LGBT: Medical & Islamic Responses to Harm Reduction Practices

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Objectives

- Introduction
- How to approach
- Patient centred Managements
- Conclusions
Harm reduction

- A range of public health policies designed to reduce the harmful consequences associated with various human behaviors, both legal and illegal.

- Harm reduction policies are used to manage behaviors such as recreational drug use & sexual activity in numerous settings that range from services through to geographical regions.

- Critics of harm reduction typically believe that tolerating risky or illegal behaviour sends a message to the community that such behaviours are acceptable & that some of the actions proposed by proponents of harm reduction do not reduce harm over the long term.

**Number of Partners**

1. **First Time**
   - You are exposed to one person
   - Your partner

2. **2nd Time**
   - Your first partner
   - Your second partner
   - Your partner’s first partner
   - You are exposed to three people

3. **3rd Time**
   - His first partner
   - His second partner
   - Your third partner
   - Your first partner
   - You are exposed to seven people

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**Even with 100% Condom Use**

<table>
<thead>
<tr>
<th>STIs</th>
<th>Approx. risk reduction</th>
</tr>
</thead>
<tbody>
<tr>
<td>N. gonorrhoeae¹,²,³</td>
<td>50%</td>
</tr>
<tr>
<td>C. trachomatis²,²</td>
<td>50%</td>
</tr>
<tr>
<td>T. pallidum¹,²</td>
<td>30%-50%</td>
</tr>
<tr>
<td>T. vaginalis¹,²</td>
<td>No conclusive evidence</td>
</tr>
<tr>
<td>HPV¹,²</td>
<td>No conclusive evidence</td>
</tr>
<tr>
<td>HIV¹,²</td>
<td>85%</td>
</tr>
</tbody>
</table>

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**sexual exposure chart**

If every person has only the same number of partners as you.
Homosexual men and bisexual are 2 times getting schizoprenia & anxiety.
Lesbian dan biseksual are 3X vulnerable for substance abuse
Bisexual are 3x to committing suicide compare to heterosexual

Sexual orientation and its relation to mental disorders and suicide attempts: findings from a nationally representative sample
Introduction

- The risk of domestic violence in a male-male homosexual relationship is at least 18 times greater.  
  *Journal of the Family Research Institute, Vol. 16 No. 8, Dec 2001*

- 11% of women in homosexual relationships and 23% of men in homosexual relationships report being raped, physically assaulted, and/or stalked by an intimate partner  
  *U.S. Department of Veterans Affairs Domestic Abuse Fact Sheet*
Introduction : transexuals

- Thailand: katoey
- Indonesia:
- Waria = wanita + pria
- Bangladesh & Pakistan: hijra
- Oman: xanith
- Malaysia:
  - maknyah (drag queen),
  - pondan (effeminate man),
  - bapok (transvestite),
  - sotong,
Lelaki intim dengan 12 pondan, abai isteri

KETAGIH ‘MR SOTONG’

UNIT 2 KELUARGA HARMONI

Membuat salinan keluarga anda.
Dakwah to non muslims
http://kisahgempak.blogspot.com/2015/01/jantina-ketiga-telah-diiktiraf-di.html#
Friday, 7 November 2014

JUMAAT YANG MALANG BAGI ISLAM DI MALAYSIA


Lebih malang lagi apabila tiga Hakim yang menghakimi perbicaraan rayuan tersebut terdiri DUA orang hakim Melayu Islam. Apakah pertimbangan hakim beragama Islam ini hingga boleh memaklukan umat Islam dan syariat Allah S.W.T.

Hari ini kemenangan besar bagi kaum yang diliknati Allah di negara ini. Ini bukan kes terpencil tetapi "a new beginning and never ends" bagi mereka. Tidak mustahil akan ada lagi tuntutan-tuntutan kaum yang diliknati Allah ini akan membawa kes hik asasi dan kebebasan berkaitan kaum songsang ini.

Benarlah kata orang, yang menuntukan Islam itu bukanlah golongan kafir tetapi penganutnya sendiri. Semoga Allah memberkati dan melindungi anak-anak keluarga Islam dan bumi Malaysia yang tercinta ini.

