APPROACH to ORTHOPAEDIC TRAUMA and LIMB RECONSTRUCTIVE SURGERY

NAZRI MOHD YUSOF



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Figures	xiii
Tables	xxi
Preface	xxiii
Acknowledgements	xxv
Introduction	xxvii
Abbreviations	xxix
CHAPTER 1: BASIC SCIENCE INMUSCULOSKELETAL TRAUMA	1
Introduction	1
Haemostasis	1
Inflammation	2
Skin Anatomy	3
Wound Healing	5
Bone Anatomy	6
Bone Biology	8
Fracture Healing	9
Distraction Osteogenesis	12
Osteoporosis	15
Calcium Metabolism	16
Islamic Input – The Wonders of Creation	17
Case Discussion	19
CHAPTER 2: SYSTEMIC EFFECT OF TRAUM	IA 21
Introduction to Trauma	21
Death from Trauma	25
Metabolic Response to Trauma	26
Hypovolemic Shock	28

Fat embolism Syndrome	29
Systemic Inflammatory Response Syndrome	-
(SIRS)	29
Mangled Extremity	32
Crush Syndrome	33
Polytrauma	33
Damage Control Orthopaedic	38
Islamic Input – Principles of Shariah Law	38
Case Discussion	39
CHAPTER 3: SOFT TISSUE INJURY	45
Introduction	45
The Importance of Soft Tissue in Orthopaedic	45
Minimal Invasive Surgery	47
Management of Soft Tissue Injury	48
Assessment	49
Treatment	50
Complication	53
Compartment Syndrome	53
Open Fracture	53 54
The Perforators Flap	60
Gastrocnemius Flap	63
Gastrocnemius Musculocutaneous Flap	64
Sural Flap	
Islamic Input – Exception in Difficult Situation	65
Case Discussion	68 68
GTV 1 To The Control of the Control	-
CHAPTER 4: FRACTURES	73
Introduction	73
Principles Management of Fracture	74

29	Treatment Option	77
	Plaster of Paris	78
29	Fracture Region	
32	Metaphyseal	79
33	Intra Articular	79
33	Diaphyseal	81
38	Type of Fracture Fixation	
38	Wire and Screws	81
39	Plate Osteosynthesis	82
	Intramedullary Nai	82
5	External Fixator	83
5	Fractures in Children	85
5 7	Fracture in Elderly	91
7	Multiple Fractures	93
3	Islamic Input – Benefit of Prayer	94
)	Case Discussion	95
	As a second seco	
	CHAPTER 5: LATE COMPLICATIONS OF	
	FRACTURE	99
	Introduction	99
	Non-Union	99
	Assessment	100
	Management	104
	Bone Graft	107
	Property	111
	Types	
- 1	Bone Transport	112
	Distraction Osteogenesis	112
	Docking Site	113
	Malunion and Deformity	114

	Clinical Assessment	116
	Radiological Assessment	116
	Mechanical and Anatomical Axis	118
	Management	119
	Rules of Osteotomy	120
	Joint Stiffness	123
	Islamic Input – Informed Consent	124
	Case Discussion	125
C	HAPTER 6: FRACTURE RELATED	
No.	NFECTION	130
	Introduction	130
	Biofilm	130
	Microbiological Sampling	133
	Post-Traumatic Osteomyelitis	133
	Assessment	134
	Management	139
	Infection Following Internal Fixation	146
	Islamic Input – Certainty	149
	Case Discussion	150
C	HAPTER 7: EXTERNAL FIXATION	155
	Introduction	155
	History of External Fixation	155
٧	Biomechanic of External Fixation	156
	Types of External Fixation	160
	Complication of External Fixation	161
	Preparation Before Applying External Fixation	162
	Safe Corridor for Wire Fixation	164
	Steps in Applying Circular External Fixation	165

116	Steps in Performing Osteotomy	170
116	Exercise While on External Fixation	171
118	Steps in Applying the Monorail External Fixation	174
119	Islamic Input - Professionalism	178
120	Case Discussion	179
123		
124	CHAPTER 8: APPROACH TO ASSESSMENT	
125	OF DEFORMITY	181
	Introduction	181
	History Taking	181
130	Making a Diagnosis	184
130	Physical Examination	184
130	Islamic Input – Holistic Care	190
133		
33	References	197
34	Index	203
20		

PREFACE

This book aims to give an overview of fractures, their complication and management. It starts with understanding the basic science of the musculoskeletal system. The chapter on the management of fracture is only discussed after the systemic effect of trauma and soft tissue injury because these two systems must be managed properly first to ensure the survival of the patients and prevent fracture-related complications.

I have also included clinical and radiographic images of cases that I encountered during my practice at Hospital Tengku Ampuan Afzan Kuantan and Sultan Haji Ahmad Shah Medical Centre (SASMEC) @ IIUM to illustrate important points.

Case discussion at the end of every chapter aims to help the readers understand the application of the knowledge. The short notes question aims to help readers reflect on what they have learned from the chapter.

