

Sustainable Development Student Projects with Sejahtera Lestari Orientation

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Abstract

Our first year students are required to enrol into UNGS 1201 Sustainable Development course as one of the university core courses (UniCORE). This course prepares students to be champions of sustainable development projects for the world. The main driver to sustainable development projects is the Sejahtera Lestari orientation. This orientation is based on International Islamic University Malaysia's Sejahtera Academic Framework (SAF). After 9 weeks into the course, 50 students in section 18 are able to propose sustainable development projects with Sejahtera Lestari orientation based on IIUM Sejahtera Academic Framework. The outcomes of the project are beneficial to key Sustainable Development Goals (SDG) and to the nation. The first step with small scale project that is driven with Sejahtera heart, mind and attitude enables some sparks for the world to attain Sejahtera Lestari.

Keywords: Sejahtera, Lestari, Sustainable Development Goals, IIUM, Malaysia

Introduction

Sustainable Development course provides students with early exposure on the need to be change agents in the society to bring sustainability, prosperity, and justice. The imbalanced development in the current society has caused pollution, poverty, and injustice to the world (Davari, Iyer & Strutton, 2017; Ahamad & Ariffin, 2018; Ahmad, 2020; Sarif & Ismail, 2020). Excessive consumption and mass production are disastrous to all sectors of life (Amirudin & Gim, 2019; Ahmad, 2020; Sarif & Ismail, 2020). The main objective of the project is to demonstrate the contribution of the students to sustainability.

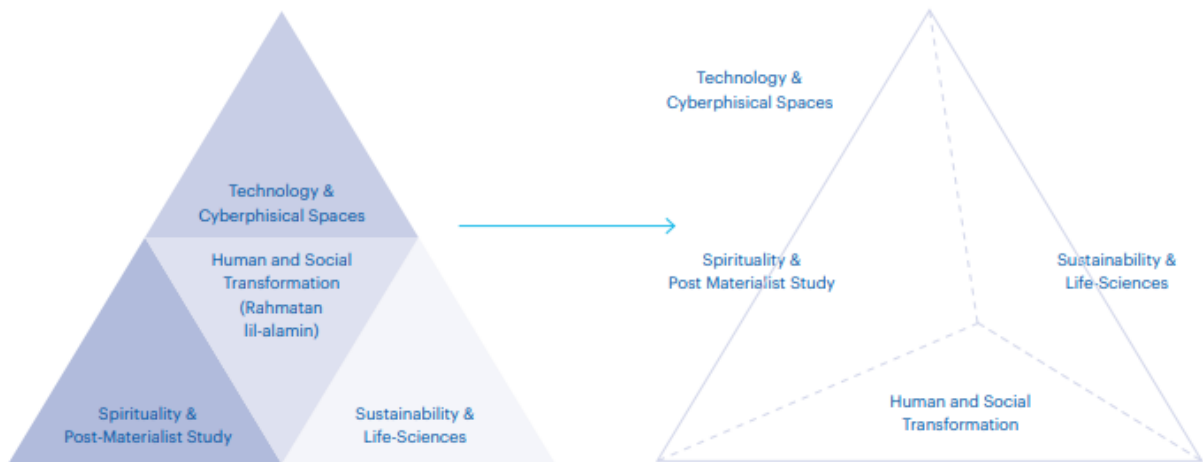
Methodology

Firstly, the students were asked to form a group of 4-5 members. Secondly, they were asked to get themselves formed (*ta'aruf*), stormed (*tafahum*), and normed (*takaful*), before discussing the project for the group with the spirit of teamwork (*ta'awun*) (Sarif & Ismail, 2020). The first and second steps are essential to get the students assimilated with the group project.

In the third step, the students were asked to conduct survey by reviewing reports and newspapers about pertinent issues on campus and their home surroundings. Since most of them are staying on campus, most of the projects are related to campus issues and problems. However, in the middle of the semester, some students were decided to return to home towns and they have to change the contexts of the project from campus-based to home-town based.

