011, Good and McCammon 2012

Persistent periapical inflammation

#### Orthograde root canal retreatment



Assessment

May involve :

- i. Removal of existing restorations
- ii. Intraradicular posts, cores

iii. Others : silver point, carrier-based obturation material

Remove or not to remove?

Eg: crowns

- i. The condition and amount of remaining tooth structure can be assessed.
- ii. Visibility and achieving straight line access to the root canals is improved.
- iii. Canal orifices can be located relatively easy.

Rhodes 2011

Remove or not to remove?

Eg : crowns

- i. If the crown is of good quality clinically and radiographically, no evidence of marginal deficiencies, it may be retained.
- ii. If the crown has been fitted quite recent, root canal retreatment can be carried out through a conservative access cavity.

Intraradicular posts, core

Eg : Metal vs Fiber, parallel versus tapered, active versus passive retained, post head configuration.

- i. Core material is removed from around the head of the post using a bur and ultrasonic tips.
- ii. Screw posts unthread from canal.
- iii. Ultrasonic vibration.
- iv. Post removal devices.
- v. Fiber posts drilled out.

- Silver points, carrier-based obturation material
- i. Core material is removed from around the head of the silver point or carrier-based obturation material.
- ii. Silver point Ultrasonic vibration, post removal system eg. Masserann kit.
- iii. Carrier-based obturation material braiding technique with 2 Hedstrom files.



Thermafil



Hand filesi. Hedstrom file



#### Gates Glidden drills



#### Rotary files



Protaper D series

#### Ultrasonic tips



#### Heated instruments





Elements Obturation System

#### Solvents

- i. Chloroform
- ii. Orange oils (RC Solve)
- iii. Xylol
- iv. Halothane
- v. Eucalyptol
- vi. Tetrachloroethylene
- vii. Turpentine

Adjuncts to mechanical removal of root filling materials.


- ► Others
- i. Lasers

Limited studies.

There is concern regarding the increase in temperature of the root surface.

Duncan and Chong 2011, Good and McCammon 2012

- Others
- iii. Sonic agitation



Remnants of root filling materials are still present on the root canal wall irrespective of the technique used.

Duncan and Chong 2011, Kumar et al., 2012

The use of rotary NiTi instruments is an acceptable technique for removing gutta percha.

They are at least as effective as hand instruments.

Duncan and Chong 2011

## Step 1 : Gross coronal GP removal

## Step 2: Gross apical GP removal

## Step 3 : Fine GP removal

#### Virdee and Thomas 2017

#### A practitioner's guide to gutta-percha removal during endodontic retreatment

S. S. Virdee<sup>\*1</sup> and M. B. M. Thomas<sup>2</sup>

		-	

Outlines a staged approach to endodontic access Outlines a staged approach in removing guttathrough extensively restored teeth percha from obturated root canals

Familiarises practitioners to Gates Glidden burs Hedstrom files, K-files and endodontic solvents and the design features that make them ideal for gutta-percha removal

Endodontic retreatment can be a challenging task that can result in many complications if not approached cautiously. Many of these difficulties revolve around regaining access to the pulp chamber through extensive coronal restorations and removing residual root filling material, the commonest being gutta-percha (GP), from within obturated canals. This can often be an untidy, time consuming process that places teeth at a greater risk of iatrogenic injury and inhibits the operator achieving the necessary chemical disinfection required to eliminate the persistent apical disease. Therefore the following article aims to aid practitioners, particularly those who are unfamiliar, with accessing and removing GP from endodontically treated teeth. The outlined systematic approach is accessible in general practice, where the vast majority of endodontic treatment is conducted, requires basic equipment and with the correct experience can be applied to both straight and curved canals. By overcoming this initial stage of retreatment, subsequent chemical disinfection, which is critical to success, can be carried out to a higher standard reducing risks of re-infection.

#### Introduction

The Restorative Index of Treatment Need (RIOTN) recognises endodontic retreatment as being in a higher category of complexity than primary endodontic therapy.1 This is reflected by practice, where the vast majority of endoreduced success rates in some but not all studies, dontic treatment is conducted, requires basic and that achieving a predictable outcome can equipment and with the correct experience can be challenging by even experienced practitionbe applied to both straight and curved canals. ers.2 The demanding process of regaining access By overcoming this initial stage of retreatthrough extensive coronal restorations and ment, subsequent chemical disinfection, which debriding the contents of obturated root canals, is critical to success, can be carried out to a the commonest filling being gutta-percha (GP), higher standard reducing risks of re-infection. certainly contribute to this difficulty.34 It can be an untidy and time consuming process that places teeth at a greater risk of iatrogenic injury and inhibits thorough chemical disinfection.

