

The 10th International Conference on Psychiatry
 "Psychiatric Models; Biological and Psychological perspectives"
 Jeddah, Kingdom of Saudi Arabia
 17 – 19 April, 2014

PROGRAM AT A GLANCE
 LECTURES AND SESSIONS
 Thursday 17th April, 2014

Time	Program	Lecturer Name	Country
09.00	Registration		
09.30 am	Opening Ceremony		
	<p>Prof. Mahdi Abu-Madini Associate Professor and Consultant Psychiatrist, Chairman, Department of Psychiatry, Dammam University, Pres SPA, Acting Pre Arab B of Psychiatry.</p> <p>Dr. Mohamed Shawaosh Congress Chairman, Consultant of Psychiatry, Psychiatric Hospital Jeddah.</p> <p>Dr. Mohamed Khaled Secretary General of the Conference, Head of Psychiatry Department, SGH</p>		

KEY LECTURES (1)

09.30 10.00 am	Psychiatric Models Biological / psychological and socio-cultural perspective	Prof. Afaf Hamed Khalil Professor of Psychiatry-Ain Shams University, Cairo, Egypt	Egypt
10.00 10.30 am	DSM-5: changes in diagnostic approaches and its consequences	Prof. Hans-Jürgen Möller Chairman, Dept. of Psychiatry Ludwig-Maximilians-University	Germany

SESSION (1)

Mental and Physical illness: *Clinical approach*

Time	Program	Lecturer Name	Country
10.30 10.50 am	CONSULTATION LIAISON PSYCHIATRY: (Cardiac Reappraisal)	Dr. Ibrahim Mohammed Al Otaibi Consultant and Director of Psychiatric Department King Fahad Armed Forces Hospital, Jeddah	K.S.A.
10.50 11.10 am	Psychiatric morbidity in athletes	Prof. Mohamed Ghanem Professor of Psychiatry- Ain Shams University	Egypt
11.10 11.30 am	ACT health perspective of australiasnational recovery frame work	Prof. PETER NORRIE Director of Clinical Services and Chief Psychiatrist Mental Health, Justice Health and Alcohol & Drug Services	Australia

SESSION (2)
Clinical Perspectives in Addiction Services

Time	Program	Lecturer Name	Country
11.30 11.50 pm	Synaptic contacts and properties of benzodiazepine receptors during human brain development in condition of prenatal alcoholization	Prof. Tamara V.Shushpanova Leading researcher of Mental Health Research Institute Siberian Department RAMSci	Russia
11.50 12.10 pm	New media utilization and medical students activities in public health, step toward prevention from smoking.	Dr. Mahmoud Abdulrahman Assistant Professor of Community Medicine College of Medicine, Al Imam Mohammed Ibn Saud Islamic University, Riyadh, Saudi Arabia	K.S.A.
12.10 12.30	Availability of Tobacco Cessation Medications in U.S. Substance Abuse Treatment Programs	Dr. Tanja C. Laschober, PhD Research Scientist, Owens Institute for Behavioral Research, University of Georgia, USA	USA
12.30-01.00 pm Coffee Break & Al Dohr Prayer			

SESSION (3)
Hot Topics in Psychiatric Management

Time	Program	Lecturer Name	Country
1.00 1.20 pm	"Repetitive Transcranial Magnetic Stimulation for the Treatment of Depression"	Dr. Yoshihiro Noda Postdoctoral Fellow Department of Psychiatry University of Toronto	Canada
1.20 1.40 pm	"Using Brain Stimulation to Understand the Pathophysiology and Treatment of Schizophrenia"	Dr. Mera Barr Independent Scientist Schizophrenia Division Centre for Addiction and Mental Health Ass. Prof. Department of Psychiatry University of Toronto	Canada
1.40 2.00 pm	Metabolic Complications of Psychiatric Medications and Improving the Quality of Life	Dr. Mohamed Shawoosh Consultant Psychiatrist Psychiatric Hospital Jeddah	K.S.A.

