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Prophetic Model of Islamic Spiritual Care from Muslim Professional Practitioners' Perspectives: A Systematic Review within the Tibb Nabawi Genre

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Abstract

This study conducts a systematic literature review (SLR) to identify themes of Islamic spiritual care (ISC) within the literature of Muslim practitioners and their equivalent in Tibb Nabawi (TN) genre, by examining the hadiths used to derive a Prophetic framework for Islamic spiritual care. Reviewing 18 selected sources, this study adheres to PRISMA guidelines and employs the PICO framework to explore the Prophetic model from professional practitioners' perspectives. Findings indicate the use of approximately 75 hadiths across 16 sub-themes, with 14 of them aligning with Tibb Nabawi genre, highlighting the significance of hadith in Islamic spiritual care. The study recommends further research to develop a comprehensive Prophetic framework by incorporating the element of physical medication, in addition to integrating all relevant hadiths and elements of tasawuf, offering a holistic approach to Islamic spiritual care. This research is a pioneering SLR in integrating ISC with TN. © IIUM Press

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