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root filling or coronal seal.6 Additionally, if Therefore, the following article aims to aid practitioners, particularly those who are the initial obturation permits coronal leakage unfamiliar, in accessing and removing GP from (that is, voids), elective retreatment may endodontically treated teeth. The outlined be necessary before non-vital bleaching to systematic approach is accessible in general minimise risks of root resorption.67

> The associated complications are similar to those of primary endodontic therapy, however, reinfection can still persist if GP is not adequately removed as it presents a barrier to chemical disinfection.2 Teeth are also more vulnerable to iatrogenic injuries such as perforation, file separation or irreversible damage to a coronal restoration the patient has become accustomed to.2 It is therefore important to discuss these details with the patient in order to gain informed consent.8

Indications for retreatment

The aim of non-surgical endodontic retreatment is to relieve patient symptoms and reestablish healthy periapical tissues following failure of initial therapy by removing materials from the root canal space, chemically disinfecting canals and if present, addressing deficien-

Intra-radicular sources GP length and condensation, although giving no information on previously employed irrigant regimes, hold prognostic values and cies of pathological or iatrogenic origin.5 It is are considered features that help determine if indicated in teeth with radiological findings of initial treatment was completed to a satisfacpersisting apical periodontitis, with or without tory standard.6.9 Root fillings that are poorly symptoms, in the presence of an inadequate condensed or do not extend to the apex can

Persistent apical infections

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Step 1 : Gross coronal GP removal





#### Step 1 : Gross coronal GP removal





Step 2 : Gross apical GP removal



#### Step 3 : Fine GP removal



Canal filled with solvent















Placement of calcium hydroxide



#### 1 month review













Post op

#### Carrier-based obturation : Thermafil



#### Plastic carrier

Braiding technique with 2 Hedstrome files Final flush with chloroform



Working length







#### Ultrasonic tips

Masserann Kit

Silver point attached to trephan bur





1 year review





Removal of post and GP

Apical plug with MTA















Periapical radiograph of 12







# The outcome of root canal retreatment

## The outcome of root canal retreatment

Study	Year	Method	Observation period	Findings	JOURNAL OF ENCOCONTICS Copyright © 2003 by The American Association of Endodontists	Printed in U.S.A. Vo 30, No. 1, January 2004
Gorni and Gagliani	2004	Prospective Clinical Study Subjects : 451 patients (452 teeth) 2 groups : Root canal morphology respected (RCMR) 245 teeth and Root canal morphology altered (RCMA) 207 teeth	2 years	In single rooted teeth, success was 83.3% for the RCMR and 48.7% for the RCMA In premolars, success was 87.2% for RCMR and 50.3% for RCMA In molar group was 87.1% for RCMR and 44.1% for RCMA Preoperative presence of periapical lesion reduced success rate.	<text><text><text><text><text></text></text></text></text></text>	<text><text><text><text><text><section-header><section-header><section-header></section-header></section-header></section-header></text></text></text></text></text>

## The outcome of root canal retreatment

REVIEW

#### **Outcome of secondary root canal treatment:** a systematic review of the literature

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#### Abstract

Ng Y-L, Mann V, Gulabivala K. Outcome of secondary root canal treatment: a systematic review of the literature. International Endodontic Journal, 41, 1026-1046, 2008.

canal treatment (2°RCT or root canal retreatment); and (ii) to investigate the effects of clinical factors on the success of 2°RCT.

investigating outcome of 2°RCT which were published upto the end of 2006 were identified electron-Oral Surgery Oral Medicine Oral Pathology Endodontics review articles were hand-searched. Two reviewers studies based on specified inclusion criteria and extracted the data onto a pre-designed proforma, independently. The criteria were: (i) Clinical studies postgraduate students, general dental practitioners, on 2°RCT; (ii) Stratified analyses available for 2°RCT where 1°RCT data included; (iii) Sample size given and larger than 10; (iv) At least 6-month postradiographic criteria (strict = absence of apical radiolucency; loose = reduction in size of radiolucency); and (vi) the raw data.

