



## Documents

Zúñiga, C.<sup>a</sup>, Agostini, M.<sup>b</sup>, Louis, W.R.<sup>c</sup>, Lemay, E.P., Jr.<sup>d</sup>, Bélanger, J.J.<sup>e</sup>, Gützkow, B.<sup>b</sup>, Jeronimus, B.F.<sup>b</sup>, Kreienkamp, J.<sup>b</sup>, vanDellen, M.R.<sup>f</sup>, Abakoumkin, G.<sup>g</sup>, Khaiyom, J.H.A.<sup>h</sup>, Ahmed, V.<sup>i</sup>, Akkas, H.<sup>j</sup>, Almenara, C.A.<sup>k</sup>, Atta, M.<sup>l</sup>, Bagci, S.C.<sup>m</sup>, Basel, S.<sup>n</sup>, Kida, E.B.<sup>i</sup>, Bernardo, A.B.I.<sup>o</sup>, Buttrick, N.R.<sup>p</sup>, Chobhamkit, P.<sup>q</sup>, Choi, H.-S.<sup>r</sup>, Cristea, M.<sup>s</sup>, Csaba, S.<sup>t</sup>, Damnjanović, K.<sup>u</sup>, Danyliuk, I.<sup>v</sup>, Dash, A.<sup>w</sup>, Santo, D.D.<sup>x</sup>, Douglas, K.M.<sup>y</sup>, Enea, V.<sup>z</sup>, Faller, D.G.<sup>aa</sup>, Fitzsimons, G.<sup>ab</sup>, Gheorghiu, A.<sup>z</sup>, Gómez, Á.<sup>ac</sup>, Hamadia, A.<sup>ad</sup>, Han, Q.<sup>ae</sup>, Helmy, M.<sup>af</sup>, Hudiyana, J.<sup>ag</sup>, Jiang, D.-Y.<sup>ah</sup>, Jovanović, V.<sup>ai</sup>, Kamenov, Ž.<sup>aj</sup>, Kende, A.<sup>t</sup>, Keng, S.-L.<sup>ak</sup>, Kieu, T.T.T.<sup>al</sup>, Koc, Y.<sup>b</sup>, Kovayazina, K.<sup>am</sup>, Krause, J.<sup>b</sup>, Kruglanski, A.W.<sup>d</sup>, Kurapov, A.<sup>t</sup>, Lantos, N.A.<sup>t</sup>, Lesmana, C.B.J.<sup>an</sup>, Lueders, A.<sup>ao</sup>, Malik, N.I.<sup>l</sup>, Martinez, A.<sup>ap</sup>, McCabe, K.O.<sup>aq</sup>, Milla, M.N.<sup>ag</sup>, Molinario, E.<sup>ar</sup>, Moyano, M.<sup>as</sup>, Muhammad, H.<sup>at</sup>, Mula, S.<sup>x</sup>, Muluk, H.<sup>ag</sup>, Myroniuk, S.<sup>au</sup>, Najafi, R.<sup>av</sup>, Nisa, C.F.<sup>aw</sup>, Nyúl, B.<sup>t</sup>, O'Keefe, P.A.<sup>ax</sup>, Osuna, J.J.O.<sup>ay</sup>, Osin, E.N.<sup>az</sup>, Park, J.<sup>ba</sup>, Pica, G.<sup>bb</sup>, Pierro, A.<sup>bc</sup>, Rees, J.<sup>b</sup>, Reitsema, A.M.<sup>b</sup>, Resta, E.<sup>x</sup>, Rullo, M.<sup>bd</sup>, Ryan, M.K.<sup>be</sup>, Santtila, P.<sup>bf</sup>, Schumpe, B.M.<sup>bg</sup>, Selim, H.A.<sup>bh</sup>, Stanton, M.V.<sup>bi</sup>, Sutton, R.M.<sup>ap</sup>, Tseliou, E.<sup>g</sup>, Utsugi, A.<sup>bj</sup>, Van Lissa, C.J.<sup>bk</sup>, Van Veen, K.<sup>bk</sup>, Vázquez, A.<sup>ac</sup>, Wollast, R.<sup>bl</sup>, Yeung, V.W.-L.<sup>bm</sup>, Zand, S.<sup>bn</sup>, Žeželj, I.L.<sup>ai</sup>, Zheng, B.<sup>bo</sup>, Zick, A.<sup>bp</sup>, Leander, N.P.<sup>bq</sup>

