



IIIT Students' *Magazine*



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The Muttaqi Leader

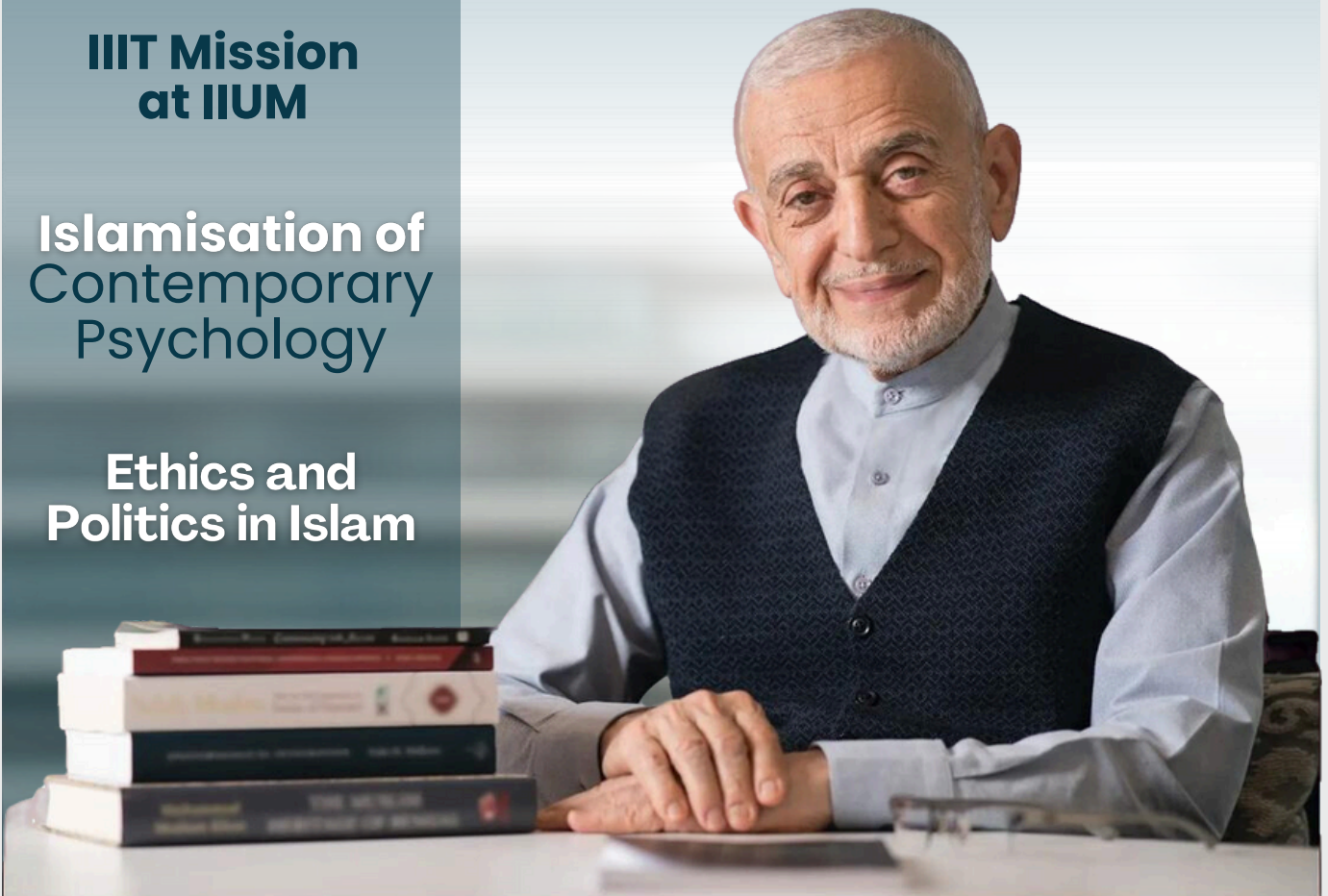
Reflections from Al-Qur'an

Interview with
exemplary IIIT student:
Dr. Arafat Careem

IIIT Mission at IIUM

**Islamisation of
Contemporary
Psychology**

**Ethics and
Politics in Islam**



The Journey of a Giant: A Mentor for Muslim Youth

First Edition, 2024
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Editorial Message



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the Name of Allah, the Most Merciful, the Most Compassionate

Welcome to the 1st edition of International Institute for Islamic Thought (IIIT) Students' Magazine!

