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## Evaluation of wound healing biomarkers of interleukin 6 (IL-6), vascular endothelial growth factor (VEGF) and matrix metalloproteinases 9 (MMP-9) in post lower segment caesarean section (LSCS) patients consuming channa striatus extract (Article) Open Access

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### Abstract

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**Background:** Wound healing is a dynamic process which is divided into four phases; haemostasis, inflammatory, proliferation and tissue remodelling phases, that encompasses inflammatory cells, cytokines and growth factors. Interleukin-6 (IL-6), Vascular Endothelial Growth Factor (VEGF) and Matrix Metalloproteinase 9 (MMP-9) involve at the different phases of wound healing. Channa striatus (*C.striatus*) is a fresh water fish that is believed to have natural properties to promote wound healing. Currently, the effects of *C.striatus* on the cytokines and growth factors are not available. **Objective:** This study was conducted to evaluate the wound healing biomarkers; IL-6, VEGF and MMP-9 on post Lower Segment Caesarean Section (LSCS) women consuming oral *C.striatus* extract. **Methods:** This was a randomised, double-blinded study amongst LSCS women consuming *C.striatus* extract versus a placebo at Universiti Sains Malaysia Hospital and Raja Perempuan Zainab II Hospital from May 2011 to January 2013. After randomization, the treatment group received freeze dried *C.striatus* extract 500 mg daily while the placebo group received maltodextrin 500 mg daily for 6 weeks. Blood samples for IL-6, VEGF and MMP-9 were taken from both groups post-operatively at day 3, week 2, week 4 and week 6. The data were analysed using SPSS version 22. **Results:** A total of 39 patients from *C.striatus* and 34 patients from placebo group were included in this study. Within *C.striatus* group, the results of IL-6, MMP-9 and VEGF showed significant differences ( $P<0.05$ ) for all the study period. Between group comparison showed significant difference ( $P<0.05$ ) on week 4 and week 6 for IL-6 and MMP-9 whereas VEGF showed significant difference ( $P<0.05$ ) on day 1, day 3, week 4 and week 6. The trend of IL-6 and MMP-9 exhibit decreasing trend in both groups however, VEGF in *C.striatus* group exhibit increasing trend till week 6 compared to placebo group. **Conclusion:** This study showed *C.striatus* extract had effects on IL-6, VEGF and MMP-9 in post LSCS women. © 2020, Ibn Sina Trust. All rights reserved.

### SciVal Topic Prominence ⓘ

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### Author keywords

Channa striatus Interleukin-6 Lower segment caesarean section MMP 9 VEGF Wound healing

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Harun, N. , Azmi, K.A. , Shaifulbahri, F.A. (2019) *Malaysian Journal of Biochemistry and Molecular Biology*

## Indexed keywords

EMTREE drug terms:

antiinflammatory agent biological marker Channa Striatus extract gelatinase B  
interleukin 6 maltodextrin placebo plant extract unclassified drug vasculotropin

EMTREE medical terms:

adult angiogenesis Article blood cell count blood sampling cesarean section  
Channa striatus clinical article comparative study controlled study  
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## Chemicals and CAS Registry Numbers:

gelatinase B, 146480-36-6; maltodextrin, 9050-36-6; vasculotropin, 127464-60-2

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