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School students' perception on risky behavior and their utilization of health care services

[Persepsi siswa sekolah terhadap perilaku risiko dan pemanfaatan layanan perawatan kesehatan]

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[Hasan, Muhammad Kamil Che](#); [Rawi, Noor Faizah Tutasting](#); [Nurumal, Mohd Said](#); [Abdul Hamid, Siti Hazariah](#)

Kulliyyah of Nursing, International Islamic University Malaysia, Bandar Indera Mahkota, Pahang, Malaysia

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Abstract

The Malaysia Ministry of Health reported adolescents' low utilization of healthcare services, although they need this service as a consequence of their involvement in risky behavior. This cross-sectional study aimed to determine adolescents' perception on risk taking behavior and their utilization of health care services. A modified self-administered questionnaire was used to collect data from 250 secondary school students aged 13 and 14 years in one of the selected schools in Malacca, Malaysia. Data were analyzed using SPSS 20. Fast food consumption, loitering after school, physical fighting, smoking, and

non-use of helmets were the most reported risky behaviors among adolescents in Malaysia. More than half of the adolescents who knew about health care services had a positive perception on their utilization of such services. Thus, the promotion of adolescents' health services helps increase their use of these services and consequently achieve a healthy lifestyle. © 2021, Faculty of Nursing of Universitas Indonesia. All rights reserved.

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Corresponding authors

Corresponding
author

S.H. Abdul Hamid

Affiliation

Kulliyyah of Nursing, International Islamic University Malaysia, Bandar Indera
Mahkota, Pahang, Malaysia

Email address

shazariah@iium.edu.my

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Author keywords

Corresponding authors

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