

**PSYCHOLOGY FROM AN ISLAMIC
PERSPECTIVE:
A GUIDE TO TEACHING
AND LEARNING**

Editor

Noraini M. Noor



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PSYCHOLOGY OF LEARNING

Mariam Adawiah Dzulkifli & Alizi Alias

INTRODUCTION

The study of learning is central to the understanding of psychology as a scientific study of behaviour and mental processes since learning in its simplest sense is about change of behaviour. It is very important, however, to differentiate the content of psychology of learning from the philosophical, historical, scientific, and application perspectives. Based on the classification, we can evaluate the contents that are neutral to, support, or against Islam. The Islamic evaluation will start with an overview of psychology of learning from an Islamic perspective, then an Islamic evaluation of behaviourism as a philosophy, an Islamic evaluation of various types of learning, i.e., classical conditioning, operant conditioning, and cognitive learning, and end with an application of learning to improve *da'wah* and *tarbiyyah*.

OBJECTIVES

Psychology of learning is considered one of the basic psychology disciplines. The course aims to:

- i) introduce students to the basic theories of learning,
- ii) expose students to the relevance of principles in learning to human behaviour,
- iii) present applications of theories of learning in real-life settings (educational, social and organisation contexts), and