



FACULTY OF EDUCATION AND LANGUAGES

HBEC4103 Safety, Health and Nutrition in Early Childhood Education

First Edition (April 2013)







FACULTY OF EDUCATION AND LANGUAGES

STUDY GUIDE

HBEC4103 Safety, Health and **Nutrition in Early Childhood** Education

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Developed by:

Centre for Instructional Design and Technology

Open University Malaysia

First Edition, April 2013

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INTRODUCTION TO STUDY GUIDE

This Study Guide is intended for Open University Malaysia's **HBEC4103 Safety, Health and Nutrition in Early Childhood Education** course. It comes in TWO parts, as described below:

Part One comprises the **Course Introduction**, which gives you an overview of the course. More specifically, it provides you with the course synopsis, objectives, learning outcomes and study load. There is a brief description of the main textbook(s), which you must read to fulfil the course requirements. There is also a list of additional reading references. You are encouraged to go into myVLE to check out the assessment, assignment and final examination formats.

Part Two comprises the **Learning Guide**. This starts with an overview, a recommended weekly study schedule to guide your learning process, and a brief description of the various elements in the Learning Guide. There is also a list of topics to be covered. For each topic, you are given the specific learning outcomes, a topic overview and a listing of the focus areas, together with assigned readings and the pages where information on the focus areas is found. To consolidate your learning and test your understanding, a summary of the main content covered and study questions are provided at the end of each topic.

Finally, there are two appendices, **Learning Support** and **Study Tips**, to help you walk through the course successfully.

Please read through this Study Guide before you commence your course. We wish you a pleasant study experience.

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