

**LGBT :**  
*Medical & Islamic  
Responses to  
Harm Reduction  
Practices*

Dr Samsul Draman  
Department of Family Medicine  
Kulliyyah of Medicine  
IIUM Kuantan Pahang



# Objectives

- Introduction
- How to approach
- Patient centred  
Managements
- Conclusions

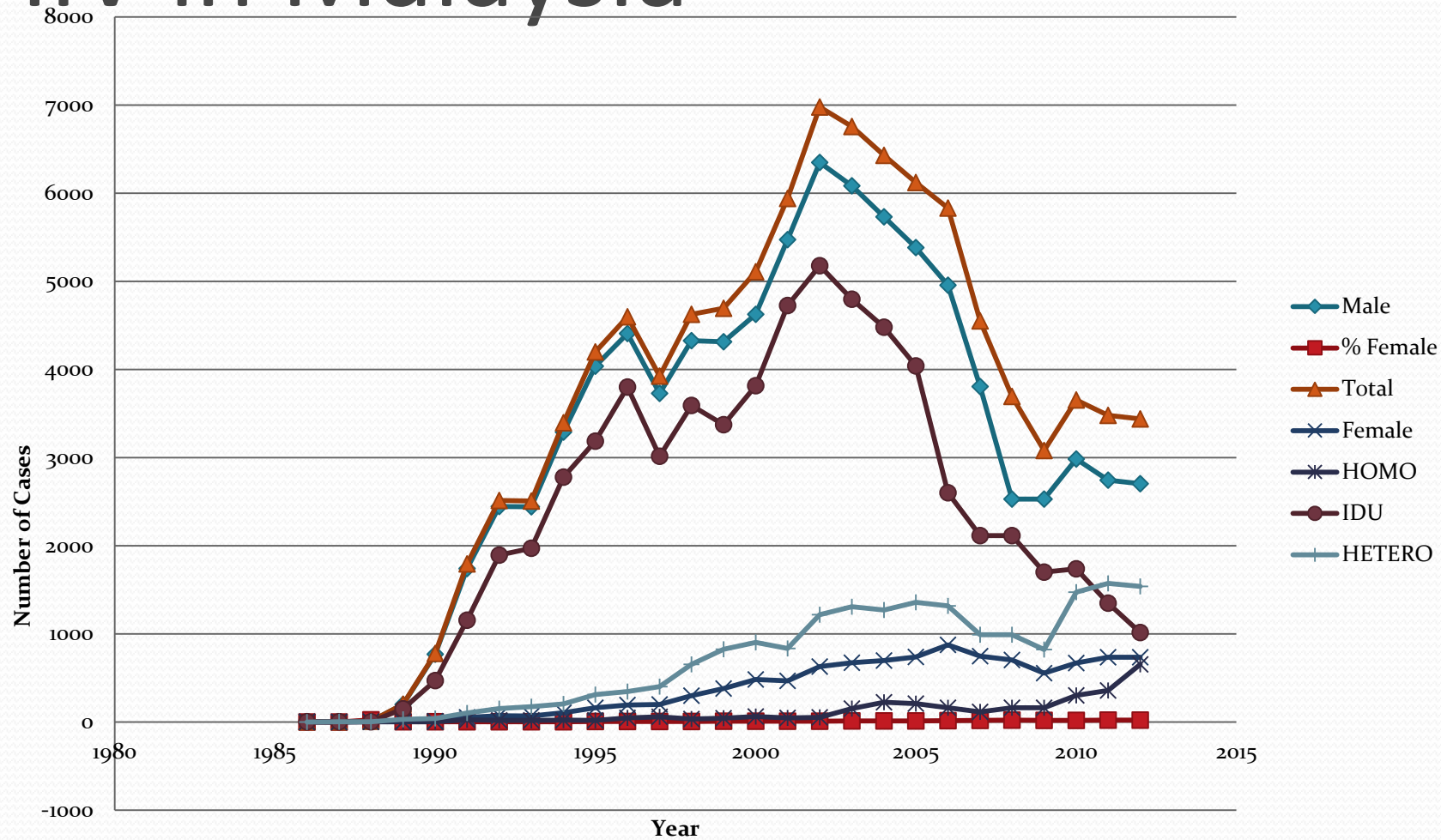


# Harm reduction

- A range of [public health](#) policies designed to reduce the harmful consequences associated with various human behaviors, both legal and illegal.
- Harm reduction policies are used to manage behaviors such as [recreational drug use](#) & [sexual activity](#) in numerous settings that range from services through to geographical regions.
- Critics of harm reduction typically believe that tolerating risky or illegal behaviour sends a message to the community that such behaviours are acceptable & that some of the actions proposed by proponents of harm reduction do not reduce harm over the long term.
- [INCB 2001 Annual Report - Oceania](#)". p. 559. Retrieved 2010-03-28.



# HIV in Malaysia



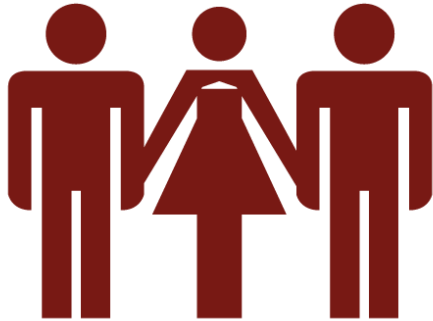
NUMBER OF PARTNERS

2

HOW MANY PEOPLE HAVE YOU REALLY HAD SEX WITH?

NUMBER OF PEOPLE EXPOSED TO

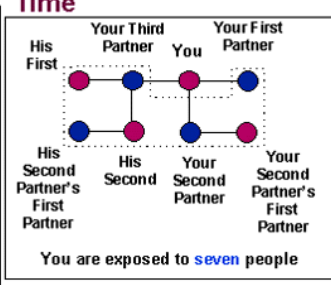
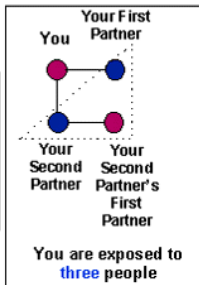
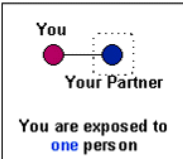
3



2nd Time

3rd Time

1st Time



## Even with 100% Condom Use

STIs	Approx. risk reduction
<i>N. gonorrhoeae</i> <sup>1,2,3</sup> (gonorrhea)	50%
<i>C. trachomatis</i> <sup>1,2</sup> (chlamydia)	50%
<i>T. pallidum</i> <sup>1,2</sup> (syphilis)	30%-50%
<i>T. vaginalis</i> <sup>1,3</sup> (trichomoniasis)	No conclusive evidence
HPV <sup>3,5</sup>	No conclusive evidence
HIV <sup>3,4</sup>	85%