The students were reminded to align their group projects with Sustainable Development Goals (SDG) and IIUM Sejahtera Academic Framework (SAF). SAF has integrated Tawhidic paradigm and Maqasid al-Shariah. This stage brought the students to the fourth step, that is to assimilate and prioritise their projects with SDG and SAF frameworks. The idea behinds the SAF is based on the initial work of Tetrahedron Model (Dzulkifli Abdul Razak & Lihanna Borhan, 2019; Dzulkifli Abdul Razak, 2015, 2016).

Figure 1. Tetrahedron model



Source: Dzul kifli Abdul Razak & Lihanna Borhan, 2019, p. 184

The model needs holistic and pragmatic approaches. Zainal Abidin Sanusi (2019, p. 207) argued that intellectual and cognitive alone are not pragmatic, *“The subject is as theoretical as it sounds, but engagement with the community brings in the fundamental understanding needed for the student to truly appreciate community needs. This makes the subject very ‘head-on’ (intellectual component), ‘hands-on’ (practical component), ‘heart-on’ (affection component) and ‘content-on’ (technical component). Through this approach, the students are not only grounded in strong theoretical understanding but tested with realities from societal life.”*

The SD projects have integrated all academics and SAF components. Zainal Abidin Sanusi (2019, p. 207) argued, *“a university-wide approach to humanizing student learning experiences whereby the research process, teaching and learning journey, and community engagement activities, are structurally linked.”*

Sejahtera Framework is based on integrated ideas. Dzul kifli Abdul Razak *et al* (2018) argued the key humanistic components for the Sejahtera concept.

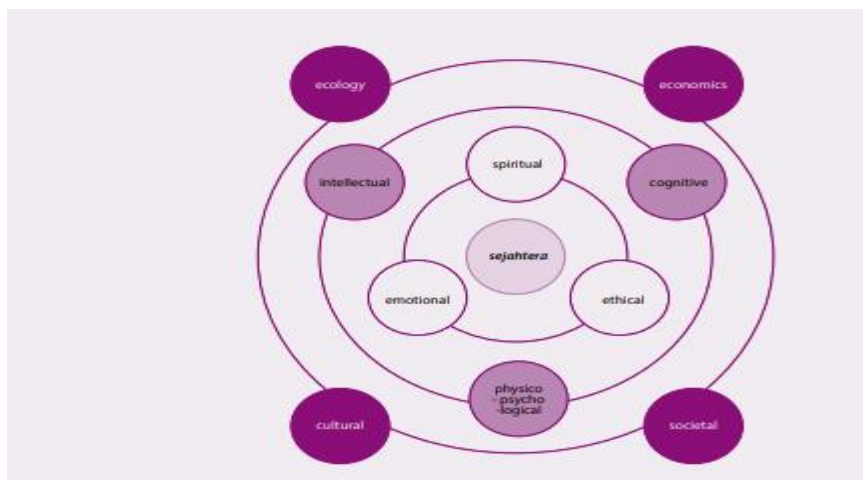


Figure 1: Sejahtera Circle.

RESPONSIBLE FOOD CONSUMPTION AMONG THE RESIDENTS OF MAHALLAH HAFSAH

GROUP 1

Siti Auni Aqilah Binti Md Isa (2012468)

Siti Aina Mashitah Binti Abdul Rahman (2019456)

Muhammad Kamal Ihkam Bin Mukmin Hakim (2010093)

Nurul Izzah Binti Hasan Azhari (2010990)

ABSTRACT

This proposal aims to create responsible consumption behavior among the residents of Mahallah Hafsah IIUM. By daily observation in café of Mahallah Hafsah, we can clearly see that majority of consumers took a lot of food but do not finish it. Nobody cares or bothers to correct this irresponsible behaviour. Our Group 1 from UNGS 1201 Section 18 will work with IIUM Residential Services Division and Mahallah Hafsah office to create responsible consumption behavior for residents of Mahallah Hafsah with a simple campaign from 12 November – 17 December 2020. Our Group will spread out several kinds of poster in café, Mahallah and mass media as a daily memorial to change their behavior.

