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ABSTRACT BOOK



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V 05

Extraperitoneal High Uterosacral Ligament Fixation for Apical Support

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The procedures for apical vagina wall support include sacrospinous ligament fixation (SSF), Mc Call culdoplasty, and intra-peritoneal high uterosacral ligament fixation (HUSL). As compared to SSF, the intra-peritoneal HUSL is now the preferred method in view of less neurovascular injury which causes bleeding and chronic buttock pain. Following SSF procedure, the vaginal axis is altered in an exaggerated postero-lateral direction which may lead to de novo cystocele. However, the internal HUSL fixation is a difficult procedure and has an increased risk of ureteric injury. Extra-peritoneal HUSL is an easy and effective procedure as a treatment of apical prolapse as well prevention of recurrence which does not put patient on the above risks. In this video, we describe the technique of extra-peritoneal HUSL fixation for apical support during vaginal hysterectomy.

V 06

Trainers' Perspectives on Silent Mentor Program: Humanistic Model for Knowledge and Skill Teaching in Gynaecology

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Teaching human anatomy using formalin-soaked embalmed cadavers had been practised for many years. Nowadays, human body parts without identity, plastic mannequins, and computerized touch-screen monitors are used for teaching purposes. University of Malaya initiated silent mentor clinical skilled training program (SMP) in collaboration with Tzu Chi University, Taiwan, since 2012.

Medical students workshop include not only surgical anatomy and hands-on skill teaching, but also receiving silent mentors within six hours of death, home visits to relatives, preparation of mentors throughout program with utmost respect and gentleness, presentation about their life stories and expectations to future doctors before each workshop and at Gratitude ceremony, and sending off their beloved mentors as last journey. Gynaecological speciality training using silent mentors include basic and advanced laparoscopy and Urogynaecology workshops.

Till to date, 22 Silent Mentors workshops with 82 silent mentors had been conducted. Over 1,000 medical students and doctors from local and overseas universities were trained by volunteer trainers from UM, local universities, specialists from government and private hospitals from Malaysia and abroad.

The trainers expressed their touching perspectives such as "Knowledge and experience gained from other teaching modalities is never the same as that from human body"; "There are many elements of respect without any boundaries"; "The love and kindness of silent mentors humble me and make me more active in teaching"; "Through their utmost selflessness, silent mentors chose to make the ultimate sacrifice by donating their bodies for learning and research in the field of medicine"; "Their generosity is an inspiration to all of us. As a trainer, I am honoured to be able to fulfil their vision"; "Students sincerely appreciate their sacrifices. Silent mentors teach us much more on life. That is beyond the dimensions of medicine".

In conclusion, we provide medical education in a humanistic approach with the concept of "appreciation of the life and great love". We, as the trainers, strongly believe that medical students and medical professionals will become more competent and more compassionate doctors through this program because of the unconditional love of selfless Silent Mentors.