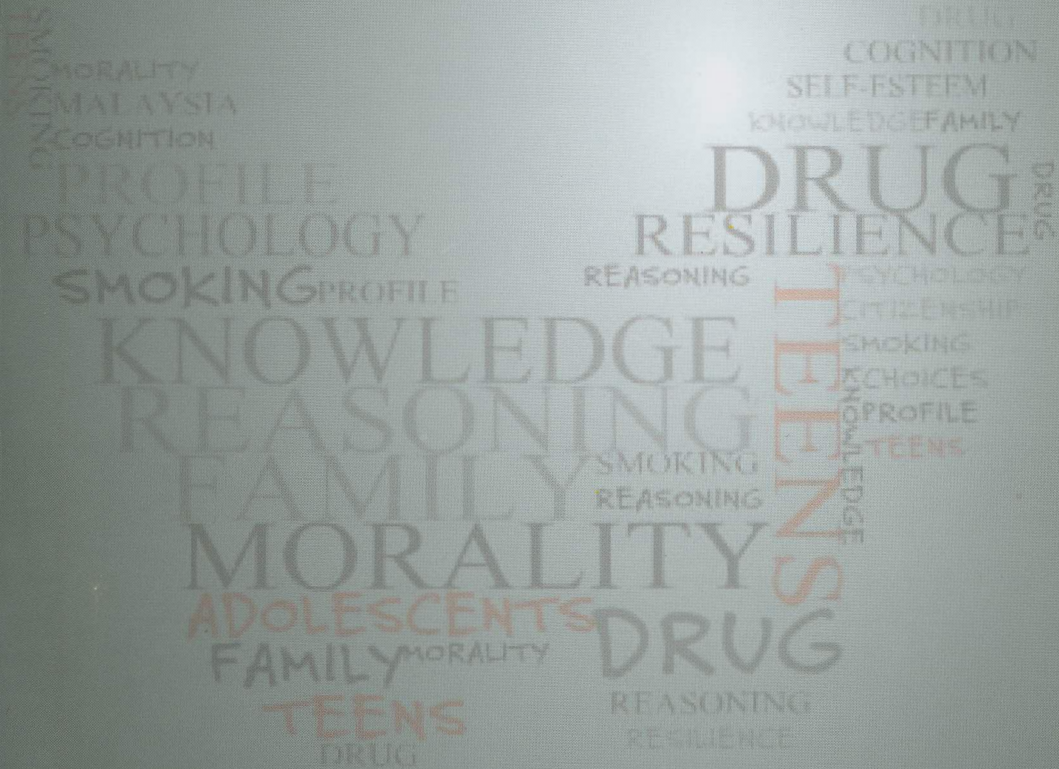


# MALAYSIAN ADOLESCENTS

## Cognition and Psychosocial



Editors

LIHANNA BORHAN  
FATIMAH HASHIM  
JULIANA OTHMAN



IIUM Press  
International Islamic University Malaysia

LIBRARY  
INTERNATIONAL ISLAMIC UNIVERSITY MALAYSIA

# MALAYSIAN ADOLESCENTS Cognition and Psychosocial

*Editors*

Lihanna Borhan

Fatimah Hashim

Juliana Othman



**IIUM Press**

Gombak • 2014

First Edition, 2014  
©IIUM Press, IIUM

Member of Majlis Penerbitan Ilmiah Malaysia – MAPIM  
(Malaysian Scholarly Publishing Council)

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without any prior written permission of the publisher.

Perpustakaan Negara Malaysia

Cataloguing-in-Publication Data

Malaysian Adolescents : Cognition and Psychosocial / Editors

Lihanna Borhan, Fatimah Hashim, Juliana Othman

Includes index

Bibliography: pages 117

ISBN 978-967-418-295-3

1. Adolescent psychology--Research--Malaysia. 2. Mental health--Research--Malaysia. 3. Personality. 4. Cognitive psychology.

I. Lihanna Borhan. II. Fatimah Hashim. III. Juliana Othman.  
155.6

Published by:  
IIUM Press

International Islamic University Malaysia  
P.O. Box 10, 50728 Kuala Lumpur, Malaysia

Printed in Malaysia by:  
ATTIN PRESS SDN. BHD.  
No. 46, Jalan 2/108, Kawasan Perindustrian  
Taman Salak Jaya, Salak Selatan  
57100 Kuala Lumpur

Copy no: 11100321739  
Initial: AZS  
Date: 23/05/2014  
Location: MAIN/PJ/ISTAC/II/IF

fp  
BF  
724  
M239L  
2014

23/9/14 my  
23/9/14 mem

## Contents

- Acknowledgement ... vii*  
*Introduction ... ix*
- Chapter 1 Adolescents' Psychosocial Profile: Background of the Study ... 1  
*Lihanna Borhan, John Arul Philip & Juliana Othman*
- Chapter 2 Adolescents' Extent of Smoking, Drug Taking and Alcohol Consumption ... 9  
*Fatimah Hashim*
- Chapter 3 Knowledge of Current Events Among 16 Years Old in Malaysia ... 20  
*Juliana Othman*
- Chapter 4 Self-esteem in Middle Adolescence ... 31  
*Lihanna Borhan & Zahari Ishak*
- Chapter 5 Resilience of 16 Years Old Malaysians ... 40  
*Haslee Sharil Lim Abdullah*
- Chapter 6 Adolescents' Relationship with Their Families ... 52  
*Lihanna Borhan*
- Chapter 7 Cognitive Reasoning Abilities of Malaysian Adolescents ... 61  
*Lihanna Borhan & John Arul Phillips*
- Chapter 8 Moral Choice, Stage and Schemas in Moral Reasoning ... 68  
*Chang Lee Hoon*
- Chapter 9 Citizenship Literacy of 16 years old Malaysian Adolescents ... 91  
*Tie Fatt Hee*