At the end of this book, chapters on the clinical methods of approach to patients with trauma complications and the basic technique of applying external fixators are discussed. These topics are mainly for postgraduate orthopaedic master's students who are doing the Advanced Trauma and Limb Reconstructive Surgery (ATLRS) rotation.

Last but not least, the Islamic Input section is for readers to apply Islamic teaching that is related to each chapter topic. This will help readers to integrate Islamic teaching into their study and improve patient care.

INDEX

A

abbreviated injury scale 34 allograft 110 anabolic phase 26 anatomy 7, 47, 50-51

B

bioactive 110-111
biocompatible 111
biodegradable 111, 143
biofilm 130-131
biomechanic of external fixator
156
bone graft 60, 104, 106-111, 113,
128, 142-143
bone growth 7
bone reconstruction 46, 60, 83,
439-140
bone transport 19, 48, 67, 83,
99, 106, 113, 143-145, 160,
162-163, 169, 180, 198

C

catabolic phase 26
chain of survival 35
compartment syndrome 27, 53
complications of external fixation
161
component of external fixator 156
consolidation phase 14
creeping substitution 108-109
crush syndrome 27, 33

D

damage control orthopaedic 31 dead space 137, 139, 142, 144 definitive wound closure 52 delayed union 88, 126 diaphyseal 81 direct healing 11-12 distraction osteogenesis 12, 112 distraction phase 14, 112-113 docking site 113 dressing 43, 51, 68, 174

E

ebb phase 26 exercise while on ilizarov external fixator 171 external fixator 83, 155-156, 171

F

fat embolism syndrome viii flap 47, 52, 60, 63-65, 104 fracture fixation 79, 81 fracture in children 85 fracture in elderly 91 fracture related infection 130

G

galleazi's test 186 gap healing 12 gastrocnemius flap 63 gastrocnemius muscle 63-64, 151 gastrocnemius musculocutaneous flap 64

INDEX

growth plate injury 86 growth plate (physis) 86 gustilo anderson open fracture classification

H

hard callus 9 hemostasis 6 history of external fixation 155 hypovolemic shock 25, 44, 93

I

infection following internal fixation 146
inflammation 2, 29
intra articular
intramedullary nail 58, 79, 81-82,
103, 198
ischaemic reperfusion injury (iri)
33

Carpenter.

joint stiffness 79, 85, 88, 122-123, 143, 171, 183

L

latent phase 13 limb damage control orthopaedic 85 limb length discrepancy 116, 163, 182, 186 local antibiotic 141-142

M

mal-union 45, 58, 88-89, 117, 124, 143, 182, 184, 193 mechanical axis 116, 188, 193 mechanical environment 12, 74, 105 metaphyseal region 79 microbiological sampling 133 minimal invasive surgery 47 modelling 9 multiple fractures 29, 44, 88 musculoskeletal unit 73

N

non-union 16, 45, 57-58, 82-83, 88, 89, 91, 100-102, 104, 113, 129, 138-139, 143-144, 148, 154, 184, 189, 195

0

open fracture 19, 28, 37, 39, 45, 53-58, 62, 68-69, 70, 85, 102, 133, 135, 148, 150, 183, 191 osseointegration 111 osteoconduction 107 osteogenic 108-109 osteoinduction 108-109, 111 osteoporosis 15, 91 osteotomy 121

P

perforators flap 60 perforators supplying the sural nerve flap 66 pin site care 82, 162 plaster of paris (pop) 78 plate osteosynthesis 82 polytrauma 29, 34, 36-39, 88 prehospital care 35, 198 pseudoarthrosis 102

R

remodelling 9 rules of osteotomy 120

ς

safe corridors 164, 201 segmental bone defect skin 1, 3, 4, 16, 45-48, 50, 52, 55, 59, 60-67, 73, 79, 82, 89, 104-105, 113, 130, 155, 186 soft callus 9, 13, 112 soft tissue injury 45-67

T

trabecular bone 15 trauma team 35, 36 tscherne and oestern classification 46 types 78, 84, 99, 101, 160, 163 \mathbb{V}

vitamin d 17, 48, 91

W

wire and screws 81 woven bone 9, 10

APPROACH to ORTHOPAEDIC TRAUMA and LIMB RECONSTRUCTIVE SURGERY

This book offers a comprehensive overview of the basic science and principles in managing orthopedic trauma, with a distinctive approach to understanding and treating trauma-related conditions. It begins with foundational concepts, including systemic impacts of trauma and national statistics, followed by the essential management of soft tissue injuries—highlighting their crucial role in successful fracture treatment. Fracture management is discussed through and classification. with detailed emphasis complications, particularly fracture-related infections. A dedicated chapter explores surgical techniques using external fixators, the most common implants in acute trauma. The book concludes with clinical methods for addressing late trauma complications. Each chapter also integrates Islamic perspectives relevant to the topic. offering a holistic educational experience.

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