Prevalence of Gender Identity Disorder

- 1 in 30,000 men
- 1 in 100,000 women
- 0.001-0.002% (Benjamin H 1999)
- Overall population 0.1 – 0.5% (Trista, 2012)
Malays transgenders make up 50.7% total population; the Chinese, the Indians and other minority ethnic groups make up 27.5%, 7.8% and 14% respectively (Department of Statistics Malaysia 1995).

10,000 male to female transgenders in the country, where 70 to 80% are Malay; the rest are made up of Chinese, the Indians and other minority ethnic groups (Yik Koon Teh, 2001).
DSM IV TR

- Gender Identity Disorder (GID) is defined as a complex disorder present by persistent discomfort about one's original sex,
- discontent with one's designated birth sex,
- a desire to have the characters of the other sex and to be regarded socially as a person of opposite sex (American Psychology Association, 2000)
DSM 5- Gender Dysphoria

- In order for someone to be diagnosed with Gender Dysphoria today, they must exhibit a strong and persistent cross-gender identification (not merely a desire for any perceived cultural advantages of being the other sex).
People who are transgender and gender non-conforming are no longer classified as a mental disorder

Homosexuality was similarly declassified as a mental disorder in 1973
How to approach
Case 1

• A 39 years old transexual from Kelantan complained prolonged fever
• Treated as URTI at OPD A
• Diagnosed HIV at OPD B
In a 2002 study on 507 mak nyah, it was found that 92% of the respondents had received payment for sex, even though only 54% claimed they were sex workers (Teh, 2002).
• Transgenders are categorized of low social status and forced to work as sex workers due to the rampant discrimination while seeking employment (Chang Lee Wei et al, 2012)
Mucosal layer between rektum & vagina

Rectum (Dubur) :
Columnar Epitelium with glands
( Ciri – lembut dan nipis, fungsi untuk menyerap air, tidak tahan geseran)

Vaginal wall (Faraj) :
Stratified Squamous Epithelium
( Ciri : tebal & tahan regangan serta geseran)
USA: Homosexuality & HIV new infection (2009)

MSM - men having sex with men:

61% of all new HIV infections in the US & 79% of infections among all newly infected men.

The largest number of new infections (3,400) occurred in those aged 40–49.
Primary and Secondary Syphilis—Reported Cases, 2008, by Sexual Orientation

- **MSM**: 6,713 cases
- **Heterosexual Men**: 2,321 cases
- **Women**: 2,242 cases

**CDC, USA**
Inconsistent condom use during receptive anal sex was commonly reported (Tirelli U et al 1991; Elifson KW et al, 1993).

Estimated HIV infection rates among specific transgender population range 14-69%. The highest prevalence may be among male to female transgender sex workers (CDC USA 2000).
The places where the Transexual got the HIV test

KAP study on HIV in Kuantan 2014, Mfaqih et al., unpublished
Self-reported HIV test status

- Negative: 80%
- Un-sure: 13%
- Positive: 7%
• Advice on safe sex and condom
• Screening for STDs
• Not enough
Must screen for 5 daily prayers
Case 2

- A 40 years old Indon transexual complained of diarrhoea and abdominal pain for one month duration.
- Treated as AGE at A&E.
- Diagnosed HIV at OPD.
- Defaulted follow up as he couldn’t afford cost of treatment.
- Overstayed in Kuantan, given amnesty and send back by immigration dept
- Passed away a month later
Size estimation for local responses in Malaysia for HIV prevention in sex work (MOH & MAC, March 2010)

<table>
<thead>
<tr>
<th>State</th>
<th>Malaysians Transsexuals</th>
<th>Non Malaysians Transsexuals</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>WP Kuala Lumpur</td>
<td>1366</td>
<td>525</td>
<td>1891</td>
</tr>
<tr>
<td>Selangor</td>
<td>1087</td>
<td>331</td>
<td>1418</td>
</tr>
<tr>
<td>Johor</td>
<td>875</td>
<td>297</td>
<td>1172</td>
</tr>
<tr>
<td>Kedah</td>
<td>764</td>
<td>277</td>
<td>1041</td>
</tr>
<tr>
<td>Sabah</td>
<td>792</td>
<td>241</td>
<td>1033</td>
</tr>
</tbody>
</table>
2/4/2012: Jenazah workshop
Silicon breast implant