Contents

Chapter 10 Aspirations Among Adolescents ... 101

*Zahari Ishak & Lihanna Borhan*

Chapter 11 A Profile of Malaysian Adolescents:

Looking Ahead ... 109

*Juliana Othman, Lihanna Borhan, Fatimah Hashim, Chang  
Lee Hoon, Tie Fatt Hee, Haslee Sharil Lim Abdullah, Zahari  
Ishak, John Arul Phillips*

*References ... 117*

*Contributors ... 125*

*Index ... 127*

## Contributors

---

*Chang Lee Hoon* is a professor in the Department of Moral Education, Faculty of Social Sciences and Humanities, Universiti Pendidikan Sultan Idris. Her work on moral development in children and adolescents has been published in many local and international journals. Contact: changlh@fssk.ups.edu.my

*Fatimah Hashim* is a professor in the Department of Language and Literacy Education, Faculty of Education, University of Malaya. She is an expert in Second Language Reading And Literacy Development, Qualitative Research Methodology, Curriculum Design And Development and is also an experienced teacher and teacher educator. Contact: fatimahh@um.edu.my

*Haslee Sharil Lim Abdullah* is an associate professor in the Department of Educational Psychology and Counselling, Faculty of Education, University of Malaya. A registered counselor, he has also done work in adolescents' well-being, resiliency, motivation and in family counseling. He has also worked closely with various agencies to promote family health and family well-being. Contact: sharil@um.edu.my

*John Arul Phillips* is a professor in the School of Education and Cognitive Sciences and Education, Asia e-University. He has researched and published in various areas including adolescent cognition, educational technology and instructional design. Contact: john.arul@aeu.edu.my

*Juliana Othman* is an associate professor in the Department of Language and Literacy Education, Faculty of Education, University of Malaya. Her work with adolescents has mostly been in psycholinguistics and second language learning, in addition to training teachers for secondary schools. Contact: Juliana@um.edu.my

*Lihanna Borhan* is an assistant professor in the Department of Psychology, Kulliyah of Islamic Revealed Knowledge and Human Sciences, International Islamic University Malaysia. Her interest in developmental psychology has seen her doing research and consultancy in areas such as early childhood education, children in foster homes, adolescents in schools and family relationship. Contact: lihanna@iiu.edu.my

## Contributors

*Tie Fatt Hee* is an associate professor in the Institute of Principalship Studies, University of Malaya. With an early training in legal studies, he has combined it with his interest in education to look at areas such legal awareness of adolescents, legal issues in education and school leadership. Contact: [tiefh@um.edu.my](mailto:tiefh@um.edu.my)

*Zahari Ishak* is a lecturer in the Department of Educational Psychology and Counselling, Faculty of Education, University of Malaya. A former teacher who has worked for many years with adolescents, his research interest is in self-esteem and adolescent well-being. He has also published in the area of early childhood education. Contact: [irahaz@um.edu.my](mailto:irahaz@um.edu.my)

# MALAYSIAN ADOLESCENTS

## Cognition and Psychosocial

The changing world also means the changing of adolescent experiences. Adolescents today face different challenges and struggles than adolescents a few decades back. Hence, those adults working with contemporary adolescents need to constantly up-date their knowledge and to be aware of the issues facing adolescents today. The external issues may be easily gleaned by scanning the media, but to be informed of the internal psychosocial world of the adolescents, we need to go to the source – the adolescents themselves. This book provides exactly that – a look inside the thought and the psychological processes of Malaysian adolescents. Gathering experts from various fields, this book presents data from a nation-wide study involving more than 4000 adolescents. The presentation is done in such a way as to make the information available to anyone interested in any of the issues presented while not compromising on the integrity of the data. The rich empirical data presented in this book will be valuable to those seeking to find empirical evidence to back their work with contemporary adolescents.

**Lihanna Borhan** is currently an assistant professor in the Department of Psychology, International Islamic University Malaysia, specializing in developmental psychology, early childhood education and educational psychology. Upon graduating with her PhD from the University of Chicago, she joined the Faculty of Education University Malaya, where she was very involved with the Early Childhood Education and Master of Educational Psychology programmes. She has been involved in many research areas such as self-esteem, family relationship, psychometric assessments, learning and teaching approaches. She gives training at both the university level and for the public mainly in topics such as pedagogy, child development and parenting.

**Fatimah Hashim** is a professor in Faculty of Education, Universiti Malaya. Her main expertise is in Second Language Reading and Literacy Development, Qualitative Research Methodology and Curriculum Design and Development. However, her teaching, research and supervision have gone beyond that. For example, she has done work in improving educational attainment with rural children. She is also actively engaged with improving the teaching and learning quality in higher education, through both consulting work and administrative work.

**Juliana Othman** is an associate professor in the Department of English Language and Literacy, Faculty of Education, Universiti Malaya. Her specialization is in applied linguistics and language acquisition, and curriculum development. After obtaining her PhD from University of Reading, she first taught in Universiti Sains Malaysia. Her work and dedication has won her several excellence service awards, and she is also a Fulbright alumna.

ISBN 978-967-418-295-3



9 789674 182953 >

**IUM Press**

International Islamic University Malaysia  
P.O. Box 10, 50728 Kuala Lumpur, Malaysia  
Tel: +603-6196 5014  
Fax: +603-6196 4862  
Email: [rescentre@iium.edu.my](mailto:rescentre@iium.edu.my)  
Website: <http://research.iium.edu.my>

