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Immunobiology

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Stimulation of the histamine 4 receptor with 4-methylhistamine modulates the effects of chronic stress on the Th1/Th2 cytokine balance (Article)

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Abstract

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Alterations to the immune system caused by stress have been considered to markedly increase the risk for immune-related diseases such as cancer and autoimmune disorders. We investigated the potential anti-stress effects of the histamine 4 receptor (H4R) agonist, 4-methylhistamine (4-MeH), in a murine stress model. Mice were placed in 50ml conical centrifuge tubes for 12h followed by a 12h rest. The effects of treatment with 4-MeH (30mg/kg, i.p., twice daily) for 2 days were assessed. At 2 days after physical restraint, mice were sacrificed and tissues harvested. We evaluated the effects of 4-MeH treatment on CD4⁺ T cell production, and intracellular IFN- γ and IL-4 expression in these cells. We also assessed IL-1 β , IFN- γ , TNF- α , and IL-4 mRNA expression as well as IFN- γ , TNF- α , G1TR, Ox40 and IL-4 protein expression in the spleen. The results showed that 4-MeH treatment of stressed mice results in a substantial increase in the CD4⁺ T cells as well as in IFN- γ production by these cells. Compared to both untreated and stressed controls. In contrast, IL-4 expression decreased significantly following 4-MeH treatment of mice. Moreover, stimulation of the H4R resulted in up-regulated expression of IL-1 β , IFN- γ and TNF- α mRNAs and decreased the expression of IL-4. Western blot analysis confirmed decreased protein expression of IFN- γ , TNF- α , G1TR, Ox40 and increased IL-4 in the SC group and treatment of mice with 4-MeH reversed these effects. Our results confirm the significant impact of chronic stress on T cell function and production of Th1/Th2 mediators H4R. © 2014 Elsevier GmbH.

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Topic: Receptors, Histamine | Histamine | receptor H4R

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4-Methylhistamine dihydrochloride [Chronic stress](#) [Cytokines](#) [Histamine 4 receptor](#)
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Indexed keywords

EMTREE drug terms:

[4 methylhistamine](#) [CD134 antigen](#) [gamma interferon](#)
[glucocorticoid induced tumor necrosis factor receptor](#) [histamine H4 receptor](#) [interleukin 1beta](#)
[interleukin 4](#) [messenger RNA](#) [tumor necrosis factor alpha](#) [4-methylhistamine](#)
[gamma interferon](#) [glyceraldehyde 3 phosphate dehydrogenase \(NADP\)](#) [histamine agonist](#)
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adaptive immunity animal cell animal experiment animal model animal tissue Article
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down regulation drug effect drug mechanism gene expression regulation
IFN gamma gene IL 1beta gene IL 4 gene immobilization stress immunomodulation
male mouse nonhuman protein expression T lymphocyte activation Th1 Th2 balance
TNF alpha gene upregulation Western blotting animal Bagg albino mouse
biosynthesis blood drug effects exercise genetics immunology
lymphocyte activation lymphocyte count physiological stress spleen Th1 cell
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MeSH:

Animals Glyceraldehyde 3-Phosphate Dehydrogenase (NADP+) Histamine Agonists
Interferon-gamma Interleukin-1beta Interleukin-4 Lymphocyte Activation
Lymphocyte Count Male Methylhistamines Mice Mice, Inbred BALB C
Receptors, Histamine Restraint, Physical RNA, Messenger Spleen Stress, Physiological
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4-methylhistamine; Glyceraldehyde 3-Phosphate Dehydrogenase (NADP+); Histamine Agonists; IL1B protein, mouse; Interferon-gamma; Interleukin-1beta; Interleukin-4; Methylhistamines; Receptors, Histamine; RNA, Messenger; Tumor Necrosis Factor-alpha

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