

WAN FATEIN NABEILA BT WAN OMAR  
NURUL NAJIHAH BINTI MOHD SYAHRIN  
NOR FATIN MARDHIAH BINTI HAMID

*Editors*

# Healing Civilisation

*Ethics and Medicine Across Time*



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BY:

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THIS E-BOOK IS WRITTEN BY MUHAMMAD FARIS BIN MUSTAKIM, HAIDHARUL ANEEQ BIN HAIRULANAM, MUHAMMAD DANISH ZULKARNAIN BIN MOHD AIDIL, MUHAMMAD FARIZWAN BIN MUHAMAD NORA, MUHAMMAD FARIS IQBAL BIN ISMAIL, MUHAMMAD HAZEEM BIN NORAZMI, LUQMAN ALI IMRAN BIN SHARI, MUHAMMAD NAFIZ BIN SALAMON ALI RIZAL, IMRAN HAKIM BIN MOHD ROMZI, NUR FARHIDAYAH BINTI JAIN, FARAH NUR A'LIA BINTI KHAIRUL SALEH, NIK NATASHA ALIA BINTI NIK ZAINAL ABIDIN, ZAIREEN ZUHAYRA BINTI ZAILANI, NURUL NAJIAH BINTI MOHD SYAHRIN, AQILAH SOFIA BINTI SAUFI, FATIN NATASHA BINTI SAZALI, RAIHAN RUSYDINA BT AHMAD SHAHIR, NUR ALIYAH AMIRAH BINTI MUHAMMAD FATHIL, IZYN QISTINA BINTI ZULKIFFLEE, NUR ALLYZA BINTI ZULLKEFLE MOHAMAD, FATIN SYAMIMI BISYARAH BINTI SYED NASIR, IMAN KHADIJAH BINTI NORHASHIMI, NOR FATIN MARDHIAH BINTI HAMID AND WAN FATEIN NABEILA BT WAN OMAR, Kuantan, Pahang and PUBLISHED BY MALAYSIAN INTEGRATED MEDICAL PROFESSIONALS ASSOCIATION (MIMPA). ALL RIGHTS RESERVED. REPRODUCTION OF ANY PART OF THIS WRITING IS NOT PERMITTED IN ANY FORM AND ANY MANNER WHETHER ELECTRONIC, PHOTOCOPYING, RECORDING, OR OTHER FORMS WITHOUT THE AUTHOR'S PERMISSION. RESELLING OR MODIFICATION OF THIS BOOK WITHOUT THE AUTHOR'S PERMISSION IS NOT ALLOWED. THE AUTHOR IS NOT RESPONSIBLE FOR THE SUITABILITY OF CONTENTS TO ALL READERS.

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# PREFACE

The Kulliyyah of Medicine IIUM brings in a learning session called as IIMP Seminar where it becomes a way for students to be exposed with Islamic knowledge and information. Students conducted independent research and critical analysis under the guidance of a lecturer, then presented their findings using their own creativity through seminar presentation as part of the curriculum.

Islamic Input in Medical Practice (IIMP) Seminar cover topics that are varied and not necessarily related to medicine. This session is conducted by collaboration efforts of Year 1 PBL Group 4 and 5 2024/2025 students during Phase I of their MBBS curriculum.

This e-book is based on the topic “Civilisation in Medicine”, in which it discusses how the field of medicine developed throughout the periods by various prominent figures. It also discusses medical ethics that had been the core in medicine.

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# CONCLUSION

Our journey through the history of medicine reveals a profound evolution in humanity's relationship with health. This historical evolution is central to understanding civilisation itself. We began in ancient times, where illness was often seen as a divine punishment, and healing was the domain of priests. Yet, even then, the crucial seeds of prevention and holistic care were sown.

The true turning point was the systematic documentation and propagation of knowledge, which allowed medicine to grow beyond local superstition. This practice reached a zenith during the Islamic Golden Age, where scholars did not merely preserve ancient texts but refined them, making groundbreaking discoveries. More importantly, they wove ethical principles into the fabric of healthcare, creating a sustainable model of public health and medical education that recognized the well-being of the community as a moral duty.

This history is not a relic; it is a roadmap. To "heal civilisation" in our own time—facing pandemics, health inequities, and ethical dilemmas posed by new technologies—we must heed the lessons of our past. The call is the same: to seek knowledge rigorously, document it faithfully, and propagate it universally, all while anchoring our progress in a strong ethical foundation. The legacy left by centuries of healers and scholars is not just a collection of facts, but a charge to continue building a world where health and justice are inseparable. Our future well-being depends on our willingness to learn from this enduring wisdom.



# KEY TAKEAWAYS



The history matters. Each era was built upon the previous one.



Medicine has evolved over time from being heavily spiritual to today's evidence-based and ethically-grounded medical practices.



In this present day, all of us must play an important role of continuing the legacy of the scholars for the betterment of the future.

