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## Virgin olive oil phenolics extract inhibit invasion of HT115 human colon cancer cells in vitro and in vivo (Article)

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## Abstract

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The decreased cancer risk associated with consumption of olive oil may be due to the presence of phenolics which can modulate pathways including apoptosis and invasion that are relevant to carcinogenesis. We have previously shown that a virgin olive oil phenolics extract (OVP) inhibited invasion of HT115 colon cancer cells in vitro. In the current study we assessed the in vitro effects of OVP (25 µg mL<sup>-1</sup>) on HT115 cell migration, spreading and integrin expression. Furthermore, the anti-metastatic activity of OVP at a dose equivalent to 25 mg per kg per day for 2, 8 or 10 weeks was assessed in a Severe Combined Immunodeficiency (SCID) Balb-c mouse model. After 24 h OVP did not inhibit cell migration but significantly reduced cell spreading on fibronectin (65% of control; p < 0.05) and expression of a range of α and β integrins was modulated. In vivo, OVP by gavage significantly (p < 0.05) decreased not only tumour volume but also the number of metastases in SCID Balb-c mice. Collectively, the data suggest that possibly through modulation of integrin expression OVP decreases invasion in vitro and also inhibits metastasis in vivo. This journal is © the Partner Organisations 2014.

## Indexed keywords

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Engineering main heading:

[Olive oil](#)

EMTREE drug terms:

[Antineoplastic agents](#) [Olive oil](#) [Phenol derivative](#) [Plant extract](#) [Vegetable oil](#)

EMTREE medical terms:

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