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International Endodontic Journal, 41, 1026-1046, 2008

Three strands of evidence or analyses were used to triangulate a consensus view. The reported findings from individual studies, including those excluded for quantitative analysis, were utilized for the intuitive synthesis which constituted the first strand of evidence.

Aims (i) To investigate the effects of study character- Secondly, the pooled weighted success rates by each istics on the reported success rates of secondary root study characteristic and potential prognostic factor were estimated using the random effect model. Thirdly, the effects of study characteristics and prognostic factors (expressed as odds ratios) on success rates were Methodology Longitudinal human clinical studies estimated using fixed and random effects meta-analysis with DerSimonean and Laird's methods. Meta-regression models were used to explore potential sources of ically (MEDLINE and Cochrane database 1966-2006 statistical heterogeneity. Study characteristics consid-Dec, week 4). Four journals (Dental Traumatology, ered in the meta-regression analyses were: decade of International Endodontic Journal, Journal of Endodontics, publication, study-specific criteria for success (radiographic, combined radiographic & clinical), unit of Radiology), bibliographies of all relevant papers and outcome measure (tooth, root), duration after treatment when assessing success ('at least 4 years' or (Y-LN, KG) independently assessed and selected the '<4 years'), geographic location of the study (North American, Scandinavian, other countries), and qualification of the operator (undergraduate students,

specialist or mixed group). Results Of the 40 papers identified, 17 studies published between 1961 and 2005 were included: operative review; (v) Success based on clinical and/or none were published in 2006. The majority of studies were retrospective (n = 12) and only five prospective. The pooled weighted success rate of 2°RCT judged by Overall success rate given or could be calculated from complete healing was 76.7% (95% CI 73.6%, 89.6%) and by incomplete healing, 77.2% (95% CI 61.1%, 88.1%). The success rates by 'decade of publication' and 'geographic location of study' were not significantly different at the 5% level. Eighteen clinical factors had been investigated in various combinations in

previous studies. The most frequently and thoroughly

investigated were 'periapical status' (n = 13), 'size of

Study	Year	Method	Observation period	Findings
Ng et al.,	2008	Systematic review of 17 studies : 1 RCT 4 Prospective studies 12 Retrospective studies	6 months to > 4 years	<ul> <li>77% success rate</li> <li>Prognostic indicators : <ul> <li>i. presence of preoperative</li> <li>periapical lesion</li> </ul> </li> <li>ii. apical extent of root filling</li> <li>iii. quality of coronal restoration</li> </ul>

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## The outcome of root canal retreatment

Study	Year	Method	Observation period	Findings	Review Article
Torabinejad	2009	Systematic review (26 endodontic surgeries, 8 Re- RCT) 8198 teeth were included in the meta-analysis.		The overall weighted success rate for endodontic surgery was 75.0% and for Re-RCT was 78.0% (not statistically significantly different)	<section-header><section-header><text><section-header><text><text><text><text><text><text></text></text></text></text></text></text></section-header></text></section-header></section-header>
			2-4 years	endodonfic surgery : 77.8% Re-RCT: 70.9%	
			4-6 years	endodontic surgery : 71.8% Re-RCT: 83.0%	
			> 6 years	endodontic surgery : 62.9%.	doi:10.1016/ijoen.2009.04.023 930 Torabinejad et al. JOE — Volume 35, Number 7, July 2009

## The outcome of root canal retreatment

► The prognostic indicators for Re-RCT are similar to those for primary RCT.

- The principles and strategy for Re-RCT are identical to those for primary RCT.
- The difference is whether or not the access to apical infection can be achieved (either due to iatrogenic errors in canal preparation or inability to fully negotiate canal blockages due to natural or artificial materials).
- The outcome of Re-RCT should therefore be similar to primary RCT as long as access to the apical infection can be re-established.

Ng et al., 2008

# Conclusion

- Patient should involve in decision making process. Clinician and patient jointly decide which management option to choose.
- Fully informed consent must be provided :
- 1. full explanation of all treatment options
- 2. details of treatment, likely outcomes, possible complications, costs
- If no association with pulp/root canal origin, consider referral to an appropriate dental and/or medical specialist for further assessment and appropriate management.

Abott 2011

## Conclusion

- . Status of coronal restoration
- 2. Quality of the obturation
- 3. Presence of wide and long intraradicular post
- 4. Presence and the location of separated instruments in root canal
- 5. Whether or not histological analysis of periapical tissues is required
  - 6. Long span bridgework
  - 7. Recently cemented crown

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