

 Look Up Full Text

 Find PDF

Full Text Options

 Export...

Add to Marked List

◀ 1 of 1 ▶

Depression Following Major Life Transitions in Women: A Review and Theory

By: Moustafa, AA (Moustafa, Ahmed A.)^[1]; Crouse, JJ (Crouse, Jacob J.)^[2]; Herzallah, MM (Herzallah, Mohammad M.)^[3,4]; Salama, M (Salama, Mohamed)^[5]; Mohamed, W (Mohamed, Wael)^[6,7,8]

PSYCHOLOGICAL REPORTS

Article Number: UNSP 0033294119872209

DOI: 10.1177/0033294119872209

 Early Access: AUG 2019

Document Type: Review; Early Access

[View Journal Impact](#)

Abstract

Depression can occur due to common major life transitions, such as giving birth, menopause, retirement, empty-nest transition, and midlife crisis. Although some of these transitions are perceived as positive (e.g., giving birth), they may still lead to depression. We conducted a systematic literature review of the factors underlying the occurrence of depression following major life transition in some individuals. This review shows that major common life transitions can cause depression if they are sudden, major, and lead to loss (or change) of life roles (e.g., no longer doing motherly or fatherly chores after children leave family home). Accordingly, we provide a theoretical framework that explains depression caused by transitions in women. One of the most potential therapeutic methods of ameliorating depression associated with life transitions is either helping individuals accept their new roles (e.g., accepting new role as a mother to ameliorate postpartum depression symptoms) or providing them with novel life roles (e.g., volunteering after retirement or children leave family home) may help them overcome their illness.

Keywords

Author Keywords: Stress; transition; anxiety; postpartum depression; empty nest; sex differences; menopause; retirement; depression; adaptation; homeostasis; women health

KeyWords Plus: EMPTY-NEST SYNDROME; MATERNAL MENTAL-HEALTH; QUALITY-OF-LIFE; POSTPARTUM DEPRESSION; PATERNAL DEPRESSION; ATYPICAL DEPRESSION; POSTNATAL-PERIOD; STRESS SYSTEM; RISK-FACTORS; PREGNANCY

Author Information

Reprint Address: Moustafa, AA (reprint author)

 Western Sydney Univ, Marcs Inst Brain Behav & Dev, Sch Social Sci & Psychol, Sydney, NSW, Australia.

Addresses:


 [1] Western Sydney Univ, Marcs Inst Brain Behav & Dev, Sch Social Sci & Psychol, Sydney, NSW, Australia


 [2] Univ Sydney, Brain & Mind Ctr, Clin Res Unit, Sydney, NSW, Australia


[3] Al Quds Univ, Fac Med, Palestinian Neurosci Initiat, Jerusalem, Palestine

 [4] Rutgers State Univ, Ctr Mol & Behav Neurosci, Newark, NJ USA

 [5] Mansoura Univ, Sch Med, Mansoura, Egypt

 [6] Int Islamic Univ Malaysia, Jalan Gombak, Kuala Lumpur, Malaysia

 [7] Menoufia Univ, Menoufia Med Sch, Clin Pharmacol Dept, Cairo, Egypt

 [8] Amer Univ Cairo, Cairo, Egypt

E-mail Addresses: a.moustafa@westernsydney.edu.au

Publisher

SAGE PUBLICATIONS INC, 2455 TELLER RD, THOUSAND OAKS, CA 91320 USA

Journal Information

Impact Factor: [Journal Citation Reports](#)

Categories / Classification

Research Areas: Psychology

Citation Network

In Web of Science Core Collection

0

Times Cited

 Create Citation Alert

76

Cited References

[View Related Records](#)

Use in Web of Science

Web of Science Usage Count

5

Last 180 Days

5

Since 2013

[Learn more](#)

This record is from:

Web of Science Core Collection
- Social Sciences Citation Index

Suggest a correction

If you would like to improve the quality of the data in this record, please [suggest a correction](#).

Web of Science Categories: Psychology, Multidisciplinary

Document Information

Language: English

Accession Number: WOS:000484622700001

PubMed ID: 31470771

ISSN: 0033-2941

eISSN: 1558-691X

Other Information

IDS Number: IV9ZR

Cited References in Web of Science Core Collection: 76

Times Cited in Web of Science Core Collection: 0

[See fewer data fields](#)

◀ 1 of 1 ▶

Cited References: 76

Showing 30 of 76 [View All in Cited References page](#)

(from Web of Science Core Collection)

1. [Unintended Pregnancy and Postpartum Depression Among First-Time Mothers](#) Times Cited: 23
By: Abbasi, Shahed; Chuang, Cynthia H.; Dagher, Rada; et al.
JOURNAL OF WOMENS HEALTH Volume: 22 Issue: 5 Pages: 412-416 Published: MAY 2013
2. Title: [not available] Times Cited: 33,874
Group Author(s): American Psychiatric Association
Diagnostic and Statistical Manual of Mental Disorders Published: 2013
Publisher: American Psychiatric Association, Arlington, VA
3. [The Bright Side of Being Blue: Depression as an Adaptation for Analyzing Complex Problems](#) Times Cited: 207
By: Andrews, Paul W.; Thomson, J. Anderson, Jr.
PSYCHOLOGICAL REVIEW Volume: 116 Issue: 3 Pages: 620-654 Published: JUL 2009
4. [PERSONAL ADJUSTMENT IN THE POSTPARENTAL PERIOD](#) Times Cited: 30
By: AXELSON, LJ
MARRIAGE AND FAMILY LIVING Volume: 22 Issue: 1 Pages: 66-68 Published: 1960
5. [WOMEN IN THE MIDDLE YEARS - CRITIQUE OF RESEARCH AND THEORY](#) Times Cited: 67
By: BARNETT, RC; BARUCH, GK
PSYCHOLOGY OF WOMEN QUARTERLY Volume: 3 Issue: 2 Pages: 187-197 Published: 1978
6. [When is junior moving out? Transitions from the parental home to independence](#) Times Cited: 8
By: Beaupre, P.; Turcotte, P.; Milan, A.
Canadian Social Trends Volume: 82 Pages: 9-15 Published: 2006
7. [Predictors of postpartum depression - An update](#) Times Cited: 1,046
By: Beck, CT
NURSING RESEARCH Volume: 50 Issue: 5 Pages: 275-285 Published: SEP-OCT 2001
8. [A COHORT ANALYSIS APPROACH TO THE EMPTY-NEST SYNDROME AMONG 3 ETHNIC-GROUPS OF WOMEN - A THEORETICAL POSITION](#) Times Cited: 30
By: BORLAND, DC
JOURNAL OF MARRIAGE AND THE FAMILY Volume: 44 Issue: 1 Pages: 117-129 Published: 1982
9. [Persistent mood symptoms in a multiethnic community cohort of pre- and perimenopausal women](#) Times Cited: 128
By: Bromberger, JT; Assmann, SF; Avis, NE; et al.
AMERICAN JOURNAL OF EPIDEMIOLOGY Volume: 158 Issue: 4 Pages: 347-356 Published: AUG 15 2003