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Navigating Opportunities, Challenges, and Ethical Considerations of Artificial Intelligence in Shaping Family Life

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Abstract

Artificial Intelligence (AI) has become an integral part of modern family life, offering both opportunities and challenges. This paper explores the dual impact of AI on families, highlighting its potential benefits while addressing associated concerns. AI enhances convenience through virtual assistants, smart home security, and automation, reducing household burdens and improving daily efficiency. Educational AI applications provide personalized learning, while health-monitoring technologies contribute to family well-being. Additionally, AI-driven financial management tools and communication platforms facilitate budgeting and global connectivity, fostering better work-life balance and strengthening familial bonds. Despite these advantages, AI presents significant challenges that families must navigate. Future research should focus on developing ethical

frameworks and policies to ensure AI supports, rather than disrupts, the dynamics of family life. © 2026, IGI Global Scientific Publishing.

Indexed keywords

Engineering controlled terms

Artificial intelligence; Automation; Ethical technology; Intelligent buildings; Smart homes

Engineering uncontrolled terms

Ethical considerations; Family life; Health monitoring; Home automation; Home security; Integral part; Personalized learning; Potential benefits; Smart homes; Virtual assistants

Engineering main heading

Budget control

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