

# **THE MEDICAL ACCOUNT OF ALTRUISM (Ithar) AN ISLAMIC PERSPECTIVE**

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# What is altruism?

A. literal meaning: (minimum)

1. Showing a desire to help others
2. Lack of selfishness
3. Concern of welfare for others

B. Technical meaning (maximum):

1. Bringing advantages to others even though it may bring disadvantages to yourself.
2. **The instinctive behavior that always ready to sacrifice for noble values**

- Someone who is altruistic always puts others first.

# How Islam develops & promote the altruistic behavior

- From the Qur`an:

1. وَالَّذِينَ تَبَوَّءُوا الدَّارَ وَالْإِيمَانَ مِنْ قَبْلِهِمْ يُحِبُّونَ مَنْ هَاجَرَ إِلَيْهِمْ وَلَا يَجِدُونَ فِي صُدُورِهِمْ حَاجَةً مِمَّا أُوتُوا وَيُؤْثِرُونَ عَلَىٰ أَنْفُسِهِمْ وَلَوْ كَانَ بِهِمْ خَصَاصَةٌ وَمَنْ يُوقِ شُحَّ نَفْسِهِ فَأُولَٰئِكَ هُمُ الْمُفْلِحُونَ (59:9، الحشر)

2. فَلَمَّا بَلَغَ مَعَهُ السَّعْيَ قَالَ يَا بُنَيَّ إِنِّي أَرَىٰ فِي الْمَنَامِ أَنِّي أَذْبَحُكَ فَانظُرْ مَاذَا تَرَىٰ قَالَ يَا أَبَتِ افْعَلْ مَا تُؤْمَرُ سَتَجِدُنِي إِنْ شَاءَ اللَّهُ مِنَ الصَّابِرِينَ (37:102، الصافات)

3. مُحَمَّدٌ رَسُولُ اللَّهِ وَالَّذِينَ مَعَهُ أَشِدَّاءُ عَلَى الْكُفَّارِ رُحَمَاءُ بَيْنَهُمْ تَرَاهُمْ رُكَّعًا سُجَّدًا يَبْتَغُونَ فَضْلًا مِّنَ اللَّهِ وَرِضْوَانًا سِيمَاهُمْ فِي وُجُوهِهِمْ مِّنْ أَثَرِ السُّجُودِ ذَلِكَ مَثَلُهُمْ فِي التَّوْرَةِ وَمَثَلُهُمْ فِي الْإِنْجِيلِ كَزَرْعٍ أَخْرَجَ شَطْأَهُ فَآزَرَهُ فَاسْتَغْلَظَ فَاسْتَوَىٰ عَلَىٰ سُوقِهِ يُعْجِبُ الزُّرَّاعَ لِيُغَيِّظَ بِهِمُ الْكُفَّارَ وَعَدَّ اللَّهُ الَّذِينَ آمَنُوا وَعَمِلُوا الصَّالِحَاتِ مِنْهُمْ مَغْفِرَةً وَأَجْرًا عَظِيمًا (48:29، الفتح)

- From Sunnah

- لا يؤمن أحدكم حتى يحب لأخيه ما يحب لنفسه
- لا يؤمن أحدكم حتى أكون أحب إليه من نفسه وماله ولده والناس أجمعين

# Nursing and Altruism

- Altruistic professions:
- Mothers towards their kids
- Nursing
- Firefighting
  
- Someone who is altruistic always puts others first.
- An *altruistic* firefighter risks his life to save another's life, while an *altruistic* mom gives up the last bite of pie so her kid will be happy.

**The end**

*Thank you for your attention*