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**Ultrasonic-assisted extraction of thiols from garlic bulbs** (Article)

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**Abstract**

Cysteine and glutathione (GSH) are important low molecular mass thiols or sulfhydryl compounds that play numerous important roles in metabolism. They also have myriad of applications in industry including pharmaceutical, cosmetic and foods. These compounds naturally occur in plants but less was focused on extracting them from plant sources. Garlic is of particular interest as potential source for thiol compounds since it contains high concentration of organosulfur which correlates with the presence of cysteine and GSH. In this work, water-based ultrasonic assisted extraction was used to extract thiol from garlic bulbs. The effect of garlic concentration and amplitude of sonicator on thiol concentration was investigated. The optimal garlic concentration of 10% (w/v) was able to extract 0.170 mM thiols and 100% amplitude of sonicator corresponds to the highest value of thiol compounds obtained. © 2014 AENSI Publisher All rights reserved.

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