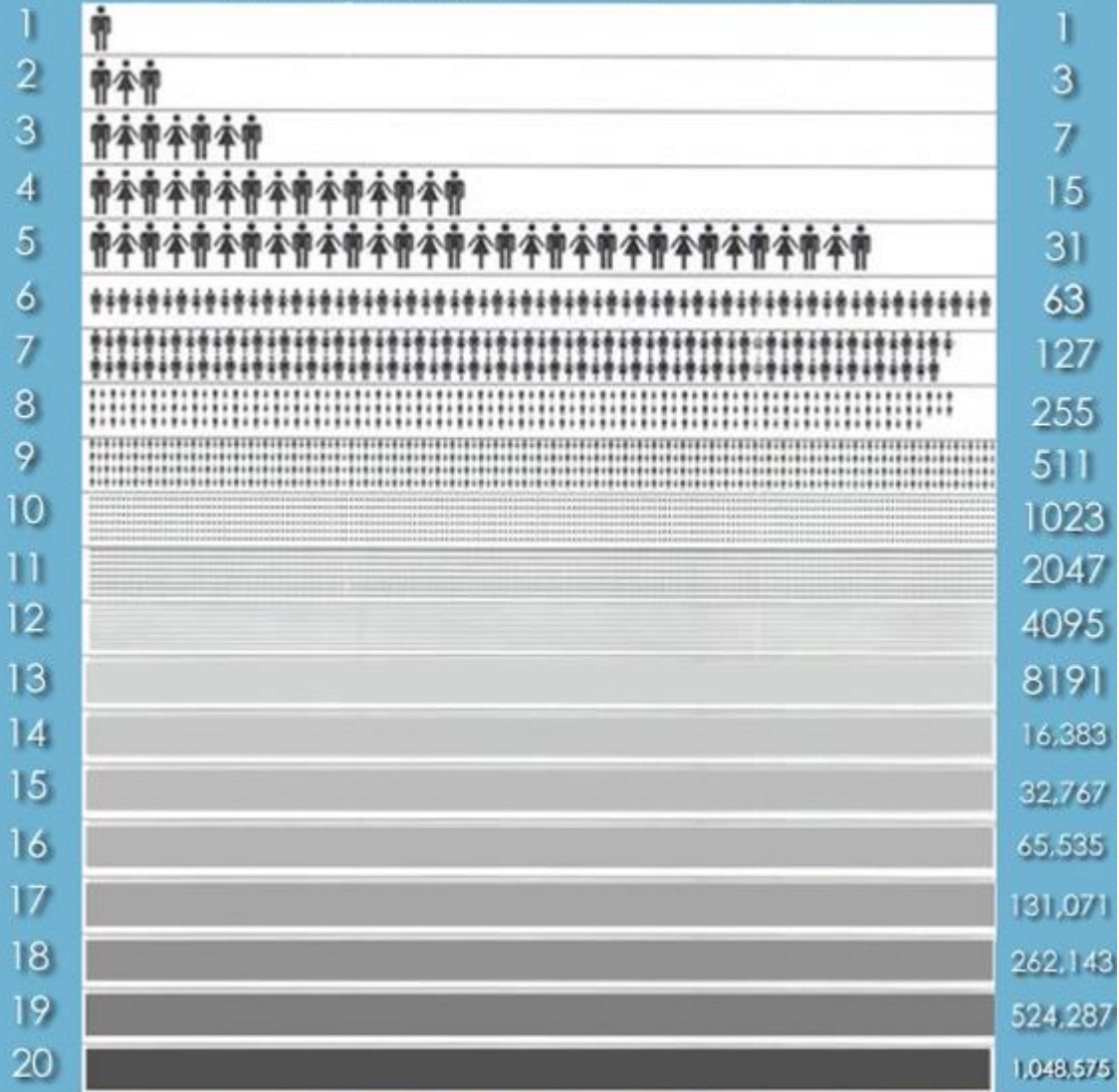
1. Ahmed S, et al. 2001. AIDS.  
 2. Baeten JM, et al. 2001. Amer J Obstet Gynecol.  
 3. NIH. 2001. The Condom Report.  
 4. Davis KR, Weller SC. 1999. Fam Plann Perspect.  
 5. Manhart LE, Koutsky LA. 2003. Sex Transm Dis.

Number of Sexual Partners

# sexual exposure chart

if every person has only the same number of partners as you

Number of People Exposed To



concept used with permission of Why kNOw

# Introduction

- Homosexual men and bisexual are 2 times getting schizophrenia & *anxiety*.
- Lesbian dan biseksual are 3X vulnerable for substance abuse
- Bisexual are 3x to committing suicide compare to heterosexual

***Sexual orientation and its relation to mental disorders and suicide attempts: findings from a nationally representative sample***  
*Can J Psychiatry* 2011 Jan;56(1):35-43.

# Introduction

- The risk of domestic violence in a male-male homosexual relationship is at least 18 times greater.

*Journal of the Family Research Institute, Vol. 16 No. 8,  
Dec 2001*

- 11% of women in homosexual relationships and 23% of men in homosexual relationships report being raped, physically assaulted, and/or stalked by an intimate partner

*U.S. Department of Veterans Affairs Domestic Abuse  
Fact Sheet*



# Introduction :transsexuals

- Thailand:katoey

- Indonesia :

- Waria= wanita + pria

Bangladesh & Pakistan: hijra

Oman : xanith

Malaysia:

