



THE 17TH INTERNATIONAL POSTGRADUATE
RESEARCH COLLOQUIUM
INTERNATIONAL ISLAMIC UNIVERSITY MALAYSIA



Sustaining Psychosocial Well-being during COVID-19 Pandemic:

Unlocking Indigenous Knowledge
for Research and Practice

Organiser:



3rd
February
2021

Partnering Universities:



Department of Psychology, Kulliyah of Islamic Revealed
Knowledge & Human Sciences (KIRKHS), IIUM

Behavioural Science Research Institute (BSRI),
Shinakhariwiroth University, Thailand

Universitas Islam Indonesia

Mercu Buana University, Indonesia

APPRECIATION

The Department of Psychology, Kulliyah of Islamic Revealed Knowledge and Human Sciences, International Islamic University Malaysia expresses its sincere gratitude and appreciation to all parties and all individuals who have contributed towards the success of the 17th IPRC.

FOREWORD

The year 2020 was a remarkably challenging year for many across the globe. It is marked by the pandemic COVID-19 that has undoubtedly left and still be leaving its traces as we moved into 2021. We were not prepared, we are adapting and we are moving forward. Some things are getting better although some are getting tougher. Health experts warn the worst is yet to come and the second year of pandemic will be rougher than its first year. The pandemic affects all spheres of life ranging from public health, education, work-life dynamic, mental health in general to workplace mental health. The 17th International Postgraduate Research Colloquium (IPRC) scheduled for 2020 is also not discounted by the pandemic COVID-19. Given the restrictions in place, for the very first time, the IPRC in its 17th year is conducted as a virtual conference.

Initially scheduled for 2020, the 17th IPRC moves to online platform and been rescheduled to early February 2021. The Department of Psychology of the Kulliyah of Islamic Revealed Knowledge and Human Sciences at the International Islamic University Malaysia (IIUM) is once again honoured to host this annual event. I would like to welcome our delegates from the Behavioral Science Research Institute (BSRI), Srinakharinwirot University, Thailand as well as delegates from our partnering universities, Universitas Islam Indonesia (UII) and Universitas Mercu Buana (MCB), Indonesia. My heartiest and warm welcome to the 17th IPRC. The theme of the 17th IPRC is *Sustaining Psychological Well-being during COVID-19 Pandemic: Unlocking Indigenous Knowledge for Research and Practice*. Accordingly, we have arranged a special forum on *Managing Mental Health during COVID-19 Pandemic: Challenges and Opportunities for Post COVID-19* featuring academics from BSRI, UII and IIUM as the honourable invited speakers.

Despite the change to online platform, we endeavour to retain the traditions of IPRC. These include online voice-narrated slides presentations, virtual research collaboration meeting, interactive online cultural performance and virtual resolution. The voice-narrated slides presentations, in particular, are playlisted on YouTube in parallel sessions comprising of seven major presentation tracks, namely; Industrial and Organisational Psychology, Clinical Psychology, Counselling Psychology, Educational Psychology, Health Psychology, Developmental Psychology and Social Psychology track. Each submitted and accepted paper presentation is reviewed by the academic members of their respective area of expertise, from both BSRI and IIUM. Paper presentation and review have been a long tradition and the major aim of the IPRC. Another long and never missed tradition of IPRC is the cultural performance. We have scheduled an interactive virtual cultural performance that we hope may bring joy and bliss in this very trying time.

Last but not least, I would like to record my deepest gratitude and appreciation to the 17th IPRC's organising committee for all the hard work, time spent, the kind understanding, patience and cooperation in planning and making sure the 17th IPRC will run smoothly as planned. From the bottom of my heart, I thank each one of you very much in so many ways and in greatest of depth. It is with great pleasure that my colleagues and I honoured the opportunity to host the 17th IPRC. We look forward to joining the next IPRC with prayers and hopes in mind for the pandemic COVID-19 to soon comes to an end.

ASST. PROF. DR. NAZARIAH SHAR'IE BINTI JANON
Chairman 17th IPRC 2020

ABOUT THE INTERNATIONAL POSTGRADUATE RESEARCH COLLOQUIUM (IPRC)

The International Postgraduate Research Colloquium (IPRC) is a collaboration between Behavioral Science Research Institute (BSRI) and Department of Psychology, International Islamic University Malaysia (IIUM). It was first held at IIUM in 2004 and again in 2006, 2008, 2010, 2012, 2014, 2016 and 2018. BSRI have hosted the event at Srinakharinwirot University, Bangkok in 2005, 2007, 2009, 2011, 2013, 2015, 2017 and 2019. The colloquium is held to provide an avenue of interaction among postgraduate students and academics from Malaysia and Thailand.

<p><i>Department of Psychology, International Islamic University Malaysia (IIUM)</i></p> <p>The Department was established in 1990 as a department of the Kulliyah of Islamic Revealed Knowledge and Human Sciences, undertaking teaching and research activities in the field of Psychology. It offers both undergraduate and postgraduate Psychology programmes.</p>	
<p><i>Behavioral Science Research Institute (BSRI), Srinakharinwirot University</i></p> <p>Formerly known as the International Institute for Child Study and later on as the Bangkok Institute for Child Study, BSRI was established as a joint venture between the Government of Thailand and UNESCO in 1955. The focus of BSRI has been on behavioral science research in psychology, sociology, anthropology, education, economics and political science.</p>	

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Asst. Prof. Dr. Pamilia Lourdunathan