KEY LECTURES (2)

Time	Program	Lecturer Name	Country
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2.00 - 2.30 pm	Overcome Behavior Challenges of dementia	Prof. Tarek Asaad Professor of Psychiatry, Ain Shams University	Egypt
02.30 - 02.50 pm	Quality of life for patients with dementia and caregivers	Prof. Magdi Dahab Professor of Neurology Al Azhar Uni., Cairo	Egypt

SESSION (4)

Focus on Some Important Topics in Psychiatry

Time	Program	Lecturer Name	Country
07.00 - 07.20 pm	TELEPSYCHIATRY: CURRENT APPLICATION AND FUTURE DIRECTIONS.	Prof. Jagannathan Srinivasaraghavan Prof. Emeritus Of Psychiatry, Southern Illinois University School Of Medicine, Springfield, Illinois, Usa.	USA
07.20 - 07.40 pm	Balancing the light and dark in using ANTI-Psychotics : Discontinuation Syndromes	Prof. Mohamed R. Elfiky Professor of Psychiatry, Ain-Shams University, Consultant of Psychiatry Saad Hospital	K.S.A.
07.40 - 8.10 pm	Future of psychiatry and new models of care	Dr Fahad Alosaimi Assistant professor and consultant of Psychiatry and Psychosomatic medicine College of Medicine, King Saud University King Khalid university hospital Riyadh, Saudi Arabia	K.S.A.
<i>Al Isha Prayer</i>			

SESSION (5)

Time	Program	Lecturer Name	Country
08.30 - 09.00 pm	Thinking beyond the obvious in the treatment of Depression	Prof. Aly Akram Professor of Psychiatry- Cairo University, Consultant of Psychiatry Erfan Hospital	K.S.A

09.00-09.30 pm	Relapse in Schizophrenia, Breaking the Cycle and Empowering the Patients	Dr. Andreas Schreiner, MD Vice President Medical & Scientific Affairs CNS and Internal Medicine at Janssen, Europe, Middle East and Africa	Germany
09.30 10.00 pm	New approach for treatment of MDD	Prof. Abdel Naser Omar Professor of Psychiatry, Ain-Shams University Con- sultant of Psychiatry Al- Jedaani Hospital	K.S.A.
10.00- 10.30 pm	New strategies for treatment of anxiety disorders	Prof. Hans-Jürgen Möller Chairman, Dept. of Psychiatry Ludwig-Maximilians-University	Germany

(Hall A)

Friday 18 April, 2014

SESSION (6)

Focus on Some Important Topics in Psychiatry

Time	Program	Lecturer Name	Country
02.20-02.40 pm	Association between Cognitive Functions, Cortisol Release and Symptoms Severity in Patients with Schizo- phrenia	Prof. Hani Hamed Professor of Psychiatry, Beni Suef University	EGYPT
02.40-03.00 pm	Biopsychology and Nutritional Back- grounds of Memory Loss in Degenerative disease	Dr. Youssef Abu Saleh Prof. Nutrition and Health Faculty of Sciences. Ibn Tofail University, Kenitra	Morocco
03.00-03.20 pm	فاعلية الإرشاد النفسي الديني في تخفيف القلق المعمم والرهاب الاجتماعي دراسة حالات بمستشفى فرانس فانون - الجزائر	د. عبد الرحمن تلي أستاذ محاضر بقسم علم النفس وعلوم التربية المؤسسة: جامعة البليدة 2 - الجزائر	Algeria
03.20- 03.40 pm	Recent advances in Psychosomatic medi- cine	Dr. Abdulqader Aljarad Consultant Psychosomatic Medicine King Khalid University Hospital, Riyadh	K.S.A.

SESSION (7)

