

# Welcome To Pain Meeting & Symposium 2014

Welcome to Pain Management Meeting and Symposium 2014 .The intensive workshop is an applied learning course for clinicians and paramedics to improve the quality of care delivered to their patients suffering with acute, chronic and palliative pain. It allows participants to learn and improve their knowledge about patient situation, pain management and subsequent outcomes. This 2 days meeting and symposium comprises of lectures, discussion, practical and Q & A sessions.

## Visit the Exhibits

As in years past, time in the exhibit hall is built into the programming. This allows you many opportunities to interact with our exhibiting companies and review their products and services. Our exhibitors play a vital role to help fund the meeting and keep attendees up-to-date on what's new in the field of pain medicine. You are bound to learn something new as you visit the Exhibit Hall.

## Accommodation

Suggested Hotels:

1. **Zenith Hotel** : 09-5659595
2. **Shahzan Inn** : 09-5136688
3. **Sri Manja Hotel** : 09-5716222
4. **Charisma Hotel** : 09-573 0888
5. **City Times Hotel** : 09-573 9093
6. **Green Leaf Hotel** : 09-513 3072



*\* Transport will not be provided by the organizer.*

## Secretariat,

Pain Management Meeting and Symposium 2014,  
Department of Anaesthesiology and Critical Care,  
Kulliyah of Medicine, International Islamic University Malay-  
sia, Jalan Hospital campus, 25100 Kuantan, Pahang.

Tel No : 09-5706242/09-5706241

Fax No : 09-5143402

Email : iiumpain2014@gmail.com

Website : www.iiumpain2014.webs.com



## Registration Fees

### \$ FEES

Fees Include admission to conference sessions, tea/ coffee, lunch, and registration materials.

	Before 20th February 2014
Medical Practitioner	RM350
Healthcare Provider	RM250
Undergraduate Student	RM50

**Please register now. Our banking details are as follow:**

**BANK CIMB ISLAMIC BHD**

**Branch : Kuantan**

**A/C Name: IIUM Kuantan**

**A/C No : 061200011055**

### Payment Method:

I enclosed herewith a cash/cheque /money order/bank draft/LPO.

no: \_\_\_\_\_ dated \_\_\_\_\_

Amounting (RM) \_\_\_\_\_ payable to " IIUM Kuantan"

### Registration Form

Title Prof/Dr/ Mr./ Mrs./ Ms/Other: \_\_\_\_\_

Full Name : \_\_\_\_\_

Name On Badge : \_\_\_\_\_

Institution: \_\_\_\_\_

Email : \_\_\_\_\_

Correspondence Address : \_\_\_\_\_

\_\_\_\_\_

Tel No : \_\_\_\_\_

Fax No : \_\_\_\_\_

Category: Medical Practitioner/Healthcare Provider/ Student

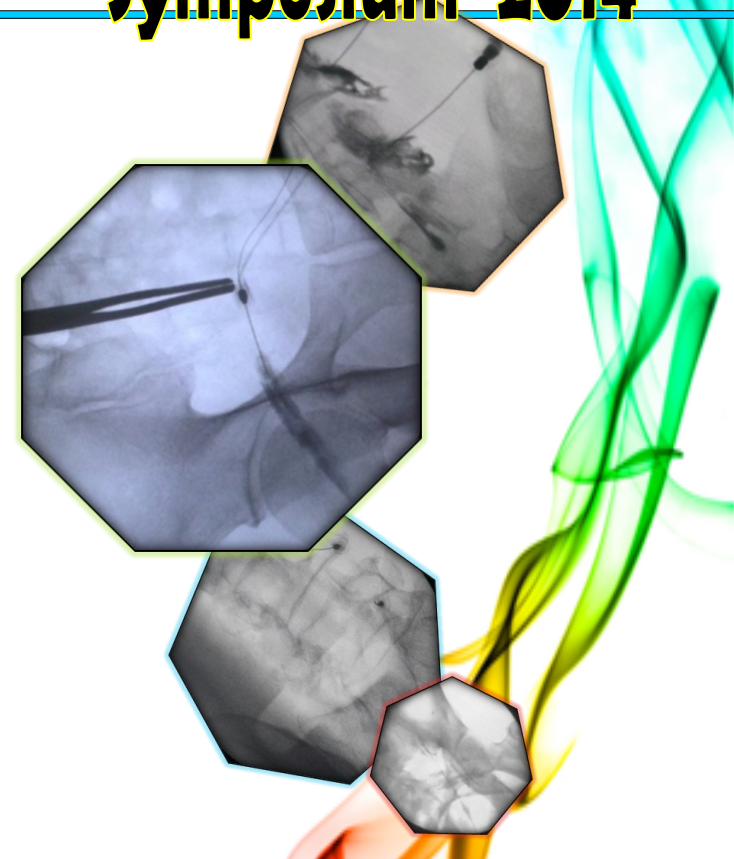
Dietary Requirement : Vegetarian/ Non- Vegetarian

