Acknowledgement

I wish to express my deepest gratitude to Tahir Akyürek, Mayor of the Metropolitan Municipality of Konya, and Ercan Uslu, Head of the Cultural Department, for the active interest they took in this book in particular, and for providing facilities required for preparing this work and its publication. My sincere thanks go to Ass. Prof. Yakup Şafak whom I have been enlightened by his prosperity for four years during the attendance of his Mathnawi lessons. And particularly I am grateful to the SADAV (Social Researches and Solidarity Foundation) which organizes this Mathnawi lessons and its wonderful executives. Also my thanks go to those who have assisted directly or indirectly with their supports and motivation. I also owe my profound thanks to Dr. Saim Kayadibi who gave his great efforts to translate my work into English. Finally I appreciate Mehmet Birekul and all the staffs of the Head of the Cultural Department.
CONTENTS

Preface / 10
Preface / 12
Mevlana, personal development and life skills coaching / 14
Stand Up / 21
Doorstep / 25
The Beginning of The way. / 29
Is it over or keep on? / 37
Nightingale or rosegarden? / 41
You are exist if you have an objective / 47
Mirror / 51
Delaying and time management / 57
I do not wear a shirt when I sleep with the adored one / 63
How were you mixed up with the bald, o baldpate? / 67
Open the saucepan's lid fill up the ladle / 75
Would my eye be an enemy of me? / 79
The most difficult pass way / 85
A collar neck / 91
Woman prevails exceedingly over the wise and intelligent / 97
Menace / 103
Take the spade in your hand / 109
You die if you stop! / 115

Order the wind to take me to India / 121
Do not say I am little they will make you bigger / 127
Forget if only! / 133
Even your wife / 139
Urine ocean, fly captain / 145
Fear you not is proper entertainment for one who is afraid / 151
Pursue became empty, the moon is eclipsed / 157
Friend is a mirror for the soul / 163
Pairs of shoes must match one another / 169
Destroy that jug / 175
Tallness and earless lion / 183
I have removed the baggage of self out of the way / 189
If lentil get mixed within sugar / 201
Thought is first action is later / 211
Before your foot are fettered, go and give a rose / 219
Do not keep walking at the same place / 227
Do not make your home in other men's land / 233
Be like an arrow in order to be free from spring! / 241
If it was always the season of summer / 247
Night-travellers / 255
How far is it? / 261
The graduation day / 267
Life Skills Coaching is a professional field which has been increased fast. People are looking for ways that can be easily adaptable to the life, more practical and a short cut in their rapid life. In that respect enlightened coaches are providing job for individuals, practical changes in personal and social life.

Today athletes who are racing in Olympics have personal life coaches. Famous film stars, well-known artists, general managers, company owners, reach and successful people have also life coaches.

These people who are guiding the others are modern murshids (guides) of the modern century.

Since we are thinking according to the western method of thinking, since we are looking for things that we lost, we have to re-consider our choices for the sake of contribution to the peace and to systematize our own values. Let's leave the words to Mawlana Jalaluddin Rumi after the brief introduction.

“You went away by yourself from God, have you found a way? Come to the way, do not get lost like a stupid.”