ADHD: Current Prospective and Future Direction

Time	Program	Lecturer Name	Country
04.00-04.20 pm	ADHD: Latest in DSM 5, Diagnosis and Treatment	Prof. Muhamad Waqar Azeem Chief of Psychiatry Albert J. Solnit Children's Center, Associate Clinical Professor Yale Child Study Center, Yale University School of Medicine , Distinguish Fellow APA and AACAP	USA
04.20-04.40 pm	Executive Functions in ADHD	Prof. Saffya Effat Professor of Psychiatry-Ain Shams University, Cairo, Egypt	EGYPT
04.40-05.00 pm	ADHD Across Life Span, Clinical Review and DSM V Changes Update	Dr. Mohammad Alghamdi Consulting Psychiatrist/ -Clinical Lecturer, University Of Alberta	K.S.A.
05.00-05.20 pm	ADHD: outcomes and comorbidities	Prof. Norbert Skokauskas Secretary, WPA (World Psychiatry Association), Child and Adolescent Psychiatry Section, Visiting Professor, Center for Developmental Clinical Psychology and Psychiatry, Nagoya University, Japan	Norway
05.20-05.40 pm	Structural and functional brain substrates of ADHD during adulthood	Dr. Joaquim Radua Principal investigator, ADHD group FIDMAG Research Unit Benito Menni CASM - Sant Boi de Llobregat Barcelona, Spain	Spain

SESSION (8)

Focus on Some Important Topics in ADHD

Time	Program	Lecturer Name	Country
05.50-06.10 pm	The complexity in the Diagnosis & Management of Pre-school A.D.H.D	Dr. Saad Omar Alkhateeb Senior consultant Psychiatrist Psychiatric Hospital Jeddah	K.S.A.
06.10-06.30 pm	The benefits of using various Medications Improve Performance and Outcome in ADHD Patients	Dr. Syed A Rahim, MD, ABPN Consultant Pediatric Psychiatrist at the Chicago Lakeshore Hospital Chicago - USA	USA

06.30-06.50 pm	Biopsychology of ADHD: What are the animal data tells us	Dr. Wael Mohamed Clinical pharmacology department Menoufia medical school Menoufia uni. American University in Cairo (AUC)	Egypt
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SESSION (9)
Clinical Perspectives in Child Psychiatry

<i>Time</i>	<i>Program</i>	<i>Lecturer Name</i>	<i>Country</i>
07.00 - 07.20 pm	Memantine Use In Child Psychiatry	Prof. Heba Hamed Elshahawi Professor of Psychiatry, Ain Shams University	Egypt
07.20-07.40 pm	Adherence to Medical regimen –A nation-wide study from the Children’s Cancer Hospital in Egypt	Dr Hanan El Malla Clinical psychologist/ PhD Sahlgrenska University Hospital/Göteborg Uni. – Sweden	Sweden
07.40 08.00 pm	Is Parental Age a Risk factor of Mental Retardation among their Children?	Prof. Ehsan Mahmoud Fahmy Professor of psychiatry King Khaled University, Abha	K.S.A.
08.00 08.20 pm	Expanding Role Of Pharmacist In Child Psychiatry	Dr. Khalaf Ali AL-Jumah Pharmacy Director Al-Amal Hospital Riyadh	K.S.A.
08.20-08.30 pm Al Isha Prayer			

SESSION (10)

<i>Time</i>	<i>Program</i>	<i>Lecturer Name</i>	<i>Country</i>
08.30 - 09.00 pm	The diagnosis & treatment of schizophrenia, where are we now and what next?	Dr. Rafat Aloweisi Consultant Psychiatrist, Head of department of psychiatry Prince Sultan HC, Riyadh	K.S.A.
09.00 09.30 pm	Overview on Clinical Effectiveness of Amisulpride	Prof. Tarek Asaad Professor of Psychiatry, Ain Shams University	K.S.A.
09.30 10.00 pm	Optimizing treatment for patients with Schizophrenia	Prof. Afaf Hamed Khalil Professor of Psychiatry-Ain Shams University, Cairo, Egypt	Egypt
10.00-10.30 pm	Do we have a Broad Spectrum Psychotropic	Prof. Ahmed Okasha Professor of Psychiatry, President of Egyptian Psychiatric Association, Past President WPA	Egypt

Saturday 19 April, 2014

SESSION (11)

