



Scopus

Search Sources SciVal

Back

Empowering Choices: A Review of Family Planning and Contraceptives

Malaysian Journal of Qualitative Research • Article • 2025 • DOI: 10.61211/mjqr110208
Rashid, Nor'Ain A. ^a ; Ravi, Jezreen Syaza Muhammad Rafi ^b ; Othman, Hamidah ^c ; Jamil, Nurul Akma ^d ; Muhammed, Auwalu ^e
^a Department of Critical Care Nursing, Kulliyyah of Nursing, International Islamic University Malaysia, Pahang, Kuantan, 25200, Malaysia

Show all information

Full text Export Save to list

Document Impact Cited by (0) References (53) Similar documents

Abstract

Family planning is crucial and offers benefits for individuals, families, and society. The use of contraceptive methods is key to promoting good health, addressing population growth, and meeting reproductive health needs. Sociodemographic factors often influence knowledge and practices surrounding family planning. This article reviews previous studies on women's family planning and contraceptive use, discussing knowledge, attitudes, and behaviours, and evaluating the relationship between sociodemographic factors. It integrates findings from previous research and highlights issues. The online search for nursing and medical journals published between 2018 and 2023, as well as the library databases, was accessed through electronic databases. The studies were critically appraised using the JBI Critical Appraisal Tool for Analytical Cross-Sectional Studies. The studies included were critically appraised for quality. There were 40 studies in this review. The findings were synthesized by organizing the studies based on common themes, objectives, and patterns. Four main themes emerged regarding family planning and contraception: Knowledge, Attitude, Practice, and the relationship between sociodemographic characteristics and knowledge, attitude, and practice. The review concludes by emphasizing the importance of understanding the sociodemographic factors influencing family planning and contraceptive use. Numerous factors, such as financial situation, age, occupation, ethnicity, religion, and level of education, all have a significant impact on this issue. Therefore, healthcare professionals and policymakers must collaborate to develop interventions

0

Citations

Detailed information

Bibliographic information

Document type	Article
DOI	10.61211/mjqr110208
EID	2-s2.0-10502536082
Original language	English
Publication date	November 2025
PubMed ID	
Source type	Journal
ISSN	18238521
Publisher	Qualitative Research Association of Malaysia (QRAM)
Publication year	2025
Source title	Malaysian Journal of Qualitative Research
Volume	11
Issue	2
Pages	237 - 265

Authors (5)

- Rashid, Nor'Ain A. ^a
- Ravi, Jezreen Syaza Muhammad Rafi ^b
- Othman, Hamidah ^c