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Levels and diagnostic value of model-based insulin sensitivity in sepsis: A preliminary study (Article)

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Abstract

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Background and Aims: Currently, there is a lack of real-time metric with high sensitivity and specificity to diagnose sepsis. Insulin sensitivity (SI) may be determined in real-time using mathematical glucose-insulin models; however, its effectiveness as a diagnostic test of sepsis is unknown. Our aims were to determine the levels and diagnostic value of model-based SI for identification of sepsis in critically ill patients. **Materials and Methods:** In this retrospective, cohort study, we analyzed SI levels in septic ($n = 18$) and nonseptic ($n = 20$) patients at 1 (baseline), 4, 8, 12, 16, 20, and 24 h of their Intensive Care Unit admission. Patients with diabetes mellitus Type I or Type II were excluded from the study. The SI levels were derived by fitting the blood glucose levels, insulin infusion and glucose input rates into the Intensive Control of Insulin-Nutrition-Glucose model. **Results:** The median SI levels were significantly lower in the sepsis than in the nonsepsis at all follow-up time points. The areas under the receiver operating characteristic curve of the model-based SI at baseline for discriminating sepsis from nonsepsis was 0.814 (95% confidence interval, 0.675-0.953). The optimal cutoff point of the SI test was 1.573×10^{-4} L/ μ g/min. At this cutoff point, the sensitivity was 77.8%, specificity was 75%, positive predictive value was 73.7%, and negative predictive value was 78.9%. **Conclusions:** Model-based SI ruled in and ruled out sepsis with fairly high sensitivity and specificity in our critically ill nondiabetic patients. These findings can be used as a foundation for further, prospective investigation in this area. © 2018 Indian Journal of Critical Care Medicine | Published by Wolters Kluwer - Medknow.

Author keywords

[Critical care](#) [diagnosis](#) [insulin sensitivity](#) [model-based](#) [sepsis](#)

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[inotropic agent](#) [insulin](#)
EMTREE medical terms: [adult](#) [Article](#) [artificial ventilation](#) [clinical article](#) [cohort analysis](#) [controlled study](#)
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

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