**Prosociality During COVID-19: Pathways Through Affect, Financial Stress, Well-being, and Collective Disempowerment across 39 Countries [Prosocialidad durante COVID-19: Rutas a través del afecto, estrés financiero, bienestar y desempoderamiento colectivo en 39 países]**  
 (2024) *Universitas Psychologica*, 23, pp. 1-21.

DOI: 10.11144/JAVERIANA.UPSY23.PDCP

<sup>a</sup> Universidad de Chile, Chile

<sup>b</sup> University of Groningen, Netherlands

<sup>c</sup> University of Queensland, Australia

<sup>d</sup> University of Maryland, College Park, United States

<sup>e</sup> Carnegie Mellon University in, Qatar, Qatar

<sup>f</sup> Stephenson Cancer Center, University of Oklahoma Health Sciences, United States

<sup>g</sup> University of Thessaly, Greece

<sup>h</sup> International Islamic University Malaysia, Malaysia

<sup>i</sup> Pristine University, Serbia

<sup>j</sup> Ankara Science University, Turkey

<sup>k</sup> Universidad Peruana de Ciencias Aplicadas, Peru

<sup>l</sup> University of Sargodha, Pakistan

<sup>m</sup> Sabancı University, Turkey

<sup>n</sup> New York University, Abu Dhabi, United Arab Emirates

<sup>o</sup> De La Salle University, Philippines

<sup>p</sup> University of Virginia, United States

<sup>q</sup> Thammasat University, Thailand

<sup>r</sup> Sungkyunkwan University, South Korea

<sup>s</sup> Heriot Watt University, United Kingdom

<sup>t</sup> ELTE Eötvös Loránd University, Budapest, Hungary

<sup>u</sup> University of Belgrade, Serbia

<sup>v</sup> Taras Shevchenko National University of Kyiv, Ukraine

<sup>w</sup> Leuphana University of Lüneburg, Germany

<sup>x</sup> University "La Sapienza", Rome, Italy

<sup>y</sup> University of Kent, United Kingdom

<sup>z</sup> Alexandru Ioan Cuza University, Romania

<sup>aa</sup> National University of Singapore, Singapore

<sup>ab</sup> Duke University, United States

<sup>ac</sup> Universidad Nacional de Educación, Distancia, Spain

<sup>ad</sup> Mohamed Lamine Debaghine Setif 2 University, Algeria

<sup>ae</sup> University of Bristol, United Kingdom

<sup>af</sup> Sultan Qaboos University, Oman

<sup>ag</sup> Universitas Indonesia, Indonesia

<sup>ah</sup> National Chung-Cheng University, Taiwan

ai University of Novi Sad, Serbia  
 aj University of Zagreb, Croatia  
 ak Monash University Malaysia, Malaysia  
 al HCMC University of Education, Viet Nam  
 am Nazarbayev University, Astana, Kazakhstan  
 an Udayana University, Indonesia  
 ao University of Limerick, Ireland  
 ap University of Sheffield, United Kingdom  
 aq Carleton University, Canada  
 ar Florida Gulf Coast University, United States  
 as University of Cordoba, Spain  
 at University of Peshawar, Pakistan  
 au University of Groningen, Netherlands  
 av University of Padova, Italy  
 aw Duke Kunshan University, China  
 ax Yale-NUS College, Singapore  
 ay National Distance Education University (UNED), Spain  
 az University of Paris, Nanterre, France  
 ba Kyoto University, Japan  
 bb University of Camerino, Italy  
 bc University of Bielefeld, Germany  
 bd University of Siena, Italy  
 be The Australian National University, Australia  
 bf New York University, Shanghai, China  
 bg University of Amsterdam, Netherlands  
 bh King Saud University, Saudi Arabia  
 bi California State University, United States  
 bj Nagoya University, Japan  
 bk Utrecht University, Netherlands  
 bl Université Clermont-Auvergne, France  
 bm Lingnan University, Hong Kong  
 bn University of Milano-Bicocca, Italy  
 bo Peking University, China  
 bp Bielefeld University, Germany  
 bq Wayne State University, United States