Clinical Perspectives in Schizophrenia

Time	Program	Lecturer Name	Country
9.00- 9.20 am	Role of stigma in the perception of QoL for people with schizophrenia in Saudi Arabia	Dr. Amira Ali Essa Alshowkan Assistant Professor University of Dammam, College of Nursing	K.S.A.
9.20- 09.40 am	Schizophrenia Outreach in Larkano (SOUL) - demonstration project in the City of Larkano, Sindh Pakistan: Overview and preliminary findings	Prof. Safiullah Afghan, Consultant Psychiatrist, Dorothy Pattison Hospital UK	UK
09.40-10.00 am	DEPRESSIVE, ANXIETY AND SCHIZOPHRENIC PATIENTS: A STUDY OF GENDER DIFFERENCE IN ADOPTION OF EMOTIONAL AND PROBLEM FOCUSED COPING STRATEGIES	Prof. Seema Munaf Professor, Institute of Clinical Psychology, University of Karachi	PAKISTAN
10.00-10.20 am	EMERGING PSYCHOSES DUE TO CANNABINOID USE - CLOZAPINE AS A TOOL FOR EARLY INTERVENTION	Dr. M. Ishaque Sarhandi Assistant Professor Psychiatry, Sulaiman-Al-Rajhi Colleges, Bukyria, Qaseem, Kingdom Of Saudi Arabia	K.S.A.
10.20- 10.40 am	SPECIALIZED CARE FOR EARLY PSYCHOSIS	Dr. Noura Al-Faraj Md, Frcpc Assoc Cons, Psychiatry Kfshrc	K.S.A.

SESSION (12)

The Interface between Culture and Psychiatry

Time	Program	Lecturer Name	Country
10.50- 11.10 am	Impact of psychiatric clerkship on the attitude of medical students towards psychiatry at Hail university - Saudi Arabia	Dr. AHMAD KAMEL EL-AWADY Ass. Prof. of psychiatry – Alazhar university	K.S.A.
11.00-	RACE' AND CULTURE ISSUES IN MENTAL HEALTH &	DR. RANA QASIM HASSAN	K.S.A.

	THOUGHTS ON IDENTITY.	PSYCHIATRIST, KING'S COLLEGE, LONDON. ALNOOR SPECIALIST HOSPITAL, MAKKAH	
11.30-11.50 am	Integrating the Islamic concept of Hope and Sense of gratitude into Cognitive Behavior therapy; An introduction	Dr. SALAMI MUTIU OLAGOKE RAHMAOALLAH KHAN	Malaysia
11.50-12.10 pm	Mental Health Literacy: Public Knowledge and Attitude toward Mental Disorders	Dr. Amal Ibrahim Abd-Elfatah Khali Associate professor King Saud bin Abdul-Aziz university for health sciences-,NGHA, college of Nursing ,Jeddah	K.S.A.
12.10-12.30 pm	Role of Culture in clinical practice both in prevention & treatment: A systematic & comparative literature review.	Dr. Seema Irshad Ahmad Ass. Prof. College of Medicine, King Faisal Uni	K.S.A.
12.30-01.00 pm Coffee Break & Al Dohr Prayer			

SESSION (13)
Clinical Perspectives in Depression

Time	Program	Lecturer Name	Country
1.00-1.20 pm	Cognitive dysfunction as a complicating factor in depression treatment	Prof. Momtaz Abdel Wahab Professor of Psychiatry- Faculty of Medicine- Cairo Uni.	EGYPT
1.20-1.40 pm	Recent Update in the management of MDD	Dr. NASSER M. ALZAIN Consultant Psychiatrist Head of Local Committee of Psychiatry Training Program, Eastern Province	K.S.A.
1.40-2.00 pm	Does Depression Hold Your Breath?	Prof. Ahmed El-Missiry Regional Representative – the Royal College of Psychiatrists	UK
2.00-2.20 pm	Paternal stress, Anxiety and Depression during Postpartum Period	Dr AIDA JAFFAR DOCTOR, LECTURER / SPECIALIST	Malaysia

SESSION (14)
Dilemmas in Some Psychiatric Problems

Time	Program	Lecturer Name	Country
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04.00-04.20 pm	Issues, Diagnosis, and Management of Polytraumatic brain injury	Prof. Adel El Sheshai Professor of Psychiatry, Alexandria University	Egypt
04.20-04.40 pm	Psychological Therapy to Manage Obsessive Compulsive Disorder: A Case Study in Malaysia	Dr. Yasmin Othman Mydin Senior Lecturer and Counseling Psychologist Faculty of Medicine and Health Sciences, University Sains Islam Malaysia	Malaysia
04.40-05.00 pm	Is Consultation– Liaison Psychiatry Necessary or Luxury?	Dr. Alaa Farghaly Consultant Psychiatrist – Teaching hospitals –Cairo	EGYPT
05.00-05.20 pm	Understanding the biological basis of psychiatric diseases amongst Africans- Diagnostic and therapeutic prospects".	Dr. Ahmed A. Adedeji PhD, MPM, FAAPM Infection, Neuropsychiatric Diseases and Inflammation Research Group, Institute of Biomedical Research- KIU and Department of Pharmacology and Toxicology	Uganda

