

Factors Affect the Social Engagement Among Community Dwelling Older Person: Community Nurses Perspective



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Background

Social engagement

- Remaining involved in activities that are meaningful and purposeful and maintaining close relationship



Methodology

Descriptive Qualitative Research Approach

- focus group interview
- Study Setting was at Department of Nursing, University of Malaya
- target population were postgraduate nursing students who work with older person in the community setting
- Non probability, purposive sampling
- Nursing students who were knowledgeable, articulate, reflective and willing to freely discuss their experiences of the phenomenon

5) cultural/religion

- religious (close to god)
- socialisation culture (melepak)
- window shopping
- chatting among neighbourhood.
- gotong-royong (group activities)

6) Financial status

- Rely on children
- Medical treatment burden



AGEING and HEALTH World Health Organization

WHAT IS NEEDED FOR HEALTHY AGEING

A change in the way we think about ageing and older people

Creation of age-friendly environments

Alignment of health systems to the needs of older people

Development of systems for long-term care

#yearsahead

Discussion

- WHO's Global Aged-friendly Cities Guide, namely the availability of facilities, transportation, activities (which the seniors can gain information easily), close proximity, affordable activities, variety of choices for activities, having companies, health and interaction with neighbours

Discussion

social changes may have negative impact on cultural values and the need for social engagement (Ong, et al., 2009 and Tey, at al., 2015)

sense of autonomy is essential older person to having cope with changes in later life stages (Wahl, et al., 2012, Greenfield, 2015 and Powell, 1985).

conclusion

- Promoting a considerate cultures in all levels of society is fundamental to create friendly and conducive environments for all people
- inculcate sense of responsibility among community members to safe guard the amenities and facilities



Referencde:

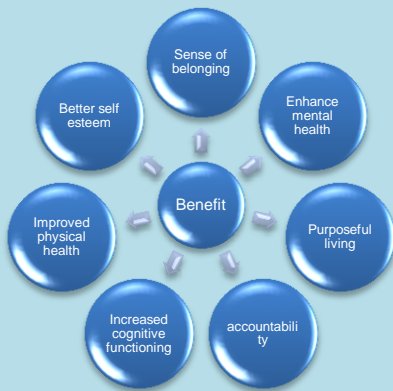
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Benefit of social engagement:



Focus group

- Focus group meeting was conducted to 10 nurses (into two group) who have experience working with older person in the community
- semi-structured interviews which were audio-taped and later transcribed verbatim



Analysis of data

- transcripts were analysed to obtain the key themes
- NVIVO was used to categorise the data into themes
- themes as they emerged and matched them with their corresponding responses which would enlighten the nurse's perceptions on factors affect social engagement among older people.

Results

Six main themes derived from this focus group interview, there are:

- socio environmental
 - amenities and facilities
 - transportation
 - social safety
 - social activities (park dancing, qi gong)

- Health status
 - immobility
 - Eye and muscle wastage

- interpersonal relationship
 - family structure
 - mutual support from family member, spouse
 - friendship
 - Motivation from community figure head.
 - support from community health care worker
 - social media. whatsapp, face book)

- Personality
 - positive thinker
 - passive
 - Keep going
 - permissive
 - happy go lucky
 - autonomy

Social disengagement in the Older person

- more than one in 10 say they always or often feel lonely, and nearly half consider television their main form of company
- More than 180,000 people over 65 say they have gone for a whole week without speaking to friends, neighbours or family.



- More than a million people over 65 feel trapped in their own homes

Damaging effect of ..disengagement

- Mortality and morbidity
- Emotional despair



Aim of the study

- to explore and describe the perception of nurses on factors affecting social engagement among older person in the community.
- To identify measure to improve the social engagement among older person.

