

**PSYCHOLOGY FROM AN ISLAMIC
PERSPECTIVE:
A GUIDE TO TEACHING
AND LEARNING**

Editor

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PERSONALITY PSYCHOLOGY

Mohamad Zaki Samsuddin

INTRODUCTION

Personality psychology is the scientific study of individual characteristics. To begin the study of human personality, two fundamental issues must be first understood:

1. Individual differences: No two persons who ever lived have the exact same personalities, thus every person has a unique and distinct set of traits and characteristics; and
2. Intrapersonal functioning: Human personality is organised and enduring, yet remains dynamic due to interactions with various intrinsic and extrinsic factors.

In a course on Personality Psychology, students would typically learn about the various theoretical approaches and models developed to systematise the study of human personality. These approaches were introduced and developed by Western psychologists, starting from philosophical foundations that may not be in harmony with Islam. This chapter will analyse, from the Islamic perspective, major approaches in Personality Psychology on a few selected issues.

OBJECTIVES AND LEARNING OUTCOMES

The course aims to:

1. provide students with an overview of the interactions between nature and nurture in personality development,