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Biological Roles of Selected microRNAs in Glucose Metabolism as a Candidate Biomarker for Diabetes Mellitus

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Abstract

Type 2 diabetes mellitus (T2DM) is a medical disorder characterized by high blood sugar levels resulting from a lack of insulin caused by impaired activity of β -cells and/or the inability of insulin to efficiently transport glucose from the bloodstream into cells, a condition referred to as insulin resistance. This occurs not only in insulin-sensitive tissues such as muscles, adipose tissue, and the liver, but also in the gastrointestinal tract, which may be caused by a defect in the insulin signaling pathway. MicroRNAs (miRNAs) are RNA molecules that do not code for proteins and play a role in multiple pathways. Several studies have suggested that specific miRNAs could potentially be used as biomarkers for diagnosing diabetes. These miRNAs regulate the formation of pancreatic islets, the differentiation of β -cells, the secretion of insulin, and the control of glucose metabolism. miRNA-mediated pathways are associated with human genetic illnesses resulting from mutations in the maturation process of miRNAs. The changes in miRNAs impact their ability to bind to mRNA targets, hence modifying gene expression. This review provides a concise overview of the latest studies investigating the correlation between miRNA expression and the regulation of glucose levels in cases of β -cell malfunction and insulin resistance. © 2025 Wiley-VCH GmbH.

Author keywords

diabetes; gene expression; insulin; microRNA; β -cells

Indexed keywords

MeSH

Animals; Biomarkers; Diabetes Mellitus, Type 2; Glucose; Humans; Insulin; Insulin Resistance; Insulin-Secreting Cells; MicroRNAs

EMTREE drug terms

biological marker; glucose; insulin; messenger RNA; microRNA; biological marker; insulin

EMTREE medical terms

adipose tissue; B lymphocyte; cell differentiation; diabetes mellitus; gastrointestinal tract; gene expression; glucose blood level; glucose metabolism; human; insulin resistance; insulin signaling; modifier gene; non insulin dependent diabetes mellitus; nonhuman; pancreas islet; review; animal; blood; diagnosis; genetics; metabolism; non insulin dependent diabetes mellitus; pancreas islet beta cell; physiology

Chemicals and CAS Registry Numbers

Unique identifiers assigned by the Chemical Abstracts Service (CAS) to ensure accurate identification and tracking of chemicals across scientific literature.

glucose	50-99-7, 84778-64-3, 8027-56-3
insulin	9004-10-8
Biomarkers	

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