### Abstract

Overcoming the COVID-19 pandemic, which resulted in great loss of life worldwide and shook the global economy, required individuals' willingness and ability to behave prosocially. To contribute to the understanding of predictors of prosociality, we used multilevel models to test three previously established pathways to prosocial behavior, which we call the "broaden and build", compensation, and incapacity pathways. We also tested whether these three paths are mediated by general well-being, and moderated by collective disempowerment, i.e., individuals' belief that external societal forces have made it harder for people like them to function effectively. Participants from 39 countries (N= 59987) were surveyed on their willingness to engage in prosocial behaviors in the context of the pandemic. The "broaden and build" pathway was supported: positive affect was associated with willingness to engage in prosocial behavior via higher well-being. Two (in)capacity paths were also supported: financial strain and negative affect were both negatively associated with prosociality via lower well-being. A compensation pathway was also observed: Controlling for lower well-being, negative affect was associated with greater prosociality. Finally, differences in disempowerment moderated the affective pathways: higher disempowerment strengthened the positive association of positive affect with prosociality via well-being, and buffered the negative affect incapacity path. © (2024), (Pontificia Universidad Javeriana). All rights reserved.

### Author Keywords

afecto; affect; bienestar; collective disempowerment; comportamiento prosocial; COVID-19; COVID-19; desempoderamiento colectivo; prosocial behavior; well-being

### References

- Abdel-Khalek, A. M.  
**Measuring happiness with a single-item scale**  
(2006) *Social Behavior and Personality: An International Journal*, 34 (2), pp. 139-149.
- Agostini, M., Kreienkamp, J., Gützkow, B., Bélanger, J. J., Reitsema, A. M., Myroniuk, S., Bellm, M., Leander, N. P.  
(2022) *Psycorona Dataset*,
- Baumann, D. J., Cialdini, R. B., Kendrick, D. T.  
**Altruism as hedonism: Helping and self-gratification as equivalent responses**

(1981) *Journal of Personality and Social Psychology*, 40 (6), pp. 1039-1046.

- Brittian, A. S., O'Donnell, M., Knight, G. P., Carlo, G., Umaña-Taylor, A. J., Roosa, M. W. **Associations between adolescents' perceived discrimination and prosocial tendencies: The mediating role of Mexican American values** (2013) *Journal of Youth and Adolescence*, 42 (3), pp. 328-341.

- Carlson, M., Charlin, V., Miller, N. **Positive mood and helping behavior: A test of six hypotheses** (1988) *Journal of personality and social psychology*, 55 (2), pp. 211-229.

- Chen, X., Tian, L., Huebner, E. S. **Bidirectional Relations Between Subjective Well-Being in School and Prosocial Behavior Among Elementary School-Aged Children: A Longitudinal Study** (2020) *Child Youth Care Forum*, 49, pp. 77-95.

- Cialdini, R. B., Brown, S. L., Lewis, B. P., Luce, C., Neuberg, S. L. **Reinterpreting the empathy-altruism relationship: When one into one equals oneness** (1997) *Journal of personality and social psychology*, 73 (3), pp. 481-494.

- Cialdini, R. B., Kenrick, D. T. **Altruism as hedonism: a social development perspective on the relationship of negative mood state and helping** (1976) *Journal of personality and social psychology*, 34 (5), pp. 907-914.

- Cohen-Chen, S., Pliskin, R., Goldenberg, A. **Feel good or do good? A valence-function framework for understanding emotions** (2020) *Current Directions in Psychological Science*, 29 (4), pp. 388-393.