- Cost about RM5000
- Easy to remove
- Problems arise once leaking or rupture (accident or blunt trauma)
- Can cause auto immune disease or cancer like lung, colon or pancreas
Study on hormonal usage and its complications among transexuals in Kuantan Pahang (Asraf, Amalina, Elyani, 2014 unpublished)

<table>
<thead>
<tr>
<th>Forms of hormone usage</th>
<th>Frequency (n=32)</th>
<th>Percentage %</th>
</tr>
</thead>
<tbody>
<tr>
<td>OCP</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Daily</td>
<td>25</td>
<td>80.6%</td>
</tr>
<tr>
<td>Few days in a week</td>
<td>2</td>
<td>6.5%</td>
</tr>
<tr>
<td>weekly</td>
<td>3</td>
<td>9.7%</td>
</tr>
<tr>
<td>monthly</td>
<td>1</td>
<td>3.2%</td>
</tr>
<tr>
<td>Injection</td>
<td></td>
<td></td>
</tr>
<tr>
<td>weekly</td>
<td>15</td>
<td>62.5%</td>
</tr>
<tr>
<td>Biweekly</td>
<td>5</td>
<td>20.8%</td>
</tr>
<tr>
<td>monthly</td>
<td>4</td>
<td>16.7%</td>
</tr>
<tr>
<td>Forms of Hormone used</td>
<td>Frequency</td>
<td>Percentage (%)</td>
</tr>
<tr>
<td>----------------------</td>
<td>-----------</td>
<td>----------------</td>
</tr>
<tr>
<td>Pill</td>
<td>8</td>
<td>24.2</td>
</tr>
<tr>
<td>Injection</td>
<td>1</td>
<td>3</td>
</tr>
<tr>
<td>Pill and Injection</td>
<td>23</td>
<td>69.7</td>
</tr>
</tbody>
</table>
Yasmin, Diane, Marvelon

- Yasmin: Ethinyloestradiol 35 microgram,
  - Drospirenon 3000 microgram
- Marvelon: Ethinyloestradiol 35 microgram,
  - Desogestrel 150 microgram

- Cyproterone
  +
- ethinyl estradiol

- France to ban Bayer's contraceptive drug Diane 35 after deaths
  

- 31 Jan 2013 ... Contraceptive drug Diane 35 linked to four deaths; Diane 35 is licensed in 135 countries including Australia; France to ban prescription of ...
Knowledge regarding complications of hormone use

- 64% Good
- 36% Poor
Hormonal usage

- to enlarge breasts, smooth complexion, reduce body & facial hair & penile erection. With a better appearance and more resemblance to a woman, it is more beneficial to them.

- With no proper prescription & inappropriate dose to fulfill their desire it only brings them risks of major complications (Yik Koon Teh, 2001)

- IM estradiol 80-100mg for the initial 6 to 12 months of treatment for rapid feminization. The results showed enhanced breast enlargement. Moore E., Wisniewski A., and Dobs A., (2003),
Hormone therapy regimens

- pose additional health risks, the most serious of which is hypercoagulability associated with estrogen administration.
- A lot of complications are awaiting these *maknyahs* without them realizing it, & it is a big responsibility to educate them (Sanchez N.F, et.al, 2009),
• VID-20141122-WA0047.mp4

• ..\Downloads\Amazing Thailand's Got Talent - Man or Woman (Subbed - English).mp4
Case 3

- A 60 years old transexual, married with 5 children and one grandson.
- Multiple sexual partners, still active
- Never heard about HIV
- No screening done so far
- Came for screening after attending talk on HIV by religious department
PATIENT-CENTRED

Defined as ‘a philosophy of care that encourages:

• (a) shared control of the consultation, decisions about intervention or management of the health problems with the patient, and/or

• (b) a focus in the consultation on the patient as a whole who has individual preferences situated within social context’ (in contrast to a focus in the consultation on a body part or disease)

Cochrane review, issue 2, 2003
Patient –centred (Whole Person Approach)

- Holistic Health Care approach or Comprehensive Health Care approach
- An important approach to patient care in modern medicine
- Determine whether there is a ‘hidden agenda’ in the presentation & whether there is stressors including interpersonal conflicts are significant factors in the illness.
Psychotherapy

Is of no proved value in attempts to cure adult transsexuals

- Green 1967
- Pauly 1968
- Wollman 1968
- Hoenig et al 1970
Sexual surgical reassignment is HARAM in Malaysia, allowed only for Khunsa (The Y.K. 1998, 2001)
harm reduction
The adulterer and the adulteress shall each be given a hundred lashes. Let no pity for them detain you from carrying out this law of Allah.
Al Quran: Communication skills

- Choose best words to speak and say them in the best possible way [17:53, 2:83]
- Do not shout. Speak politely keeping your voice low [31:18 &19]
- When you voice an opinion, be just,
- even if it is against a relative [6:152]
Harm reduction
Bengkel Jenazah: 2/4/2012
Harm reduction
Bengkel Jenazah: 2/4/2012
Theory on solat
Back to basic: Practical
Kakju & Umrah (10 Feb 2013) sponsored by public
Kakju, post umrah: from ibu ayam to selling nasi ayam
Management of deceased Bengkel jenazah (2/4/2012):
Purple 18 Mac 2014

Kahar @ Leha
22 January 2015
28/6/2012: Qiam
September 2013
Persatuan Insaf Pahang, 2013

- Pengerusi: Prof Madya Dr Samsul Draman
- T.Pengerusi: Hj Bakri @ Kak Jun
- Setiausaha: Puan Mahani
- Bendahari: Dr Mohd Ibrahim
- AJK: Dr Ridhwan Abd Wahab
  
  Dr Lokman Isa
  
  EE
  
  Yus
Target

• Persatuan Insaf Pahang to Persatuan Insaf Malaysia
• 013 9827277
• We have cases in KL, Penang, Perak, Kelantan, Trengganu
• By facebook, what sap
Aktiviti

• Al quran setiap khamis malam jumaat
• Umrah setiap tahun: 2 orang
• Ibadah camp: setiap 2 tahun
• Outreach ke lorong: setiap 2 bulan
Ibadah camp, Cameron Highland
22\textsuperscript{nd} – 24\textsuperscript{th} Sept 2012, organised by UIA, Jakim & Jaip
Melatih peserta membina kekuatan fizikal dan mental, disamping memupuk semangat kerjasama diantara peserta.
22\textsuperscript{nd} Sept-24\textsuperscript{th} Sept 2012, Sg Palas Boh plantation
Ibadah camp (harm reduction)
22 - 25 August 2014, Mardi Tanah Rata, Cameron Highland
PIP, UIA, KIPSAS, JAIP & GPMS
Harm reduction from medical perspective
Harm reduction from Islamic perspective
Avoid negative people, they tend to knock you down
Prevalence of depression in Kuantan

Study by Erwan et al in 2012 was 35%

Study by Marsyitah, Rafiq and Izzah 2014 was 47.4%
Dignified through prayer

With nothing else in his hands, this Afghan chose the peace of prayer.
Conclusions
• video\Wedding_1.mpeg
Zack Lans  Penduduk Sungai Petani...

24 minutes ago

Cinta tak kenal usia, kebahagiaan paling penting... Jgn jealous ya Abg Abg yg masih bujang..

49 Likes  5 Comments

104 tdk tdk 25 komen
Same sex marriage
1) Patient centred approach
2) Harm reduction
STDs: HIV & AIDS
Complications of hormone
Solat, solat, solat

The rest, we leave it to HIM
The happiness that money can’t buy
We don’t follow trend, we make them