maknyah (drag queen),

pondan (effeminate man),

bapok (transvestite),

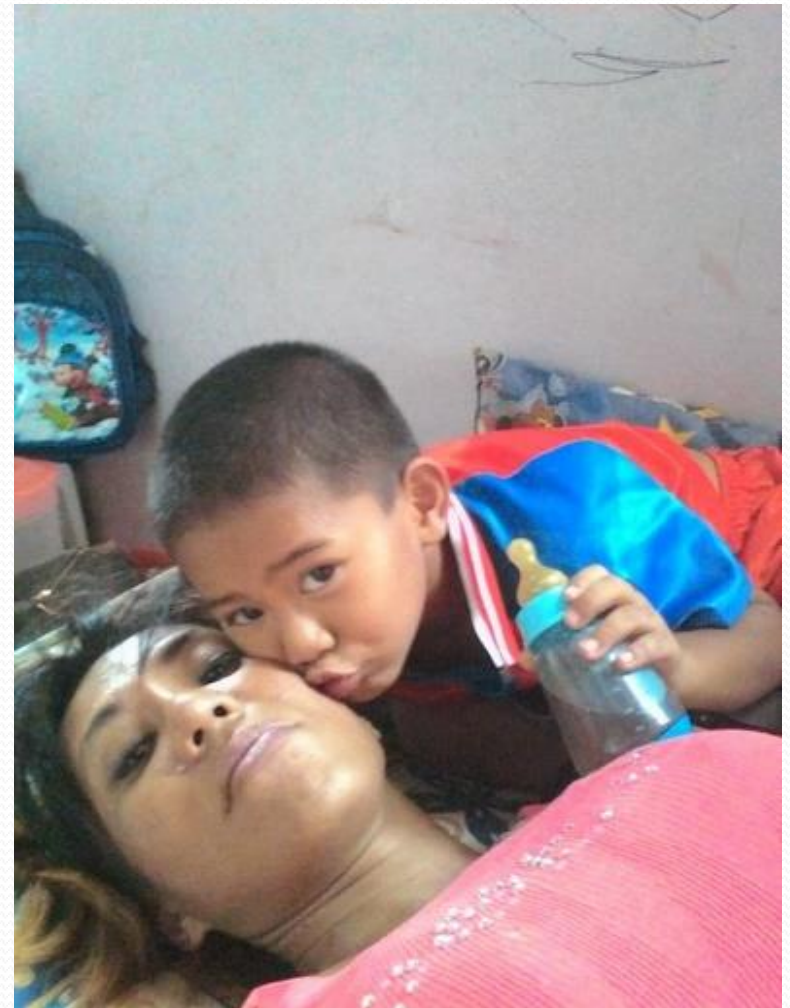
sotong,





# Metro 17/1/2015

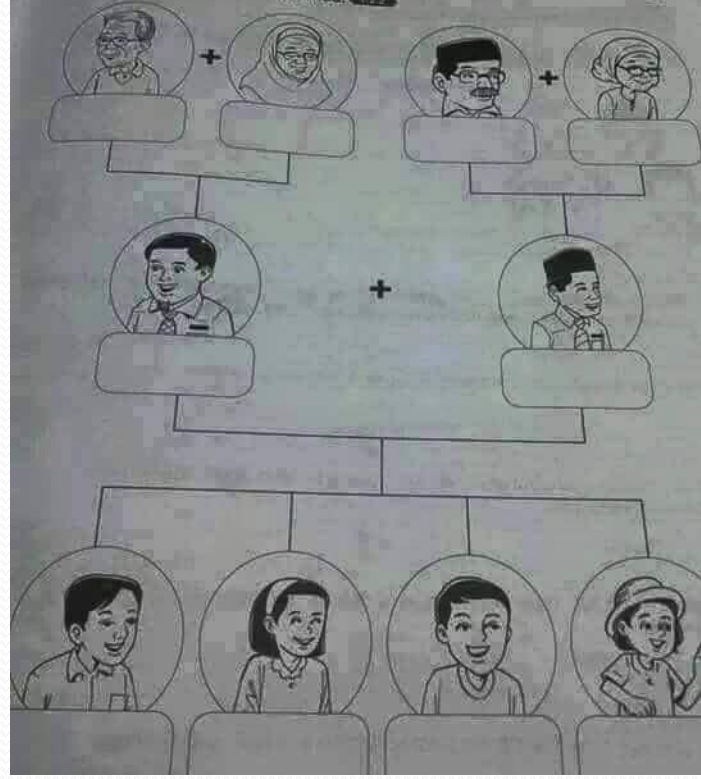




# UNIT 2 KELUARGA HARMONI

Ngatakan salasilah keluarga anda.

117



## Dakwah to non muslims

<http://kisahgempak.blogspot.com/2015/01/jantina-ketiga-telah-diiktiraf-di.html#>



Friday, 7 November 2014

## JUMAAT YANG MALANG BAGI ISLAM DI MALAYSIA



**HARI JUMAAT** yang berkat ini dicemari satu insiden yang memalukan umat Islam dan syariat Islam keseluruhannya. Mengejutkan apabila keputusan Mahkamah Rayuan Putrajaya membenarkan lelaki Islam berpakaian wanita sekaligus Seksyen 66 Enakmen Jenayah Syariah (Negeri Sembilan) 1992 adalah terbatal dengan alasan bercanggah dengan perlembagaan negara.

Lebih malang lagi apabila tiga Hakim yang menghakimi percikaraan rayuan tersebut terdiri **DUA** orang hakim Melayu Islam. Apakah pertimbangan hakim beragama Islam ini hingga boleh memalukan umat Islam dan syariat Allah S.W.T.

Hari ini kemenangan besar bagi kaum yang dilaknati Allah di negara ini. Ini bukan kes terpencil tetapi "**a new beggining and never ends**" bagi mereka. Tidak mustahil akan ada lagi tuntutan-tuntutan kaum yang dilaknati Allah ini akan membawa kes hak asasi dan kebebasan berkaitan kaum songsang in it.

Benarlah kata orang, yang meruntuhkan Islam itu bukanlah golongan kafir tetapi penganutnya sendiri. Semoga Allah memberkati dan melindungi anak-anak keluarga Islam dan bumi Malaysia yang tercinta ini.

*Mahkamah Rayuan Putrajaya hari ini memutuskan bahawa Seksyen 66 Enakmen Jenayah Syariah (Negeri Sembilan) 1992 yang memperuntukkan hukuman ke atas lelaki Islam berpakaian wanita bercanggah dengan perlembagaan.*

*Ustaz Dr. Mohd. Wahidudin, Mohd. Yusoff, menandatangani keputusan yang membatalkan...*

# Prevalence of Gender Identity Disorder

- 1 in 30,000 men
- 1 in 100,000 women
- 0.001-0.002% (Benjamin H 1999)
- Overall population 0.1 – 0.5% ( Trista, 2012)



- Malays transgenders make up 50.7% total population; the Chinese, the Indians and other minority ethnic groups make up 27.5%, 7.8% and 14% respectively (Department of Statistics Malaysia 1995 ).
- 10 000 male to female transgenders in the country, where 70 to 80% are Malay; the rest are made up of Chinese, the Indians and other minority ethnic groups (Yik Koon Teh,2001).

# DSM IV TR

- Gender Identity Disorder (GID) is define as complex disorder with present by persistent discomfort about once original sex,
- discontent with once designated birth sex,
- a desire to have the characters of the other sex and to be regarded socially as a person of opposite sex (American Psychology Association, 2000)

# DSM 5- Gender Dysphoria

- In order for someone to be diagnosed with Gender Dysphoria today, they must exhibit a strong and persistent cross-gender identification (not merely a desire for any perceived cultural advantages of being the other sex).

# Diagnostic & Statistical Manual of Mental Disorder DSM-5 ( December 4,2012)

- People who are transgender and gender non-conforming are no longer classified as a mental disorder
- Homosexuality was similarly declassified as a mental disorder in 1973

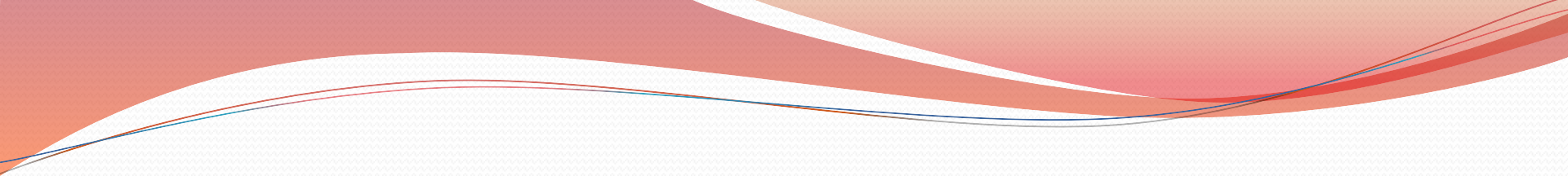
# How to approach Case 1

- A 39 years old transexual from Kelantan complained prolonged fever
- Treated as URTI at OPD A
- Diagnosed HIV at OPD B