- Conway, J. M., Rogelberg, S. G., Pitts, V. E. **Workplace helping: Interactive effects of personality and momentary positive affect** (2009) *Human Performance*, 22 (4), pp. 321-339.

- Derviş, K. (2020) *The Covid-19 Solidarity Test*, Project Syndicate, March, 31

- Dolan, P., Peasgood, T., White, M. **Do we really know what makes us happy? A review of the economic literature on the factors associated with subjective wellbeing** (2008) *Journal of economic psychology*, 29 (1), pp. 94-122.

- Diener, E., Suh, E. M., Lucas, R. E., Smith, H. L. **Subjective well-being: Three decades of progress** (1999) *Psychological bulletin*, 125 (2), pp. 276-302.

- Dovidio, J. F., Gaertner, S. L., Schnabel, N., Saguy, T., Johnson, J. **Recategorization and prosocial behavior** (2010) *The psychology of prosocial behavior: Group processes, intergroup relations, and helping* (99289–309), S. Stürmer, & M., Snyder (eds)

- Eisenberg, N., Mussen, P. H. (1989) *The roots of prosocial behavior in children*, Cambridge University Press

- Enea, V., Eisenbeck, N., Carreno, D. F., Douglas, K. M., Sutton, R. M., Agostini, M., Bélanger, J. J., Leander, N. P. **Intentions to be vaccinated against COVID-19: The role of prosociality and conspiracy beliefs across 20 countries**

(2023) *Health Communication*, 38 (8), pp. 1530-1539.

B. I

- Fredrickson, B. L.

**The eudaimonics of positive emotions**

(2016) *Handbook of eudaimonic well-being*, pp. 183-190.

J., Vittersø (eds) –). Springer, Cham

- Fritzsche, I., Moya, M., Bukowski, M., Jugert, P., de Lemus, S., Decker, O., Navarro-Carrillo, G.

**The great depression and group-based control: Converting personal helplessness into collective responses**

(2017) *Journal of Social Issues*, 73, pp. 117-137.

- Funder, D. C., Ozer, D. J.

**Evaluating effect size in psychological research: Sense and nonsense**

(2019) *Advances in Methods and Practices in Psychological Science*, 2 (2), pp. 156-168.

- Gignac, G. E., Szodorai, E. T.

**Effect size guidelines for individual differences researchers**

(2016) *Personality and Individual Differences*, 102, pp. 74-78.

- Glasgow, K., Vitak, J., Tausczik, Y., Fink, C.

**With your help... we begin to heal": Social Media Expressions of Gratitude in the Aftermath of Disaster**

(2016) *International Conference on Social Computing, Behavioral-Cultural Modeling and Prediction and Behavior Representation in Modeling and Simulation*, pp. 226-236.

Springer, Cham

- Haller, E., Lubenko, J., Presti, G., Squatrito, V., Constantinou, M., Nicolaou, C., Papacostas, S., Gloster, A. T.

**To help or not to help? Prosocial behavior, its association with wellbeing, and predictors of prosocial behavior during the coronavirus disease pandemic**

(2022) *Frontiers in Psychology*, 12, p. 775032.

- Leander, N. P.

**Associations of risk perception of COVID-19 with emotion and mental health during the pandemic**

(2021) *Journal of Affective Disorders*, 284 (1), pp. 247-255.

Han, Q., Zheng, B., Agostini, M., Bélanger, J.J., Gützkow, B., Kreienkamp, J., Reitsema, A. M., van Breen, J. A

- Leander, N. P.

**Trust in government regarding COVID-19 and its associations with preventive health behaviour and prosocial behaviour during the pandemic: a cross-sectional and longitudinal study**

(2021) *Psychological Medicine*, 53 (1), pp. 149-159.

Han, Q., Zheng, B., Cristea, M., Agostini, M., Bélanger, J. J., Gützkow, B., Kreienkamp, J

- Bélanger, J. J.