PROGRAMME SCHEDULE

Time	Activities		
09.30 – 09.40 AM	WELCOMING REMARKS AND OFFICIATING CEREMONY		
	<p>Asst. Prof. Dr. Nazariah Shar’ie Janon Head, Department of Psychology, Kulliyah of Islamic Revealed Knowledge and Human Sciences, IIUM</p> <p>Assoc. Prof. Dr. Dusadee Yoelao Director, Behavioral Science Research Institute (BSRI) Srinakharinwirot University, Thailand</p>		
09.50 – 10.50 AM	KEYNOTE ADDRESS		
	<p>“Mobilising Social and Behavioural Scientists in Managing Psychosocial Issues During COVID-19 Pandemic”</p> <p>Professor Dr. Shukran Abd Rahman Dean, Kulliyah of Islamic Revealed Knowledge and Human Sciences, IIUM</p>		
10.50 AM– 12.50 PM	FORUM		
	<p>“Managing Mental Health during COVID-19 Pandemic: Challenges and Opportunities for Post COVID-19”</p> <p>Moderator: Assoc. Prof. Dr. Mariam Adawiah Dzulkifli</p> <p>Speakers:</p> <p>“Clinical Psychology Perspective” Dr. Fahad Riaz Choudhry, IIUM</p> <p>“Behavioural Science Perspectives about Wellbeing of Young Adults Impacted by the Pandemic” Dr. Kanu Priya Mohan, BSRI</p> <p>“Studies on Burnout during Pandemic: A Bibliometric Analysis” Dr. Arief Fahmie, UII</p>		
13.00 – 14.00 PM	Lunch Break		
14.00 – 15.00 PM	<table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none;">Research/Meeting (For staff only)*</td> <td style="width: 50%; border: none;">Narrative Presentations**</td> </tr> </table>	Research/Meeting (For staff only)*	Narrative Presentations**
Research/Meeting (For staff only)*	Narrative Presentations**		
15.00 – 15.30 PM	Cultural Performance		
15.30 – 16.00 PM	Resolution & Closing Remarks		
End			

***Date and time according to Malaysia time (GMT+8)

PROGRAMME SCHEDULE

Platform

1. Join Zoom Meeting

<https://iiium.zoom.us/j/95807896375?pwd=NXEyaUVVVL09pbEVvRVJPL1JNQVZWUT09>

Meeting ID: 958 0789 6375

Passcode: 626759

2. Youtube live streaming:

https://www.youtube.com/channel/UCCYqjOUgVli_oRYA8KzYxRQ

* Link for the meeting will be provided to the head of department

** YouTube link for narration presentations

No.	Theme	YouTube Link
1	Industrial and Organisational Psychology	https://youtube.com/playlist?list=PL3sminUAJ6Q7Zu_b28A4jFnlx4Hg38QEO
2	Clinical Psychology	https://youtube.com/playlist?list=PL3sminUAJ6Q5OngyU2CQpSp1iI5Oaxorl
3	Counselling Psychology	https://youtube.com/playlist?list=PL3sminUAJ6Q7fj--_YDwyWeohKrdcKaId
4	Educational Psychology	https://youtube.com/playlist?list=PL3sminUAJ6Q5nfpulKH-p8YmNey_heKet
5	Health Psychology	https://youtube.com/playlist?list=PL3sminUAJ6Q7nQQNMZpoveBbfimTuzQ-N
6	Developmental Psychology	https://youtube.com/playlist?list=PL3sminUAJ6Q73J4SSVvfHJ_lyoWz0MvUu
7	Social Psychology	https://youtube.com/playlist?list=PL3sminUAJ6Q5WDI2m-1D6v_YJioDy7kHh



ABSTRACTS FOR PAPER PRESENTATION



Disclaimer: The author is wholly responsible for the accuracy of the abstract. The Organising Committee cannot take responsibility for the specific accuracy of the details of the abstract contents.

ABSTRACT ID, PRESENTER & TITLE

THEME 7: SOCIAL PSYCHOLOGY

Paper ID	Author	Title
07-01	Mat Nadzari bin Ahmad Dahlan <i>International Islamic University Malaysia</i>	Public Political Support - Mediating effect of Social Media on Attitude and Voting Intention
07-02	Nurul Miza Mohd Rashid <i>International Islamic University Malaysia</i>	Scapegoating During Covid-19: Malaysians Fear of Covid-19 and Displacement of Blame towards Immigrants

IPRC 2020/07-02

Scapegoating During Covid-19: Malaysians Fear of Covid-19 and Displacement of Blame towards Immigrants

Nurul Miza Mohd Rashid

International Islamic University Malaysia

ABSTRACT

There is an increase in scapegoating tendency - increased frustration and attributes of blames - against selected minorities due to the crisis imposed by the Covid-19 global pandemic. In Western nations, Chinese minorities in several Western nations were the main target of scapegoat. Meanwhile, in Malaysia, similar behavioural pattern could be observed between the local Malaysians and immigrants residing as a result of a sudden surge in Covid-19 cases among immigrants in the middle of 2020. The present study employed cross-sectional survey design to examine whether Malaysians' tendency to scapegoat the cause of the virus and its related threats towards immigrants are higher among those with heightened fear against Covid-19. Using online survey, 257 Malaysian citizens were recruited through the use of convenience sampling (18 to 63 years old, $M = 23.28$, $SD = 4.23$). The results of this study may provide insight into the relevance of scapegoating theory in explaining the dynamic between Malaysians and foreign migrant workers residing in Malaysia when there is a sudden and deadly threat present. Preliminary analysis revealed that fear of Covid-19 has a significant positive relationship with scapegoating tendency ($r = .34$, $p < .001$). The preliminary results support scapegoating theory. Some recommendations were made for follow-up study.

Keywords: Scapegoating, Covid-19, immigrants, Malaysia



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