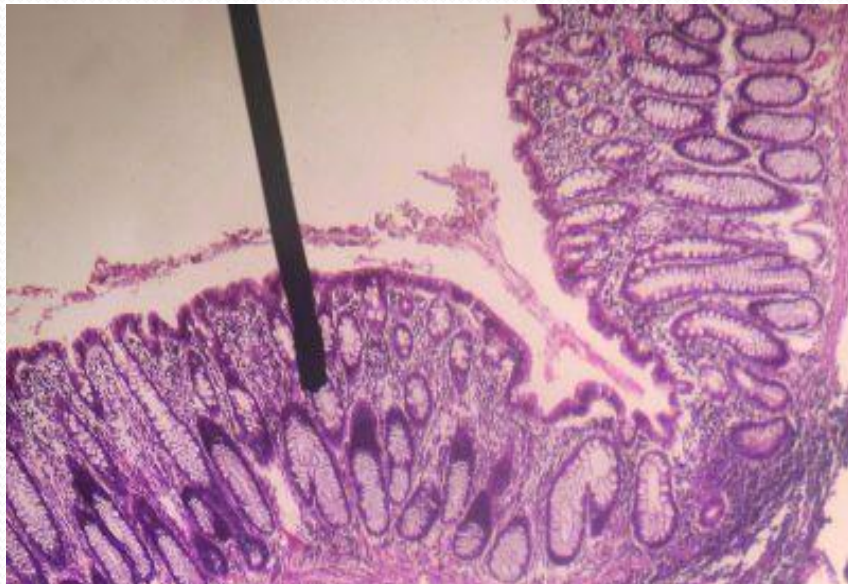




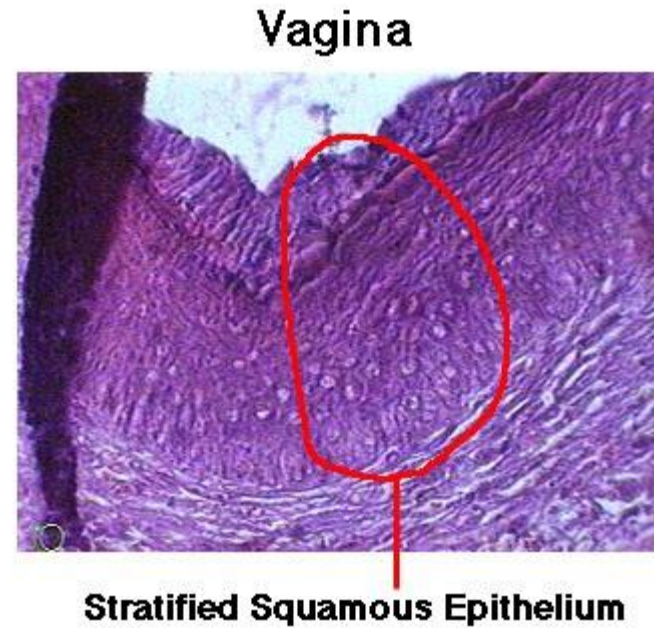
- . In a 2002 study on 507 *mak nyah*, it was found that 92% of the respondents had received payment for sex, even though only 54% claimed they were sex workers (Teh, 2002).

- 
- Transgenders are categorized of low social status and forced to work as sex workers due to the rampant discrimination while seeking employment (Chang Lee Wei et al,2012)

# Mucosal layer between rektum & vagina



**Rectum (Dubur) :**  
Columnar Epitelium with  
glands  
( Ciri – lembut dan nipis,  
fungsi untuk menyerap air,  
tidak tahan geseran)