**Impact of national pandemic lockdowns on perceived threat of immigrants: A natural quasi-experiment across 23 countries**

(2023) *Social Psychological and Personality Science*, 14 (7), pp. 796-807.

Han, Q., Zheng, B., Leander, N. P., Agostini, M., Gützkow, B., Kreienkamp, J., Kutlaca, M., Lemay, E. P., Stroebe, W., vanDellen, M. R

- Hayes, A. F., Rockwood, N. J.

**Conditional process analysis: Concepts, computation, and advances in the modeling of the contingencies of mechanisms**

(2020) *American Behavioral Scientist*, 64 (1), pp. 19-54.

- Jin, S., Balliet, D., Romano, A., Spadaro, G., van Lissa, C. J., Agostini, M., Bélanger, J. J., Kreienkamp, J.  
**Intergenerational conflicts of interest and prosocial behavior during the COVID-19 pandemic**  
(2021) *Personality and Individual Differences*, 171, p. 110535.  
<https://doi.org/>
- Kaniasty, K.  
**Predicting social psychological well-being following trauma: The role of postdisaster social support**  
(2012) *Psychological Trauma: Theory, Research, Practice, and Policy*, 4 (1), pp. 22-33.
- Kantamneni, N.  
**The impact of the COVID-19 pandemic on marginalized populations in the United States: A research agenda**  
(2020) *Journal of Vocational Behavior*, 119, p. 103439.
- Kuppens, P., Realo, A., Diener, E.  
**The role of positive and negative emotions in life satisfaction judgment across nations**  
(2008) *Journal of Personality and Social Psychology*, 95 (1), pp. 66-75.
- Leander, N. P., Kreienkamp, J., Agostini, M., Stroebe, W., Gordijn, E. H., Kruglanski, A. W.  
**Biased Hate Crime Perceptions can Reveal Supremacist Sympathies**  
(2020) *Psychological and cognitive sciences*, 117 (32), pp. 19072-19079.
- Leander, N. P., Stroebe, W., Kreienkamp, J., Agostini, M., Gordijn, E. H., Kruglanski, A. W.  
**Mass shootings and the salience of guns as means of compensation for thwarted goals**  
(2019) *Journal of Personality and Social Psychology*, 116 (5), pp. 704-723.
- Lim, D., DeSteno, D.  
**Suffering and compassion: The links among adverse life experiences, empathy, compassion, and prosocial behavior**  
(2016) *Emotion*, 16 (2), pp. 175-182.
- Louis, W. R., Thomas, E., Chapman, C. M., Achia, T., Wibisono, S., Mirnajafi, Z., Droogendyk, L.  
**Emerging research on intergroup prosociality: Group members' charitable giving, positive contact, allyship, and solidarity with others**  
(2019) *Social and Personality Psychology Compass*, 13 (3), p. e12436.
- Lucas, R. E., Diener, E., Suh, E.  
**Discriminant validity of well-being measures**  
(1996) *Journal of Personality and Social Psychology*, 71 (3), pp. 616-628.
- Luria, G., Cnaan, R. A., Boehm, A.  
**National culture and prosocial behaviors: Results from 66 countries**  
(2015) *Nonprofit and Voluntary Sector Quarterly*, 44 (5), pp. 1041-1065.
- Maccagnan, A., Wren-Lewis, S., Brown, H., Taylor, T.  
**Wellbeing and Society: Towards Quantification of the Co-benefits of Wellbeing**  
(2019) *Social Indicator Research*, 141, pp. 217-243.
- Pennisi, E.  
**How did cooperative behavior evolve?**  
(2005) *Science*, 309 (5731), pp. 93-93.
- Piff, P. K., Kraus, M. W., Côté, S., Cheng, B. H., Keltner, D.  
**Having less, giving more: The influence of social class on prosocial behavior**  
(2010) *Journal of Personality and Social Psychology*, 99 (5), pp. 771-784.

