SHAS Mosque

Monthly Bulletin of SHAS Mosque Issue 003 Jumadah -Akhira 1433/ May 2012





Office of the Rector

HUM CODE OF

INTEGRITY (ISTIQAMAH)

"إن الله يحب إذا عمل أحدكم

عملا أن يتقنه" (الحدث)

"Surely Allah loves that if one of you does any work, he does it with itgan (perfectly/diligently)."

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Your small contribution to mosque is great in the side of Allah, Serving mosque get you closer to Jannah. Spreading Salam among Muslim, strengthens your love of brotherhood



HEALTHY HEART



Dr. Mustafa Omar Mohammed, Asst. Prof. KENMS

"The Day when there will not benefit [anyone] wealth or children But only one who comes to Allah with a sound heart." [26: 88-89]

A healthy heart is said to be that heart which is refined from any passion that provokes what Allah commands, or disputes what Allah forbids. It is free from any impulses which contradict His good. As a result, it is shielded against the worship of any other than Him, and seeks the judgment of no other except that of Allah and His Messenger (PBUH).

It's (the sound heart) dispenses are exclusively reserved for Allah, willingly and lovingly, with total reliance, relating all matters to Him, in hope, fear and sincere dedication. When it loves, its love is in the way of Allah. If it abhors, it abhors in the light of what He abhors. When it gives, it gives for Allah. If it restrains, it restrains for Allah. Nevertheless, all this will not suffice for its salvation till it is free from following, or taking as its guide, anyone other than His Messenger (PBUH).

A believer with a healthy heart must dedicate it to its journey's end and not base his actions and speech on those of any person except Allah's Messenger (PBUH). He must not give preference to any other faith or words or deeds over those of Allah and His Messenger, (PBUH).

Signs of a healthy heart.

For the heart to be healthy, it should aim and focus on the next life, and then settle there as if it were one of its people; it only came to this life as a passer-by, taking whatever provisions it needed and then returning home. As the Prophet, may Allah bless him and grant him peace, said to Abdullah ibn Umar, "Be in this world as if you were a stranger or a passer-by." The more the heart is infected with diseases, the more it desires this temporary world; it inhabits in it until it becomes like one of its people.

The healthy heart continues to irritate its owner until he returns to Allah, and is at peace with Him, and joins Him, like a lover driven by compulsion who finally reaches his beloved. Besides his love for Him he needs no other, and after invoking Him no other invocations are needed. Serving Him prevents the need to serve any other.

If this heart fails to get its share of reciting the Qur'an and invoking Allah, or completing one of the prescribed acts of worship, then its owner remains handicapped and suffers more distress than a cautious man who suffers because of the loss of money or a missed opportunity to make it. It longs to serve, just as a famished person longs for food and drink.

Yahya ibn Mu'adh said: "Whoever is pleased with serving Allah, everything will دواء القلوب be pleased to serve him; and whoever finds pleasure in contemplating Allah, all the people will find pleasure in contemplating him." قال الله تعالم: This heart has only one task: that all its actions, and its inner thoughts and utterances, are submissive to Allah. It is الَّذِينَ آمَنُواْ وَتَطْمَئِنُ قُلُوبُهُم more careful with its time than the meanest people are with their money, so that it will بذِكْرِ اللهُ اَلاَ بذِكْرِ اللَّهُ تَطُّمَئِنُ الْقُلُوبِ not be spent wastefully. When it enters into the prayer, all its worldly worries and anxieties vanish and it finds its comfort and bliss in adoring its Lord. It does not cease to mention Allah, nor tire of serving Him, and it finds intimate company with no-one save a person who (الرعد: ۲۸) guides it to Allah and reminds it to Him.