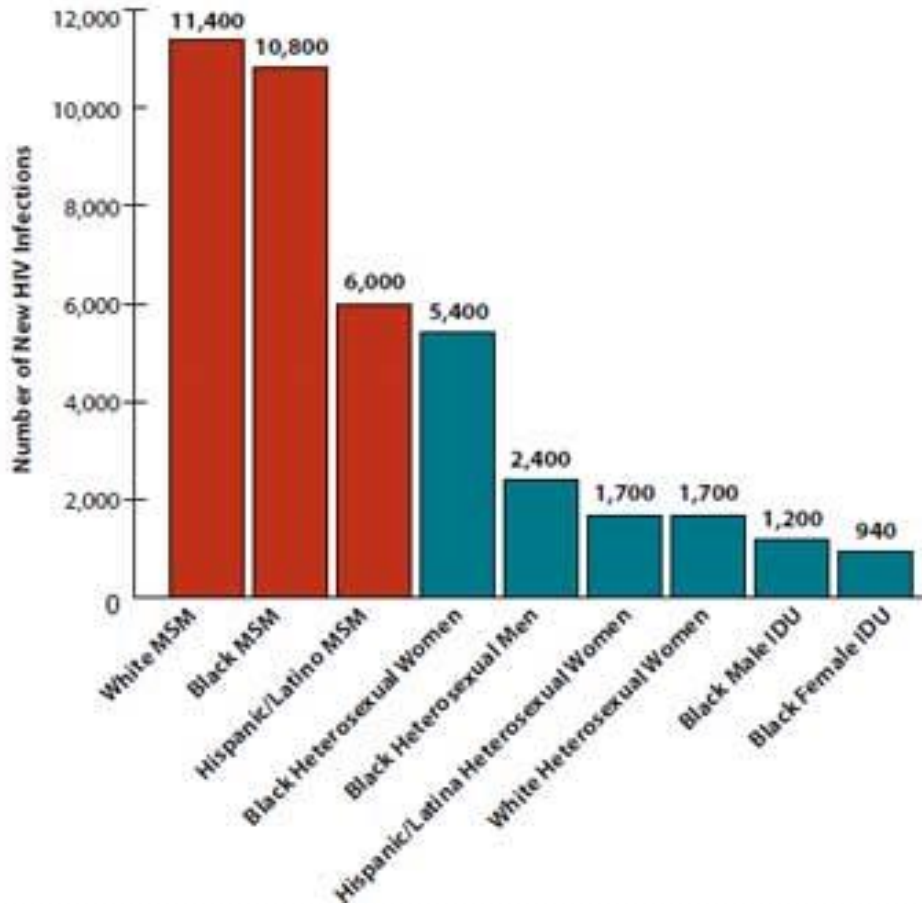


**Vaginal wall ( Faraj) :**  
Stratified Squamous Epitelium  
( Ciri : tebal & tahan regangan  
serta geseran)



# USA :

## Homosexuality & HIV new infection (2009)

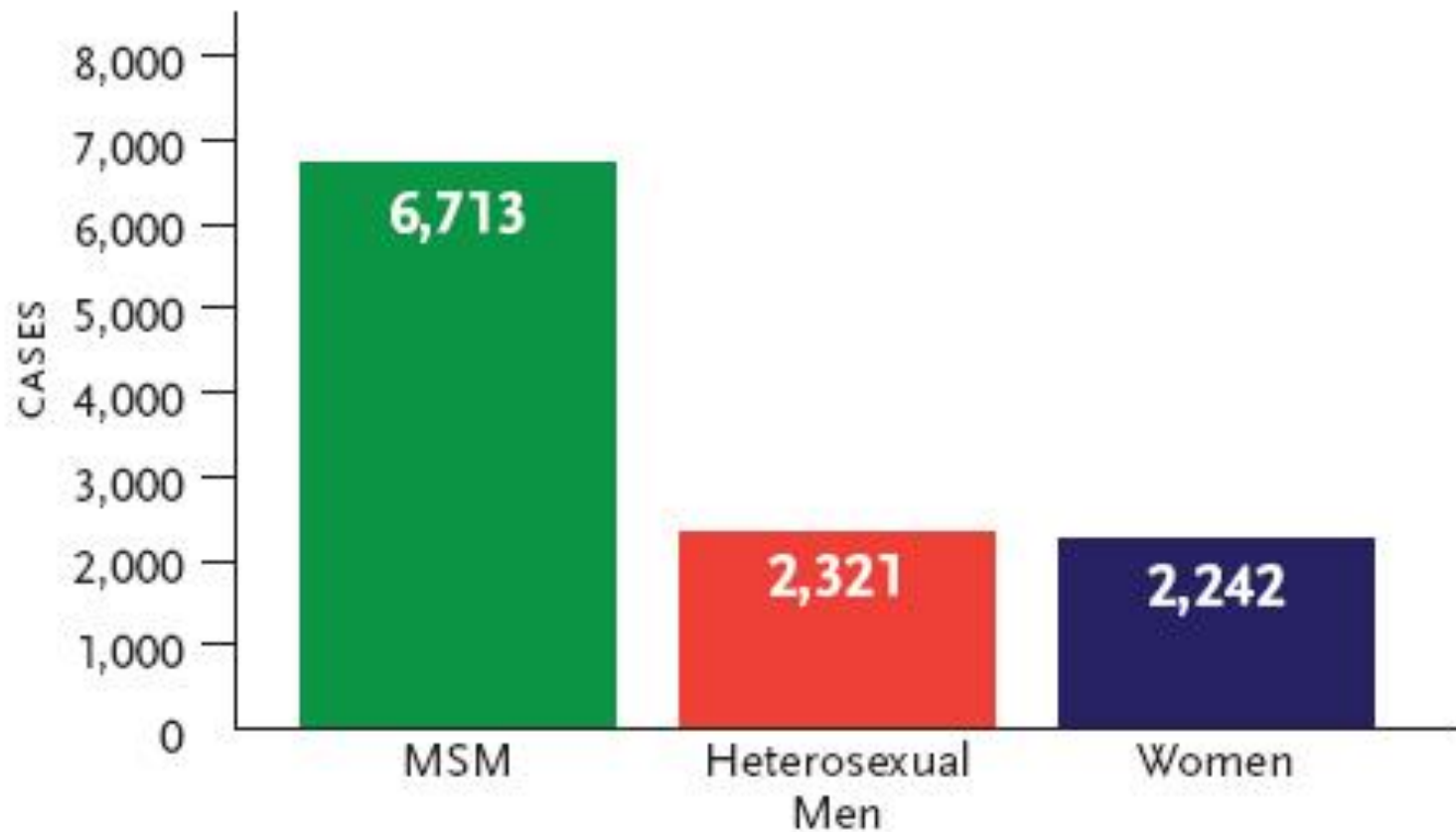


MSM -men having sex with men :

61% of all new HIV infections in the US & 79% of infections among all newly infected men .

