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Hospital practice (1995)

Volume 48, Issue 3, 1 August 2020, Pages 128-136

Antibiotic resistance and sensitivity pattern of Metallo- β -Lactamase Producing Gram-Negative Bacilli in ventilator-associated pneumonia in the intensive care unit of a public medical school hospital in Bangladesh (Article)

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Abstract

BACKGROUND: Ventilator-associated pneumonia (VAP) is the most common nosocomial infection in intensive care units (ICU), accounting for 25% of all ICU infections. Antimicrobial resistance is increasing and becoming a significant health problem worldwide, increasing hospital length of stay, mortality and costs. Identifying antibiotic resistance patterns in VAP is important as this can cause outbreaks in ICUs. To date, there have been limited studies assessing this in Bangladesh. Consequently, the primary objective of this research was to study the species of bacterial growth and to determine the antibiotic resistance patterns of Metallo- β -Lactamase (MBL) producing gram-negative bacilli among ICU patients with VAP in a public medical school hospital, Bangladesh. In addition, identify the factors associated with a positive culture to provide future guidance. **METHOD:** Cross-sectional study performed in the Chattogram Medical College Hospital, Bangladesh. Mueller Hinton agar plates were used for antibiotic sensitivity testing by the Kirby-Bauer disc diffusion test. **RESULTS:** Among 105 clinically suspected VAP cases, qualitative cultures were positive in 95 (90%) of them. The most common bacteria identified were *Acinetobacter* spp. (43.2%), *Klebsiella* spp. (20%) and *Pseudomonas* spp. (18.9%). A positive culture was not associated with patients' age or gender. Among 41 isolated *Acinetobacter* spp., 38 (92.7%) were resistant to gentamicin followed by 36 (87.8%) to ceftriaxone. Among 24 isolated *Klebsiella* spp., 22 (83.3%) were resistant to ceftriaxone. Among 18 isolated *Pseudomonas* spp., 16 (88.8%) were resistant to ciprofloxacin, and 13 (72.2%) were resistant to ceftriaxone. Among nine isolated *E.coli*, all were resistant to ceftriaxone and ciprofloxacin. All four *Proteus* spp. (100%) isolated were resistant to ciprofloxacin. Additionally, phenotype MBL producing was 65.22% and genotype was 45.65% among imipenem resistant pathogens. Imipenem resistant pathogens were sensitive to amoxycylav, amikacin, azithromycin, ceftazidime, ceftriaxone, colistin and gentamycin. **CONCLUSION:** A positive culture was detected in 90% of VAP patients, but it was not associated with the patients' age and gender. The most common bacteria identified were *Acinetobacter* spp., *Klebsiella* spp. and *Pseudomonas* spp., where the majority of these were resistant to ceftriaxone. The results are being used to provide future guidance on the empiric management of VAP in this hospital.

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Chemicals and CAS Registry Numbers:

beta lactamase, 9073-60-3;

beta-Lactamases

ISSN: 21548331
Source Type: Journal
Original language: English

DOI: 10.1080/21548331.2020.1754687
PubMed ID: 32271642
Document Type: Article
Publisher: NLM (Medline)

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