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Chemical constituents and medical benefits of Plantago major (Review)

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Abstract

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The medicinal benefits of Plantago major have been acknowledged around the world for hundreds of years. This plant contains a number of effective chemical constituents including flavonoids, alkaloids, terpenoids, phenolic acid derivatives, iridoid glycosides, fatty acids, polysaccharides and vitamins which contribute to its exerting specific therapeutic effects. Correspondingly, studies have found that Plantago major is effective as a wound healer, as well as an antiulcerative, antidiabetic, antidiarrhoeal, anti-inflammatory, antinociceptive, antibacterial, and antiviral agent. It also combats fatigue and cancer, is an antioxidant and a free radical scavenger. This paper provides a review of the medicinal benefits and chemical constituents of Plantago major published in journals from year 1937 to 2015 which are available from PubMed, ScienceDirect and Google Scholar.

Reaxys Database Information

View Compounds

Author keywords

Chemical constituents Medicinal benefits Plantago major

Indexed keywords

EMTREE drug terms: alkaloid derivative antibiotic agent antidiabetic agent antidiarrheal agent antiinflammatory agent antineoplastic agent antinociceptive agent antioxidant antiulcer agent antivirus agent fatty acid flavonoid iridoid phenol derivative Plantago major extract polysaccharide terpenoid derivative vitamin wound healing promoting agent

EMTREE medical terms: antibacterial activity antidiabetic activity antidiarrheal activity antiinflammatory activity antineoplastic activity antinociception antioxidant activity antiulcer activity antiviral activity chemical composition drug mechanism fatigue flower fruit human malignant neoplasm nonhuman plant leaf plant root plant seed plant stem plant taxonomy Plantago major priority journal Review systematic review

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