The largest number of new infections (3,400) occurred in those aged 40-49

# Primary and Secondary Syphilis — Reported Cases, 2008, by Sexual Orientation

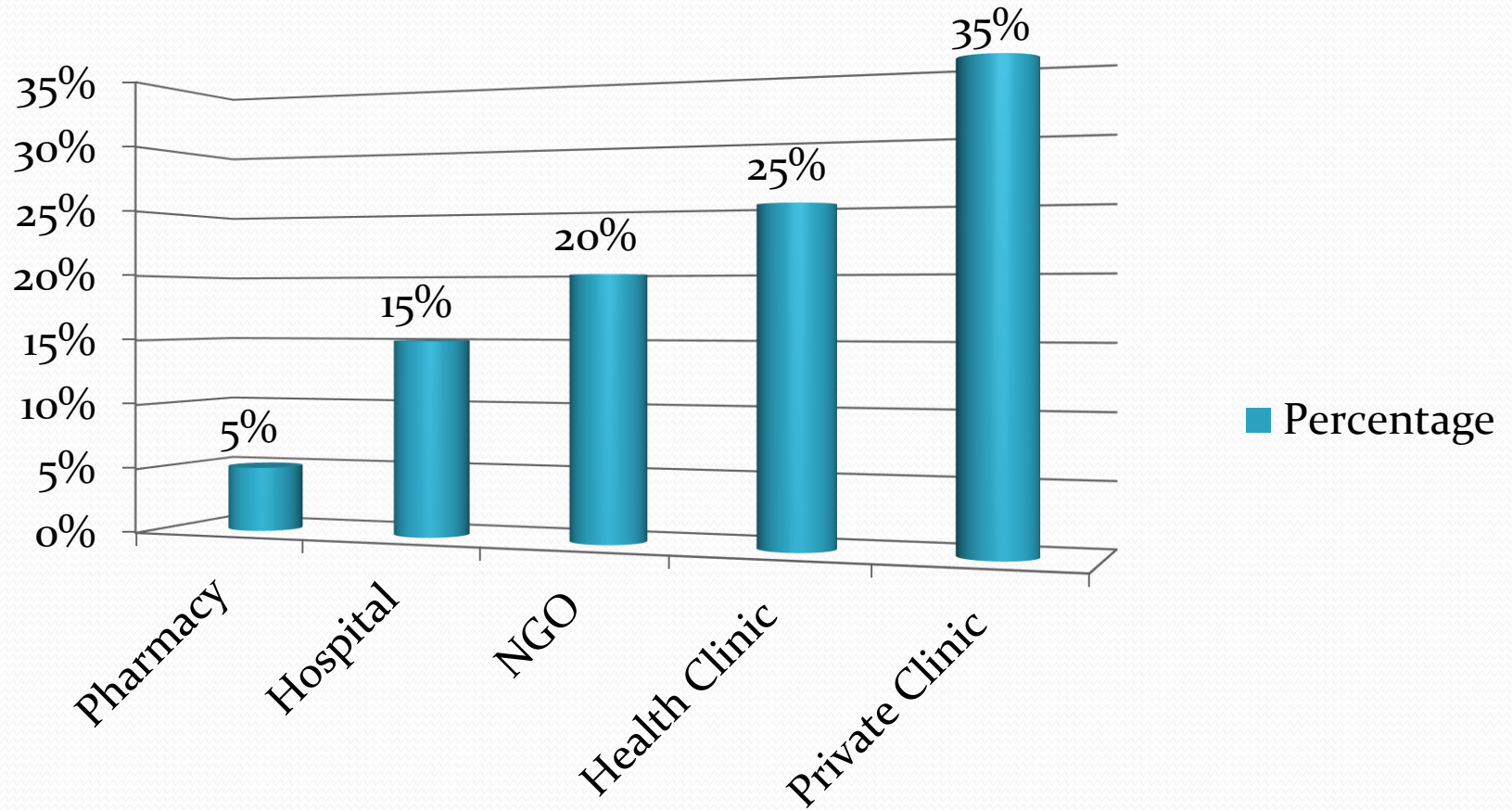


CDC, USA

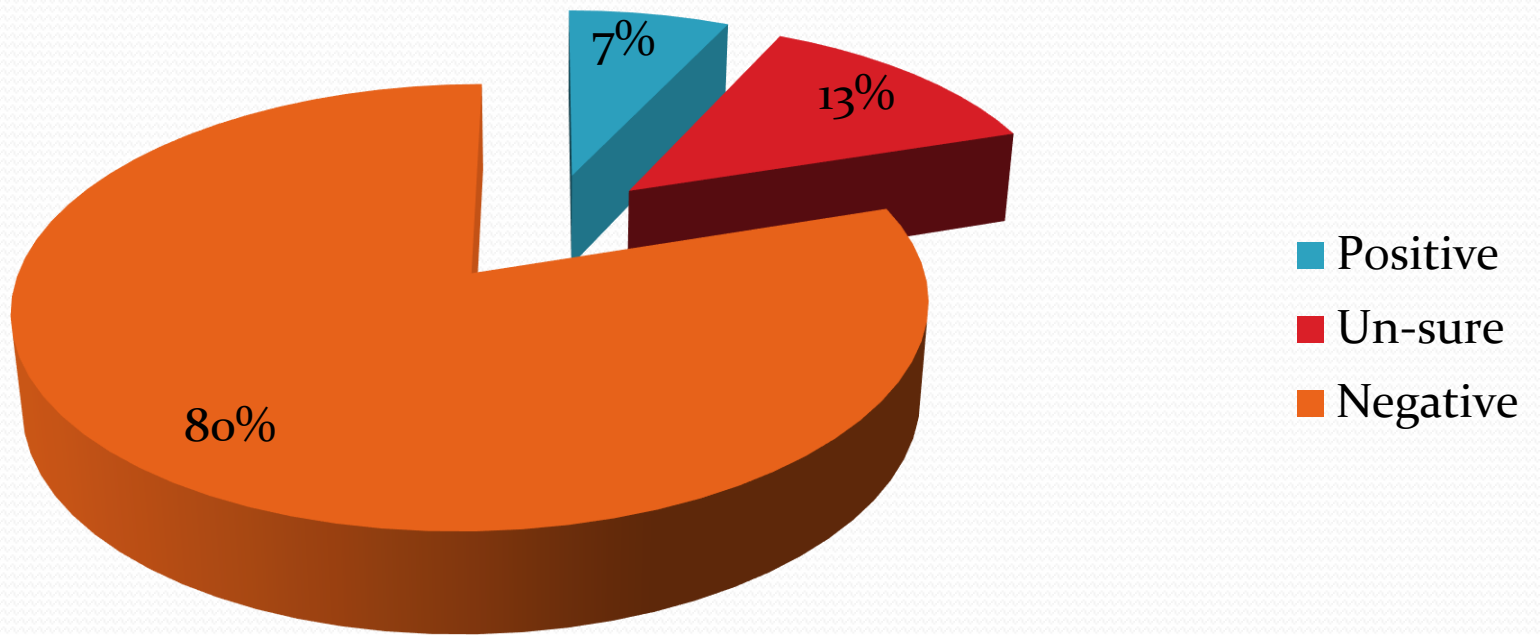
- Inconsistent condom use during receptive anal sex was commonly reported (Tirelli U et al 1991;Elifson KW et al, 1993)

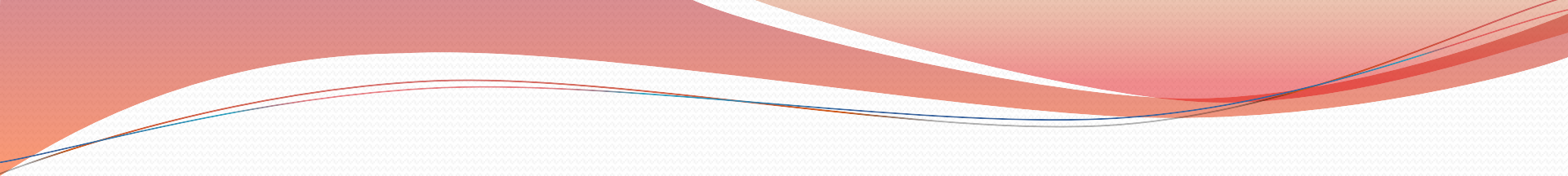
Estimated HIV infection rates among specific transgender population range 14-69%.The highest prevalence may be among male to female transgender sex workers ( CDC USA 2000).

## The places where the Transexual got the HIV test



## Self-reported HIV test status



- 
- Advice on safe sex and condom
  - Screening for STDs
  - Not enough

Must screen for 5 daily prayers



# Case 2

- A 40 years old Indon transexual complained of diarrhoea and abdominal pain for one month duration.
- Treated as AGE at A&E .
- Diagnosed HIV at OPD.
- Defaulted follow up as he couldn't afford cost of treatment.
- Overstayed in Kuantan, given amnesty and send back by immigration dept
- Passed away a month later



# Size estimation for local responses in Malaysia for HIV prevention in sex work ( MOH & MAC ,March 2010)

State	Malaysians Transsexuals	Non Malaysians Transsexuals	Total
WP Kuala Lumpur	1366	525	1891
Selangor	1087	331	1418
Johor	875	297	1172
Kedah	764	277	1041
Sabah	792	241	1033

# 2/4/2012: Jenazah workshop



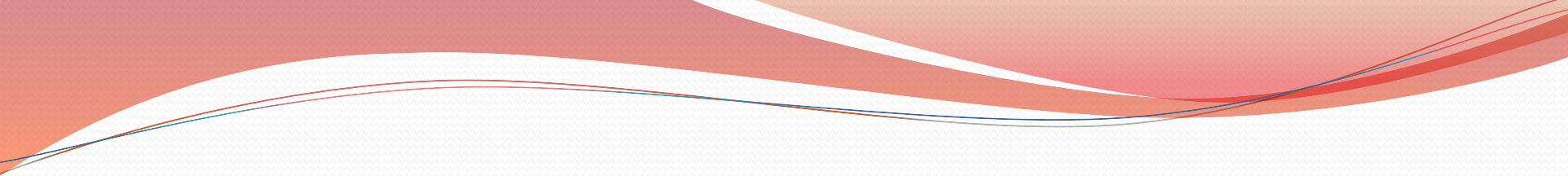
# Silicon breast implant

- Cost about RM5000
- Easy to remove
- Problems arise once leaking or rupture (accident or blunt trauma)
- Can cause auto immune disease or cancer like lung, colon or pancreas



# Study on hormonal usage and its complications among transexuals in Kuantan Pahang (Asraf,Amalina,Elyani,2014 unpublished)

Forms of hormone usage	Frequency (n=32)	Percentage %
OCP		
Daily	25	80.6%
Few days in a week	2	6.5%
weekly	3	9.7%
monthly	1	3.2%
Injection		
weekly	15	62.5%
Biweekly	5	20.8%
monthly	4	16.7%



Forms of Hormone used	Frequency	Percentage (%)
Pill	8	24.2
Injection	1	3
Pill and Injection	23	69.7

# Yasmin, Diane, Marvelon

- Yasmin: Ethinylloestradiol 35microgram,
  - Drospirenon 300microgram
- Marvelon: Ethinylloestradiol 35microgram,
  - Desogestrel 150microgram