LACK OF GREEN PLANTS THAT BALANCED OUT ECOSYSTEMS IN THE AREA OF MARYAM LAKE

GROUP 2

Arij Nisreen Binti Adli (2012674)

Amirah Dahlia Binti Mohd Fadil (2019422)

Nor Intan Najwa Binti Mat Salleh (2010364)

Nik Faqihah Auni Binti Nik Kalizan (2016806)

ABSTRACT

This proposal aims to generate awareness regarding the lack of green plants that balanced out ecosystems in the area of Maryam Lake, International Islamic University Malaysia. Maryam Lake is located near to Mahallah Maryam and that is the main reason why the lake is well known as 'Maryam Lake' among students, staffs or everybody in IIUM. The lake also near to sport complex in IIUM. Previously, many activities can be implemented in the lake. As an example, in 2013 kayaking and boat roaring can be enjoyed there. Nonetheless, the utilization of the lake can't no more be used nowadays as the lake become dried out and ran out of it functions. No one took initiatives regarding to this issue. Hence, our group would like to devote everyone in IIUM to give massive awareness in order to solve and give a better look of the lake for the sake of everyone's benefits. Our group will collaborate with MRC Mahallah Maryam, Administration of Mahallah Maryam and about 20 students from Mahallah Maryam to conduct and run a several programmes. The plan will be implemented on 10 November 2020 until the 1st December 2020. We expected that a huge improvement can be occurred in this Maryam Lake.

ERADICATING PLASTIC CONSUMPTION COMPREHENSIVELY IN CAFE MAHALLAH HAFSAH

GROUP 3

Husna Binti Sabri 2019260

Aida Shakirah Binti Nasri 2019390

Amira Hafiza Binti Azman 2013368

Jasmin Farra Hanim Bnti Ahmad Jamil 2013828

ABSTRACT

The vision of this project is to take a few steps and a holistic approach by involving the IIUM community in jointly addressing plastic usage to subsequently zero plastic consumption. Since the opening, the cafe in IIUM had been using plastic cutlery as well as food container and plastic bag regularly for their customer. Unfortunately, during the pandemic era, the total of plastic waste in IIUM increased due to no longer available for students to dine in the cafe and caused them to pack their own food. Hence, our group 4 from UNGS 1201 section 18 will begin by cooperating with one of the cafes in IIUM which is cafe Mahallah Hafsah and the residents to minimize the plastic usage daily. We expected 40% of the 1000 residents of Mahallah Hafsah would participate in our project. On top of that, we also hoped that this project could lessen the amount of plastic waste in IIUM in the years ahead.

DAMAGE EQUIPMENT IN MAHALLAH UTHMAN

GROUP 4

Muhammad Arif Hakimi Bin Za'aba 2014971

Muhammad Syahmi Dzaim bin Mahadir 2017045

Muhammad A'riff bin Yusop 2018925

Adam Haikal bin Abdul Rahman 2014651

ABSTRACT

This proposal is allocating to undergraduate students living in Mahallah Uthman of International Islamic University Malaysia (IIUM) Gombak campus. the most purpose of this study investigated student's fulfilment with the Mahallah Uthman accommodation facility maintenance in IIUM and offers guidelines to Mahallah management and facility department to supply high-quality living ecology, particularly sustainable on-campus hostels environments. Besides that, the policymakers could take this chance for improvements as studies on the upkeep of Mahallah Uthman buildings are of great asset to the present study. The results of observation suggest that room safety, room size, poorly maintained facilities and hostel facilities are the foremost important factors which predict undergraduate students' satisfaction with this hostel. Facilities in this Mahallah seem to age because the year passes with little or no maintenance system in situation to manage the dilapidating structures yet as upgrade their aging facilities.

