

**PSYCHOLOGY FROM AN ISLAMIC
PERSPECTIVE:
A GUIDE TO TEACHING
AND LEARNING**

Editor

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DEVELOPMENTAL PSYCHOLOGY

Mimi Iznita Mohd Iqbal

INTRODUCTION

One of the compulsory courses for psychology majors around the world is Developmental Psychology. Human beings go through life, developing from one stage to the next. Development is the pattern of movement or change that begins at conception and continues throughout the human life span (Santrock, 2006). This course deals with human growth, starting from conception to death. It involves growth and also includes decline brought on by ageing and dying. In addition, this course covers the research techniques that developmental psychologists use and the questions they ask. Islam acknowledges this developmental process, as quoted in the Qur'ān:

What is the matter with you? You do not fear the greatest of Allah? Seeing that it is He that has created you in developmental stages?

(Qur'ān, 71: 13-14)

OBJECTIVES AND LEARNING OUTCOMES

Developmental psychologists study how people change with age. As a lifespan developmental course, this course covers prenatal developmental through old age, by examining physical, cognitive, personality, and social development at the various stages of life.