

Phenolic-Rich *Baccaurea angulata* Modulates Inflammatory Biomarkers of Atherosclerosis

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JOURNAL OF NUTRITION AND METABOLISM
Article Number: 8406193
DOI: 10.1155/2018/8406193
Published: 2018
Document Type: Article

Abstract

Purpose. Cardiovascular disease (CVD) is the leading and the most critical type of chronic disease. Atherosclerosis is the most common cause of CVD. Inflammation has been progressively acknowledged as a vital and central player in the pathophysiology of atherosclerosis. *Baccaurea angulata* is an underutilized fruit of the island of Borneo. It was obtained from Bau, Sarawak, Malaysia. In our previous studies, *B. angulata* did not only increase antioxidant enzyme activities, but also slowed the lipid peroxidation process in high-cholesterol-fed rabbits. It was hypothesized that *B. angulata* fruit would exert an anti-inflammatory effect. This study, therefore, aimed at evaluating and comparing the effects of three different *B. angulata* whole fruit (WF) juice doses on 11 serum inflammatory biomarkers of atherosclerosis. Methods. Thirty-five male New Zealand white rabbits were divided into seven groups ($n = 5$). Group CH was fed 1% cholesterol diet only, group C1 was fed 1% cholesterol diet and 0.5 ml/kg/day *B. angulata* WF juice, group C2 was fed 1% cholesterol diet and 1.0 ml/kg/day *B. angulata* WF juice, group C3 was fed 1% cholesterol diet and 1.5 ml/kg/day *B. angulata* WF juice, group N was fed standard pellet only, group N1 was fed standard pellet and 0.5 ml/kg/day *B. angulata* WF juice, and group N2 was fed standard pellet and 1.0 ml/kg/day *B. angulata* WF juice for 12 weeks. Results. The administration of the various juices reduced the concentrations of induced serum inflammatory biomarkers. Conclusion. This protective effect of *B. angulata* fruit against cardiovascular risk might be due to its polyphenol content.

Keywords

KeyWords Plus: E-KNOCKOUT MICE; CORONARY ATHEROSCLEROSIS; ENDOTHELIAL DYSFUNCTION; OXIDATIVE STRESS; IN-VIVO; FRUIT; EXTRACT; DIET; ANTIOXIDANT; EXPRESSION

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Funding

Funding Agency	Grant Number
Ministry of Science, Technology and Innovation (MOSTI)	06-01-08-SF0111 06-01-08-SF0112
Kulliyyah of Allied Health Science, IIUM	
Integrated Centre for Research Animal Care and Use (ICRACU)	

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Categories / Classification

Research Areas: Nutrition & Dietetics

Web of Science Categories: Nutrition & Dietetics

Document Information

Language: English

Accession Number: WOS:000450790800001

PubMed ID: 30524759

ISSN: 2090-0724

eISSN: 2090-0732

Other Information

IDS Number: HB1NQ

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