This project is especially important for IIUM community to show role model of best hostel to the society. Every university motto is to be the best and role model to others despite IIUM is Islamic university that obligated to show favourable values. When students and staffs concerned with these stuffs, students can be more motivated to study because they satisfy with their surround. Next, less students recorded with accidents from damaged equipment that can affect their safety. Nevertheless, we should nurture concerned value for our safety and satisfaction and for future generation.

DONATIONS AMONG STUDENTS IN MAHALLAH HAFSAH IIUM GOMBAK GROUP 5

Nik Izyan Diyanah Binti Nik Hziman 2016646
Nur Irsalina Binti Mohamad Nazri 2015890
Nor Anis Husna Binti Mohd Annuar 2013006
Farah Nabihah Binti Mohamad Rofi 2017622

ABSTRACT

This proposal aims to provide donations among students in Mahallah Hafsah IIUM. Since financial problems have been faced by Malaysian, especially during this pandemic, there are several IIUM students who are facing financial problem that can affect themselves and their studies. It is because nobody cares and not alert to the problems that occur around them. Our Group 5 from UNGS 1201 Section 18 will collaborate with Mahallah Representative Committee (MRC) and Committees or Volunteers to provide donations among students of Mahallah Hafsah from 15th November – 27th December 2020 with several joint programmes. Our team will work together to launch the donation activity from room to room for each block with around 55 residents. In assumption, there are five blocks that take around 160 room leaders in Mahallah Hafsah. We expected that at least 60% of the 160 room leaders would donate and take part in this donation activity.

HEALTHY LIFESTYLES AMONG SISTERS IN IIUM GROUP 6

Nur Arisya Aqilah Binti Ahmad Nasir (2014546)
Nur Wahida Binti Zulkifli (2019250)
Nurul Amni Binti Mohd Fauzi (2016266)
Nur Izzati Aliah Binti Zainudin (2010722)

ABSTRACT

This proposal aims to create awareness among students about life of healthy way in IIUM. Since we are in the Remote Teaching and Learning situation, most of the students just stay at room and face the laptop or phone that just need less movement. Nobody cares about this behaviour. Hence, the students become weak and non-active day by day. Our Group 6 from UNGS 1201 Section 18 will make a programme and campaign about healthy awareness to sister students in our class from 11 November – 20 December 2020 with several joint programmes. Our group will monitor the participants which are our classmate to make sure they join our programme. We expected that at least 70% of the 40 students would lose their weight in healthy way.

ZERO PLASTIC USAGE IN BLOCK E AT MAHALLAH HAFSAH IIUM GOMBAK GROUP 7

Najiya Najiba Binti Mohammad Zaini 2011408
Nureen Aimie Liyana Binti Mohamad Nazri 2012490
Nurul Atirah Binti Yaacob 2012854
Nur Safia Izzani Binti Jamalludin 2010622

ABSTRACT

This proposal aims to reduce the plastic usage among residents in Mahallah Hafsah. In fact, Mahallah Hafsah has practiced this idea at the cafe and it is still running but not completely applied. Therefore, our group will work together with the Mahallah Hafsah Office to run a “Zero Plastic Campaign” to nurture a sense of responsibility among students to avoid plastic usage in their daily life. Basically, this campaign only involves the residents of Block E in

Mahallah Hafsah and it will start from 12 November until 17 December. We expected at least 50% of 130 residents would cooperate in implementing this campaign.

This project is very important for the IIUM community to show role models to the society. As torch bearers of sustainable development agenda, which is in line with Islamic teachings, IIUM should be forever the example and role model to all. If we eliminate plastics from our lives, we do save hundreds of marine species from entanglement and plastic ingestion. Plastic can also negatively impact our health because some of the compounds and chemicals found in plastic, such as BPA, have been found to alter hormones or have other potential human health effects.

