

Healing Minds:

Integrating Psychological Strategies into Patient Care


We Listen and
We Don't
Judge »

Every patient
deserve
proper
treatments 



Aisyah Amalina Zaidi
Nik Amalin Aisyah Puteri Nik Mohd Rosmizan
Wan Qyaira Hanna Wan Mohd Azilah
Imran Hakim Mohd Romzi
Muhammad Hazeem Norazmi
Nur Nashwa 'Afeefah Mahamad Jawaz
Dr Hidayatul Radziah Ismawi

IUM MBBS SEMINAR SERIES

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Published by:

Malaysian Integrated Medical Professionals
Association

(MIMPA)

No15, 1st Floor, Block H, Ruang Singgahmata 4,
Asia City, P.O. Box 16125,
88869 Kota Kinabalu, Sabah

e ISBN 978-629-99535-4-8



9 786299 953548

PREFACE

The IIUM MBBS SEMINAR SERIES are e-books based on Phase 1 Kulliyyah of Medicine, IIUM, MBBS student seminar presentations. As part of the curriculum, all students are required to present one seminar. Topics covered are varied and not necessarily related to medicine.

This e-book explores the integration of psychological strategies into patient care, highlighting their role in enhancing health outcomes and strengthening the patient–doctor relationship. It discusses key approaches such as cognitive behavioural therapy (CBT), empathy, and motivational interviewing, presenting them in a practical and accessible manner for healthcare learners. In addition, the book touches upon Islamic perspectives on healing, emphasising the spiritual dimensions of patient well-being alongside medical treatment.

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