

Neuro Physiotherapy

Venue: Adult Gym, Rehabilitation Unit

Day: Every Tuesday & Wednesday

Time: 7.45 am – 8.30 am

Week	Date	Day	Topic	Presenter
1	1/9/2020	Tuesday	Stroke Recovery	Dr Izzat
	2/9/2020	Wednesday	Dr Anim at HTAA	No CME
2	8/9/2020	Tuesday	Physiotherapy approach - Bobath technique - Motor Relearning Programme (MRP)	PT Irni PT Khairi
	9/9/2020	Wednesday	Physiotherapy approach - Neuro Developmental Technique (NDT)	PT Khairi
3	15/9/2020	Tuesday	Physiotherapy approach - Proprioceptive Neuromuscular Facilitation (PNF)	PT Irni
	16/9/2020	Wednesday	Public Holiday / Malaysia Day	No CME
4	22/9/2020	Tuesday	Physiotherapy approach - Balance training (technique & PT skills)	PT Farhan
	23/9/2020	Wednesday	Spasticity - Brunnstrom's stages of recovery (upper limb & lower limb) - Brunnstrom therapy principle & PT intervention	Dr Izzat PT Julia
5	29/9/2020	Tuesday	Parkinson assessment	PT Khairi
	30/9/2020	Wednesday	Gait training & Ambulation	PT Baihaqi
6	6/10/2020	Tuesday	Strength & Endurance	PT Muiz
	7/10/2020	Wednesday	Stroke assessment	PT Wawa
7	13/10/2020	Tuesday	Muscular dystrophy assessment	PT Khairi
	14/10/2020	Wednesday	Outcome measure - High Level Mobility and Assessment Tool (HiMAT) - Modified Ashworth Scale (MAS)	PT Ain PT Irni
8	20/10/2020	Tuesday	Outcome measure - Motor Assessment Scale (MAS) - Berg's Balance test (BBS)	PT Amalina PT Aiman
	21/10/2020	Wednesday	Electrical stimulation in stroke therapy - Functional electrical stimulation (FET) - Neuromove (application & practice)	PT Syuhada PT Linda
9	27/10/2020	Tuesday	Outcome measure - Fall Risk Screening - Discharge Care Plan	PT Irni PT Kathy

- All information available at ebrsr.com & stroke.engine
- Kindly attach outcome measure & evidence based practice