TOILET CLEANLINESS OF MAHALLAH HAFSAH BLOCK E, A SHARED RESPONSIBILITY

GROUP 8

Muhammad Faqihuddin Bin Muhamad Abu Bakar (2017561)

Nur Syafawati Balqis Binti Muhamad Noraizam (2017428)

Nurul Iffah Zafirah Binti Che Ibrahim (2012160)

Dahlia Binti Husin (2019116)

ABSTRACT

This proposal aims to create responsible behavior among students in Mahallah Hafsah toward the toilet cleanliness. Students did not clean and flush the toilets after using them. There are not many students that feel responsible for this and leave all the tasks to the cleaner. Our groups from UNGS1201 section 18 will work with the Mahallah Hafsah Office to create responsible behavior among students of Mahallah Hafsah. Our group will hold activities and arrange a rotating schedule for students to wash the toilet every weekend. All students will wash the toilet in turn. This is to cultivate awareness to students to clean the toilet and be responsible because they are the ones who use it. We hope that this project will be successful and achieve the objectives.

This project is very important for the IIUM community to show role models to the society. As torch bearers of sustainable development agenda, which is in line with Islamic teachings, IIUM should be forever the example and role model to all. When everyone starts to be responsible for their toilet consumption, there will be no more dirty and smelly toilets.

HYDROPONIC PLANTS AMONG STUDENTS OF MAHALLAH HAFSAH IIUM GOMBAK

GROUP 9

Nurul Ain Binti Mohd Ramli 2015176

Nur Aini Afiqah Binti Mohd Zailani 2019368

Nur Nekma Al-Solehah Binti Azahar 2019954

Nurhaqirah Binti Suhaimi 2013192

ABSTRACT

This proposal aims to cultivate students of Mahallah Hafsah IIUM to plant hydroponic plants. Since there is a suitable and wide area for this project and nobody cares or wants to make a transformation to make changes. Our group 9 from UNGS 1201 Section 18 will collaborate with Mahallah Hafsah office and several residents in block E to plant hydroponic plants from 12 November – 31 December 2020 with several joint activities. This project will be done in stages whereby it will start with our group first. Then, it will expand to several of Mahallah Hafsah residents in block E and follow by other residents in another block. Plus, Mahallah Hafsah will deploy Mahallah Fellows and staff to get involve with other residents of

Mahallah Hafsa. We expected that at least 30% of the Mahallah Hafsa residents would adapt to this kind of activity.

FINANCIAL MANAGEMENT AMONG IIUM STUDENTS

GROUP 10

Syaza Nur Sabrina Binti Mohamad Faezal 2019558

Nur Asyikin Binti Yusof 2016576

Nur Atikah Binti Mohd Fauzi 2013710

Nor Fatimah Binti Idha Nawawi 2014642

ABSTRACT

This proposal aims to create awareness regarding financial management among students of International Islamic University Malaysia (IIUM). As students, financial problems are common thing that they need to face unless they are from affluent families. Somehow, the students might not know that this problem may arise because of themselves. For instance, they do not know the proper way to manage their money. Our group 10 from UNGS 1201 section 18, will collaborate with IIUM Finance Division to create awareness regarding financial management among students of IIUM with a programme namely a talkathon which will be on 28 November. Our group will engage with all students that are interested to join our talk. After this project conducted, we expected that at least 40% of students that join our talk will be able to manage their financial in a more proper way. This project aims to create awareness on how important it is for students to manage their finances wisely in order to avoid unwanted situations. This project is crucial towards the students so that they can learn about finance management and improve themselves to be better. Besides, the students can portray good examples in handling money to other university students or any person out there. Just like IIUM tagline which is "Leading The Way", we can surely train our students to lead the way in experiencing a better life management and guide other people in the world regarding this matter.

