

MEDICATION ADHERENCE AMONG ELDERLY

ANIAWANIS MAKHTAR



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IIUM
Press

Gombak • 2017

First Print, 2017
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MAPIM (Malaysian Scholarly Publishing Council)

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Perpustakaan Negara Malaysia Cataloguing-in-Publication Data

Aniawanis Makhtar

MEDICATION ADHERENCE AMONG ELDERLY / BY
ANIAWANIS MAKHTAR.

ISBN 978-967-418-748-4

1. Medication Adherence. 2. Older people--Health and hygiene.
3. Chronic Disease. 4. Government publications--Malaysia.

I. Title.

610

Published & Printed in Malaysia by
IIUM Press
International Islamic University Malaysia
P.O. Box 10, 50728 Kuala Lumpur, Malaysia

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The demographic aging is a phenomenon observed in many countries of the worldwide. Malaysia has not been spared from demographic transition as experienced worldwide. As a result of this demographic transition, an increasing proportion of the population is at risk of certain chronic health problems. Elderly population, who tend to have more chronic illnesses such as arthritis, diabetes, hypertension and heart disease will require on multiple of medication and have been linked to a greater risk of non-adherence. Medication adherence is important because a lot of studies showed that the patients who were apparently stop taking their medication which can affect to their health outcome and also economy.

Aniawanis Makhtar obtained her nursing diploma from the University Malaya Medical Centre School of Nursing, a BSN from University Putra Malaysia, her MSN from University Malaya, and her PhD at the Cardiff University, United Kingdom. Throughout her nursing career, she has worked as an SRN in the following areas: Gynaecology, Obstetric, Medical and Surgical ward and made the transition to nursing educator in 2007. Presently Aniawanis is a lecturer at the Kuliyyah of Nursing. She is also as Clinical Coordinator. For the past 10 years she has taught the Pharmacology in Nursing, Gynaecological in Nursing, Gerontological Nursing, Elective Clinical (Infection Control and Diabetic Foot Management), Introduction to Medical and Surgical Nursing and Integrated Nursing Practice and Science.

ISBN 978-967-418-748-4



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