- **Cyproterone**
  - **+**
  - **ethinyl estradiol**

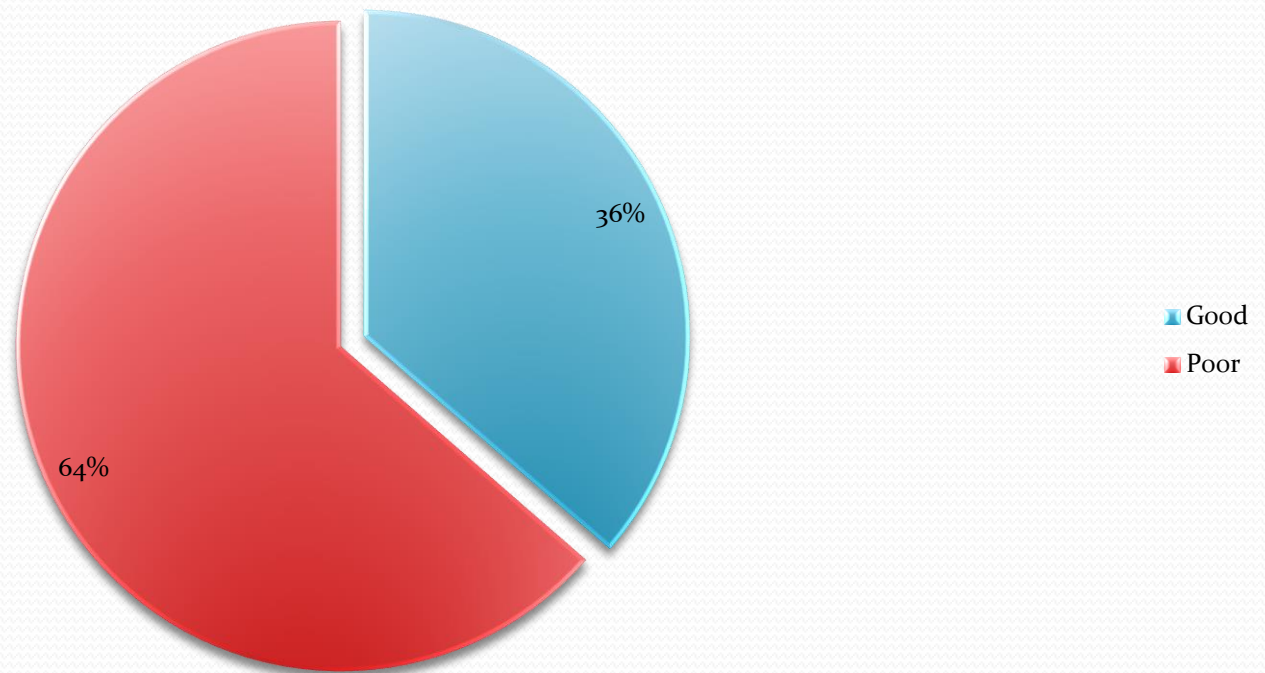
- France to ban Bayer's contraceptive drug Diane 35 after deaths

[www.theaustralian.com.au/...to...france/story-e6frg6n6-1226565889556](http://www.theaustralian.com.au/...to...france/story-e6frg6n6-1226565889556)

- 31 Jan 2013 ... Contraceptive drug **Diane 35** linked to four deaths; **Diane 35** is licensed in 135 countries including Australia; **France** to **ban** prescription of ...



## Knowledge regarding complications of hormone use



# Hormonal usage



- to enlarge breasts, smooth complexion, reduce body & facial hair & penile erection. With a better appearance and more resemblance to a woman, it is more beneficial to them.
- With no proper prescription & inappropriate dose to fulfill their desire it only brings them risks of major complications ( Yik Koon Teh ,2001)
- IM estradiol 80-100mg for the initial 6 to 12 months of treatment for rapid feminization. The results showed enhanced breast enlargement. Moore E., Wisniewski A., and Dobs A., (2003),



# Hormone therapy regimens

- pose additional health risks , the most serious of which is hypercoagulability associated with estrogen administration.
- A lot of complications are awaiting these *maknyahs* without them realizing it, & it is a big responsibility to educate them ( Sanchez N.F, et.al,2009),



- VID-20141122-  
WA0047.mp4

- ..\Downloads\Amazing  
Thailand's Got Talent -  
Man or Woman  
(Subbed - English).mp4

# Case 3

- A 60 years old transexual ,married with 5 children and one grandson.
- Multiple sexual partners, still active
- Never heard about HIV
- No screening done so far
- Came for screening after attending talk on HIV by religious department

# PATIENT-CENTRED

Defined as 'a philosophy of care that encourages:

- (a) shared control of the consultation, decisions about intervention or management of the health problems with the patient, and/or
- (b) a focus in the consultation on the patient as a whole who has individual preferences situated within social context' (in contrast to a focus in the consultation on a body part or disease)

Cochrane review, issue 2, 2003

# Patient –centred (Whole Person Approach)

- **Holistic Health Care** approach or **Comprehensive Health Care** approach
- An important approach to patient care in modern medicine
- Determine whether there is a 'hidden agenda' in the presentation & whether there is stressors including interpersonal conflicts are significant factors in the illness.

# Psychotherapy

Is of no proved value in attempts to cure adult transsexuals

Green 1967

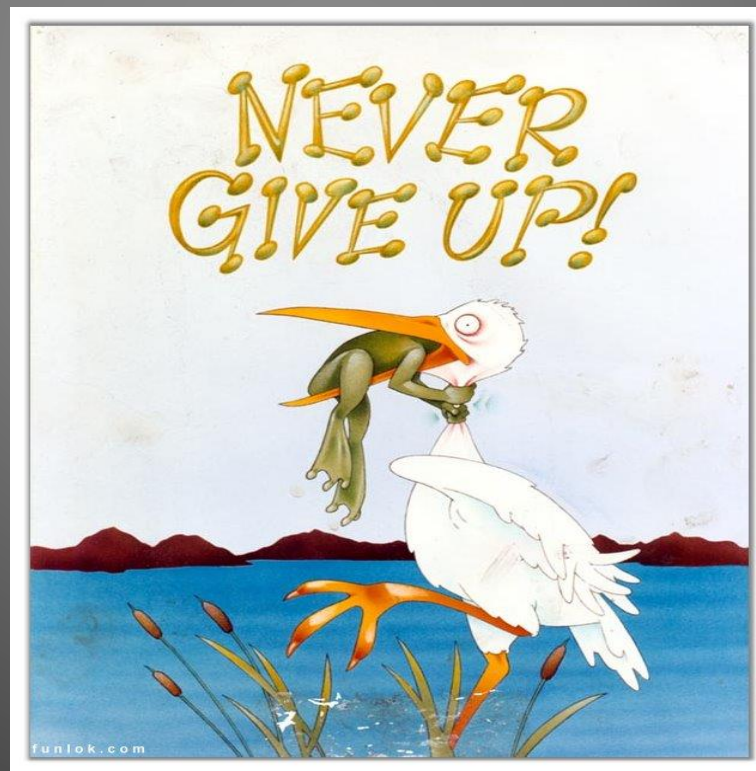
Pauly ,1968

Wollman,1968

Hoening et al,1970

**Sexual surgical reassignment is  
HARAM in Malaysia  
,allowed only for Khunsa ( The Y.K.  
1998,2001)**

harm reduction





<http://wowberita.org/doktor-rawat-ketagihan-seks-arak-pakai-rotan>



# Al quran

## surah An Nur(The Light) ayat 2

- Perempuan yang berzina dan laki laki yang berzina, maka deralah tiap tiap seorang dari keduanya kali dera (rotan)....
- The adulterer and the adulteress shall each be given a hundred lashes. Let no pity for them detain you from carrying out this law of Allah