SESSION (15)

Highlights on Some Clinical Issues in Psychiatry

Time	Program	Lecturer Name	Country
05.20-05.40 pm	Effects of the transplantation of the immune cells treated with psychomodulators on the nervous system functional activity in recipients with behavioral disorders	Prof. Evgeniya Markova Head of Neuroimmunology Laboratory State Research Institute of Clinical Immunology Russian Academy of medical Sciences, Siberian Branch	Russia
05.40-06.00 pm	MANAGEMENT OF BEHAVIORAL DISORDERS IN CHILDREN AND ADOLESCENTS	Dr. Murad Bakht Assistant Clinical Professor, McMaster University, Hamilton, Ontario, and Consultant Child and Adolescent Psychiatrist, Brampton Civic Hospital	Canada
06.00-06.20 pm	Cyberbullying and Suicidality in Adolescents	Prof. Balkozar Adam Assistant Professor of Psychiatry, University of Missouri, Columbia	USA

MEET THE EXPERTS (1)

Information Technology in relation to Psychiatry

Time	Lecturer Name
06.45- 07.30 pm	<p>Chair person: Ass. Prof. Menan Abd El Maksoud Rabie</p> <p>Co- Chair person: Ass. Prof. Soheir El-Ghoneimy Assistant Prof. Marwa Soltan Lecturer Dr. Hanan El-Rassas</p>

Workshop Schedule -
Thursday 17-4-2014

Time	Program	Country
9:30 am 12:30 pm	<p>(2)</p> <p>resilience in the treatment of psychological disorders Dr. Rafat Al Owesie Consultant Psychiatrist / Head of Psychiatry and Psychology Department in Sultan Bin Abdul-Aziz Humanitarian City Nelly attar psychologist</p>	<p>(1)</p> <p>Stanford-binet Intelligence Scale – Fifth Edition Dr. Sharif Azzam consultant of psychology Dr. Erfan & Bagedo General Hospital - KSA</p>
1:30 pm 3:55 pm	<p>(4)</p> <p>البرنامج العلاجي لاضطراب الوسواس القهري (التعرض ومنع الاستجابة) Dr. Suad A. M. Al Beshar Assistant Professor Faculty of Basic Education psychology department</p>	<p>(3)</p> <p>Marital Counseling Prof. Dr. Tariq Habib Professor of psychiatry Motmaena Medical Center Trainin- Riyadh-Saudi Arabia Consultant Psychiatry, Department of health, Abu Dhabi UAE</p>
4:30 pm 6:50 pm	<p>(6)</p> <p>Reality Therapy Dr.Samira Abkr Assistant Professor of Mental Health – King Abdulaziz University kSA</p>	<p>(5)</p> <p>Relaxation therapy Dr. Intesar Alsaban Assistant Professor of Mental Health – King Abdulaziz University kSA</p>
7:20 pm 11:00 pm	<p>(8)</p> <p>الدور الوقائي للمتخصصين في الصحة النفسية (برنامج تدريبي) Dr. Abdulkarem Mustafa Ibrahim Prof. of Psychiatry Al- Azhar University - Consultant of psychiatry in Al-Bahrain</p>	<p>(7)</p> <p>Relaxation Therapy as Training as against emotional dysregulation and depression Dr Hanan El Malla Clinical psychologist/ PhD Sahlgrenska University Hospital/Göteborg University – Sweden</p>

