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Systematic Reviews in Pharmacy
Volume 11, Issue 6, July 2020, Pages 1228-1233

Self-management through perceived symptoms impact among patients with nasopharyngeal cancer during phase 1 of cancer trajectory (Article)

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Abstract

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Objective: This study is conducted to understand in-depth the self-management experience among the patients with nasopharyngeal cancer during the phase 1 of identification of the symptoms. **Method:** Individual semi-structured interviews were held with patients diagnosed with nasopharyngeal cancer (N=16) in two general hospitals in Malaysia. Data were transcribed and analysed using framework analysis. Four phases of cancer trajectory identified. In this article, themes emerged in phase 1 is in focus. **Results:** The finding suggest that during phase 1, patients self-manage their early symptoms of nasopharyngeal cancer based on their perception of the impact of the symptoms towards their life, because of the absent of knowledge on nasopharyngeal cancer. **Conclusion:** Adequate, appropriate knowledge and information provision on nasopharyngeal cancer among public is highly in demand. It is crucial in promoting effective self-management on symptoms identification and subsequently early detection of nasopharyngeal cancer. © 2020 EManuscript Technologies. All rights reserved.

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Early cancer detection Nasopharyngeal cancer Self-management Symptoms identification

Indexed keywords

EMTREE drug terms: antineoplastic agent

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Funding details

Funding sponsor	Funding number	Acronym
International Islamic University Malaysia		IIUM

Funding text

This project was funded by the International Islamic University Research Grant-Research Initiative Grant 2017. There is no conflict of interests in this project.

ISSN: 09758453

Source Type: Journal

Original language: English

DOI: 10.31838/srp.2020.6.178

Document Type: Article

Publisher: EManuscript Technologies

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