# Al Quran: Communication skills

- **Choose best words to speak and say them in the best possible way [17:53, 2:83]**
- **Do not shout. Speak politely keeping your voice low [31:18 &19]**
- **When you voice an opinion, be just,**
- **even if it is against a relative [6:152]**



# Harm reduction

## Bengkel Jenazah: 2/4/2012



# Harm reduction

## Bengkel Jenazah: 2/4/2012



# 26/4/2012: Ibadah camp



# Theory on solat



# Back to basic: Practical





# Kakju & Umrah (10 Feb 2013) sponsored by public



# Kakju, post umrah: from ibu ayam to selling nasi ayam



# Management of deceased

## Bengkel jenazah (2/4/2012):



Purple 18 Mac 2014



Kahar @ Leha  
22 January 2015



28/6/2012: Qiam



# September 2013



# Persatuan Insaf Pahang ,2013

- Pengerusi: Prof Madya Dr Samsul Draman
- T.Pengerusi: Hj Bakri @ Kak Jun
- Setiausaha: Puan Mahani
- Bendahari: Dr Mohd Ibrahim
- AJK: Dr Ridhwan Abd Wahab

Dr Lokman Isa

EE

Yus

# Target

- Persatuan Insaf Pahang to Persatuan Insaf Malaysia
- 013 9827277
- We have cases in KL, Penang, Perak, Kelantan, Trengganu
- By facebook, what sap





# Aktiviti

- Al quran setiap khamis malam jumaat
- Umrah setiap tahun: 2 orang
- Ibadah camp: setiap 2 tahun
- Outreach ke lorong: setiap 2 bulan



Ibadah camp,  
Cameron Highland  
22<sup>nd</sup> – 24<sup>th</sup> Sept 2012,organised by  
UIA,Jakim & Jaip





Melatih peserta memb  
disamping memupuk s



# 22<sup>nd</sup> Sept-24<sup>th</sup> Sept 2012,Sg Palas Boh plantation



Ibadah camp ( harm reduction)  
22 -25 August 2014,Mardi Tanah Rata ,  
Cameron Highland  
PIP,UIA,KIPSAS , JAIP & GPMS



# Harm reduction from medical perspective



# Harm reduction from Islamic perspective



Avoid negative people, they tend to knock you down





# Prevalence of depression in Kuantan

Study by Erwan et al in 2012 was 35%

Study by Marsyitah, Rafiq and Izzah 2014 was 47.4%



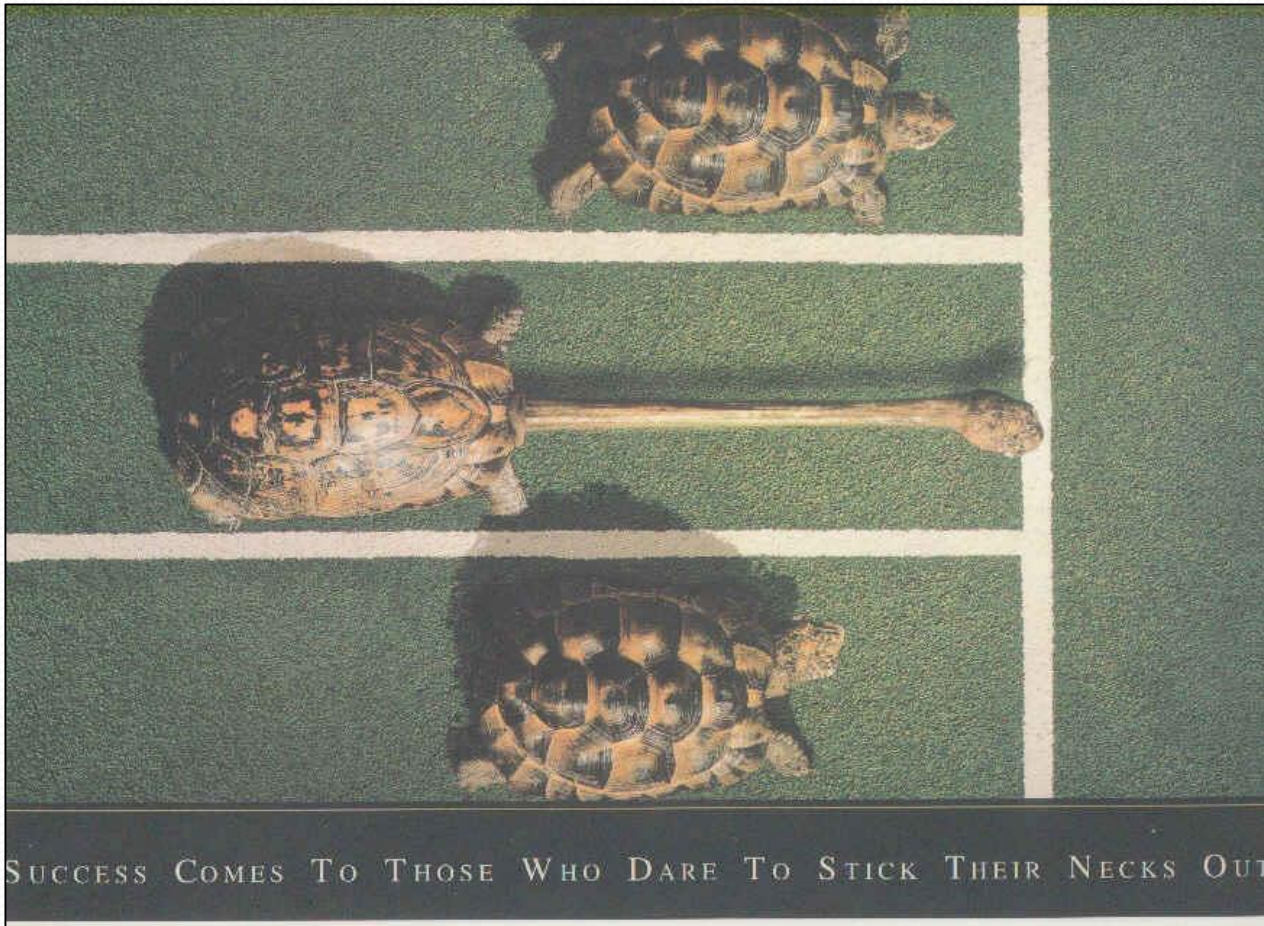
Dignified  
through  
prayer



**With nothing else in his hands,  
this Afghan chose the peace of prayer.**

Doa

# Conclusions



- video\Wedding\_1.mpeg

Suapan Berita

Zack Lans ▶ Penduduk Sungai Petani..  
24 minutes ago · 🌐

Cinta tak kenal usia .kebahagiaan paling penting... Jgn jealous ya Abg Abg yg masih bujang..



49 Likes 5 Comments

104 sukaan 25 komen

9:31

# Same sex marriage





- 1) Patient centred approach
- 2) Harm reduction
- STDs: HIV& AIDS
- Complications of hormone
- Solat ,solat ,solat
  
- The rest, we leave it to HIM

# The happiness that money can't buy





# TQ

## We don't follow trend, we make them