Workshop Schedule -
Friday 18-4-2014

Time	Program	Country
2:00 pm 4:00 pm	(10) مهارة التعامل مع الطلاب في الصفوف الأولية بين البيت والمدرسة Mr. Abdulmohsen Al-mulhim Education Counseling Guidance Division-Dammam- KSA	(9) Slow Learner & Learning disabilities Dr. Sharif Azzam consultant of psychology Dr. Erfan & Bagedo General Hospital - KSA
4:30 pm 6:30 pm	(11) Dialectical Behavior Therapy(DBT) of Borderline personality disorder Dr. Mohamed Al Zahrani General Director of Al Amal Complex for Mental Health – Dammam, General Director of Mental Health Administration of Eastern Province Dr: Mahmoud Rashad Consultant Psychologist , Al Amal Complex for Mental Health – Dammam Ass professor , Clinical psychology , South valley university, Egypt.	
7:15 pm 9:15 pm	(13) اضطرابات القلق النفسي لدى الأطفال: الأسباب والعلاج Dr. Mosa Zaalah Consultant child psychiatry King Khalid University – Abha- KSA	(12) Behavioral Activation Dr. Meshal Khalid ALaqeel Assistant Professor and Consultant of Psychiatry and Psychotherapy – King Abdulaziz Medical City , Riyadh Dr. Ahmad AlHadi Assistant Professor and Consultant of Psychiatry and Psychotherapy - College of medicine, King Saud University
9:30 pm 11:30 pm	(15) CBT with religious content in treating depression Dr. Mohamed Omar Salem consultant Psychiatrist Al-Ahli Hospital - Doha - Qatar	(14) Sex addiction Dr. Ahmed Hafiz Consultant of psychiatry, Director Mental Health Madina – KSA

Workshop Schedule -
Saturday 19-4-2014

Time	Program	Country
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<p>8:00 am 10:00 am</p>	<p>(17) Interpersonal and Social Rhythm Therapy: An Overview Dr Mohammad Al-Yousef Consultant Psychiatrist Head of the In-ppts psychiatric ser- vices , KKHU , Riyadh</p>	<p>(16) The Most Affective Behavior Modification Techniques for ADHD Dr. Muna Higazy Bakheet Senior Enior Psychologist Prince Sultan Bin Abdulaziz Humanitarian City</p>
<p>10:00 am 12:00 pm</p>	<p>(19) Critical Incidents Stress Manage- ment (CISM) In Sexual Assault Dr. M Khalidoun Marwa Consultant Psychiatrist ,KFMC, Riyadh SA</p>	<p>(18) Personal and Social Performance (PSP) Scale Dr. Mohamed Al Zahrani Consultant of Psychology, General Director of Al Amal Complex for Mental Health – Dammam - KSA - Prof. Dr. Mahmoud Rashad Ass.t Prof. of Clinical psychologist , Al Amal Complex for Mental Health – Dammam- KSA Prof Yasser Abd Razeq Prof , Psychiatry , Ain Shams university, Egypt</p>
<p>1:10 pm 3:00 pm</p>	<p>(21) Improve skills to assess and man- age suicide risk Prof. Safiullah Afghan, Consultant Psychiatrist, Dorothy Pattison Hospital, Walsall WS2 9XH UK & SOUL Project Lead,</p>	<p>(20) A New Comprehensive Perspective on childhood and adolescent Eating disorders; Assessment and Treatment challenges Prof. Heba essawy Prof. of Psychiatry Faculty of Medicine – Ain Shams Uni. Dr. Ramy riad ali Lecturer -Ain Shams University</p>
<p>4:10 pm 6:00 pm</p>	<p>(23) Domestic violence: Training on assessment tools and identification of domestic violence Prof. Abeer Mahmoud Eissa Prof. of Psychiatry Faculty of Medi- cine – Ain Shams University Dr.nivert zaki Prof. of Psychiatry Faculty of Medi- cine – Ain Shams University Dr. doaa hamed Ass.Prof. of Psychiatry Faculty of Medicine – Ain Shams University</p>	<p>(22) Acceptance and commitment Therapy for (ACT) Depression Workshop Dr. Ahmad Al-Hadi, MD Assistant Professor and Consultant in Psy- chiatry and Psychotherapy Dr. Fahad Al-Osaimi, MD Assistant Professor and Consultant in Psy- chiatry and Psychosomatic medicine</p>