- de Jonge, P., Leander, P.  
**Age differences in hedonic adaptation to societal restrictions? Positive and negative affect trajectories during the first wave of the COVID-19 pandemic in 33 nations**  
(2023) *Emotion*, 23 (5), pp. 1440-1457.  
Reitsema, A. M., Jeronimus, B. F., Bos, E. H
- Resta, E., Mula, S., Baldner, C., Di Santo, D., Agostini, M., Bélanger, J. J., Gützkow, B., Leander, N. P.  
**'We are all in the same boat': How societal discontent affects intention to help during the 19 pandemic**  
(2022) *Journal of community & applied social psychology*, 32 (2), pp. 332-347.
- Romano, A., Spadaro, G., Balliet, D., Joireman, J., Van Lissa, C., Jin, S., Agostini, M., Leander, N. P.  
**Cooperation and trust across societies during the COVID-19 pandemic**  
(2021) *Journal of Cross-Cultural Psychology*, 52 (7), pp. 622-642.
- Rimé, B.  
**The social sharing of emotion as an interface between individual and collective processes in the construction of emotional climates**  
(2007) *Journal of Social Issues*, 63 (2), pp. 307-322.
- Russell, J. A.  
**A circumplex model of affect**  
(1980) *Journal of personality and social psychology*, 39 (6), pp. 1161-1178.
- Ryff, C. D.  
**Happiness is everything, or is it? Explorations on the meaning of psychological wellbeing**  
(1989) *Journal of Personality and Social Psychology*, 57 (6), pp. 1069-1081.
- Selenko, E., Batinic, B.  
**Beyond debt. A moderator analysis of the relationship between perceived financial strain and mental health**  
(2011) *Social Science & Medicine*, 73 (12), pp. 1725-1732.
- Smart-Richman, L., Leary, M. R.  
**Reactions to discrimination, stigmatization, ostracism, and other forms of interpersonal rejection: A multimotive model**  
(2009) *Psychological Review*, 116 (2), pp. 365-383.
- Snippe, E., Jeronimus, B. F., aan het Rot, M., Bos, E. H., de Jonge, P., Wichers, M.  
**The reciprocity of prosocial behavior and positive affect in daily life**  
(2018) *Journal of Personality*, 86, pp. 139-146.
- Steger, M. F., Frazier, P., Oishi, S., Kaler, M.  
**The Meaning in Life Questionnaire: Assessing the presence of and search for meaning in life**  
(2006) *Journal of Counseling Psychology*, 53 (1), pp. 80-93.
- Surana, P. K., Lomas, T.  
**The power of charity: Does giving away money improve the wellbeing of the donor**  
(2014) *Indian Journal of Positive Psychology*, 5 (3), pp. 223-230.
- Thoits, P. A., Hewitt, L. N.  
**Volunteer work and well-being**  
(2001) *Journal of health and social behavior*, 42 (2), pp. 115-131.

- **The World Health Organization quality of life assessment (WHOQOL): position paper from the World Health Organization**  
(1995) *Social science & medicine*, 41 (10), pp. 1403-1409.
- Yur'yev, A., Värnik, A., Värnik, P., Sisask, M., Leppik, L.  
**Role of social welfare in European suicide prevention**  
(2012) *International Journal of Social Welfare*, 21 (1), pp. 26-33.
- Yzerbyt, V., Muller, D., Batailler, C., Judd, C. M.  
**New recommendations for testing indirect effects in mediational models: The need to report and test component paths**  
(2018) *Journal of Personality and Social Psychology*, 115 (6), pp. 929-943.

**Correspondence Address**

Zuniga C.; Universidad de ChileChile; email: ccczuniga@u.uchile.cl

**Publisher:** Pontificia Universidad Javeriana

**ISSN:** 16579267

**Language of Original Document:** English; Spanish

**Abbreviated Source Title:** Univ. Psychol.

2-s2.0-105001384155

**Document Type:** Article

**Publication Stage:** Final

**Source:** Scopus



Copyright © 2025 Elsevier B.V. All rights reserved. Scopus® is a registered trademark of Elsevier B.V.