IMPLEMENTATION OF FRUIT ORCHARD AROUND MAHALLAH HAFSA

GROUP 11

Nurul Afifah Binti Nor Azizan (2011596)

Nurul Husna Binti Mat Junoh (2016448)

Wan Athirah Sabihah Binti Wan Hashim (2018152)

Nur Hanis Fitriah Binti Jemadin (2015728)

ABSTRACT

This proposal highlights the benefits of implementing fruit trees being planted at the Mahallah Hafsa IIUM. The recommendations, when carried out would provide students with an additional fee, healthy assets while improving mahallah aesthetics, provide positive public relations for the University and help the IIUM become more sustainable. The proposal culminates in recommendations based on what other universities worldwide are undertaking and emphasizes the associated benefits that they have received. Our group 11 from UNGS1201 Section 18 will work with Mahallah Hafsa Office to create a new healthy environment for residents Mahallah Hafsa. Our group will facilitate the responsible activities with all volunteers of Mahallah Hafsa resident. This proposal argued that we have to create a healthy environment. There are many reasons for our argument. Firstly, plants are necessary for our surroundings that should not be ignored. Secondly, fruit trees provide vitamins to the eater, especially for human well-being practicing a healthy lifestyle. Thirdly, fruit trees give off oxygen that we need to breathe. As the result, a student can live in a green environment

and a more comfortable atmosphere. This proposal aims to create a new healthy and aesthetics environment for residents in Mahallah Hafsa IIUM Gombak.

HELPING EACH OTHER, MAKING THE WORLD A BETTER PLACE

GROUP 12




- Amirul Hakim Bin Rizuanhairi 2014001
- Amzar Bin Khairom 2015145
- Muhammad Afiq Ainuddin Bin Ahmad 2012809
- Muhammad Fuad Bin Suhaimi 2010957
- Muhammad Harith Bin Abd Rahman 2018305






ABSTRACT

The purpose of this proposal project is to create awareness among Malaysians about the importance of volunteering in helping people in need. This proposal argued that people have to start to feel common sense about other people. Firstly, people who are in need are really important to be taken care of. Secondly, people facing a health problem should be given proper treatment. The last one is to avoid any child surviving without having any education support. This project is very important for the community to show a well-rounded role model to society. As it is based on sustainable development from the perspective of Islamic teaching, we can be a good example for all the other people who are near to us. Nevertheless, we should do something for those people who need it so they can live a better life which is completely aligned with the (SDG) goal which is “good health and well-being” that prioritize excellent physical and mental state.

Discussion

There are 12 projects proposed by students from Section 18 of UNGS 1201. Three groups aligned the projects with SDG Goal No. 15, two groups on SDG Goal No. 13, and the remaining on SDG Goals No. 1, 3, 6, 7, 12 and 16 respectively. This indicated that the issues captured in the students’ surroundings are related to SDG 13 Climate Change and SDG 15 Life on the Land. The outcomes of the projects are of small scale within the circle of influence from friends and family members.

GROUP	PROJECT TITLE	SPECIFIC SDG GOAL
1	Responsible Food Consumption Among The Residents of Mahallah Hafsa	
2	Lack of Green Plants that Balanced Out Ecosystems in the Area of Maryam Lake IIUM	
3	Eradicating Plastic Consumption Comprehensively in Cafe Mahallah Hafsa	

4	Damage Equipment in Mahallah Uthman IIUM	
5	Donations Among Students in Mahallah Hafsah IIUM Gombak	
6	Healthy Lifestyles among Sisters in IIUM	
7	Zero Plastic Usage In Block E at Mahallah Hafsah IIUM Gombak	
8	Toilet Cleanliness of Mahallah Hafsah Block E: A Shared Responsibility	
9	Hydroponic Plants Among Students of Mahallah Hafsah IIUM Gombak	
10	Financial Management among IIUM Students	
11	Fruits Orchard around Mahallah Hafsa	



Conclusion

SD Projects allow for first exposure experience on how to champion the sustainable development agenda. The small scale project serves the first step before into the deeper journey into Sustainable Development.

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Author's Biography

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