For Online registration, please log on to

www.iiumpain2014.webs.com

Closing date registration : 20th February 2014

# Pain Management Meeting & Symposium 2014



## Location & Date

**International Islamic University Malaysia,  
Indera Mahkota Campus.**

**26th-27th February 2014**





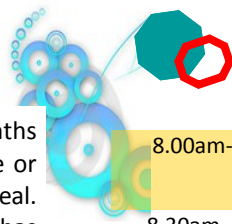
# Introduction

**Chronic pain** is any pain that last longer than three months or pain that occurs beyond the usual course of a disease or beyond reasonable time for an injury to heal. Epidemiological surveys showed that unrelieved pain has tremendous socioeconomic impact not only on the individual sufferer but also to the family and employers. On top of that, the burden of unrelieved pain is also faced by the health care provider throughout the world, and will become more so as life expectancy increases. One of the hardest parts of dealing with chronic pain is that no one else can feel the pain. Since pain is a feeling generated within one's own bodies and interpreted by one's own brain, no one can know exactly what they feel. Persistent pain should never be ignored because it could signal disease or injury that will worsen if left untreated.



# Course Objective

- ✦ To introduce and review the relevant information and new developments in pain management techniques in modern day anaesthesia practice
- ✦ To identify the appropriate multidisciplinary approaches in the management of patient with chronic pain.
- ✦ To employ psychological approaches in chronic pain management.
- ✦ To perform stretching, strengthening and relaxation techniques as part of chronic pain management.
- ✦ To explore on acute and cancer pain and update its management.



# Tentative Programme Day 1: (26th February 2014)

8.00am-8.30am	Registration
8.30am -9.00 am	Welcoming Address
9.00am - 9.30 am	Musculoskeletal Pain : The Mechanism and Management ( Dr Mohammad Yousuf Rathor - Physician)
9.30am - 10.00 am	Joint Pain ( Dr Hilmi Abdullah– Rheumatologist)
10.00 am - 10.30 am	<b>TEA BREAK</b>
10.30am-11.00am	Update in Low Back Pain ( AP <b>Mr Ahmad Fadzli Sulong</b> – Orthopaedic Surgeon )
11.00am- 11.30am	Multimodal Analgesia in Acute Pain Service TBA
11.30am-12.30noon	Pain Management Programme : Selayang Hospital Experience & Outcome (Dr. Mary Suma Cardosa-Pain Consultant)
12.30noon-1.00pm	Pain as 5th Vital Sign : Where is your Direction? ( Dr. Ungku Kamariah– Pain Consultant)
1.00pm– 2.30pm	Lunch symposium : Pfizer Acute pain Management in Rheumatoid Arthritis. ( Dr Hilmi Abdullah)
2.30pm –3.00pm	Rehabilitation in musculoskeletal Pain ( Dr Noor Shahizan– Rehabilitation Physi- cian)
3.00pm-3.30pm	Role of regional analgesia in Acute Pain Service TBA
3.30pm-5.00pm	Stretching & Strengthening Deep Breathing Exercise



# Tentative Programme Day 2 : (27th February 2014)

8.30am-9.30am	Chronic Pain Mechanism and Principles of Pain Management (Dr Mary Suma Cardosa– Pain Consultant)
9.30am-10.00am	SOCOS
10.00am-10.30am	<b>TEA BREAK</b>
10.30am-11.00am	Psychological Impact Of Chronic Pain and Its Assessment (Dr Zubaidah- Psychologist)
11.00am-11.30am	Physical Modalities : Do and Don't in Rehabilitation (Dr Noor Shahizan– Rehabilitation Physi- cian)
11.30am-12.00	Fibromyalgia and Musculoskeletal Pain (AP. Dr. Abdul Hadi Mohamed - Pain Specialist)
12.00 noon	Psychological management of pain – skill and strategies (Dr Zubaidah—Psychologist)
12.30pm-1.00pm	Acupuncture (Pn Norhidayah-Physiotherapist)
1.00pm-2.30pm	Lunch symposium : Role of Opioid in Cancer Pain Management (Dr Mary Suma Cardosa -Pain Consultant) Mundipharma
2.30pm-3.00pm	Complex Regional Pain Syndrome TBA
3.00pm-5.00pm	Cancer pain in Malaysia ( Dr Ungku Kamariah– Pain consultant)
	Panel Group Discussion: Case Discussion ( Pain Management in Cancer Patient)
	<b>Day 3 Session</b>
9.00 am-9.30am	Briefing of MASP Pain Circle Meeting
9.30am-11.00am	MASP Pain Circle Meeting Case Discussion, Programme, etc
11.00am	End of Program