The IIIT family is delighted to have you join us as we embark on a journey through the rich and diverse landscape of Islamic thought. Our magazine is a dedicated platform for sharing insightful views and reflections on various aspects of Islam, with a particular focus on integration of Knowledge, Dawah and the importance of education in general.

At IIIT, we believe in the transformative power of knowledge and the crucial role it plays in personal and communal development. Our mission is to provide you with thought-provoking content that not only informs but also inspires. Through our articles, we aim to delve into the depths of Islamic scholarship, explore contemporary issues, and offer perspectives that resonate with the principles of our faith.

We therefore, invite you to immerse yourself in the pages of our magazine, reflect on the ideas presented, and join the conversation. Your participation and feedback are invaluable to us as we continue to grow and evolve. We also invite you to contribute by writing and sending us articles to be published in this magazine. Your views are most valuable.

We hope to publish this magazine three times a year. We kindly ask for your tireless contributions. Thank you for being part of the IIIT community. Enjoy the journey through our first edition, and may it bring you knowledge, inspiration, and a deeper connection to the essence of Islam.

Warm regards,

A handwritten signature in black ink, consisting of several fluid, overlapping strokes that form the name of the author.

Prof Dawood A. Al-Hidabi

Chief Editor and Team Leader - IIIT Students' Magazine

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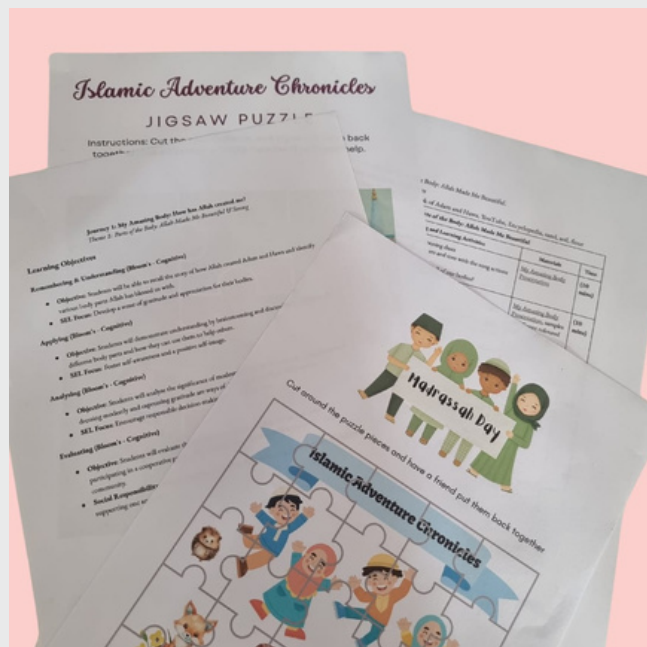
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Muslim identity and the love for life-long learning.

To zoom in, I welcome you to my second day in class.

My Second Day of Teaching

The children echoed the universal greeting of Islam “Assalamu alaikum”. Eyes sparkled with curiosity, a result of yesterday’s introduction. We began with our customary opening dua as we invoked Allah’s blessings. “Today, we’re going to discover something very special,” I said, watching their faces light up.



Lesson Theme: Parts of the Body – Allah Made Me Beautiful and Strong

The goal was to help the children recognize the wisdom in how Allah created each of us with unique abilities, and to inspire appreciation for their bodies while understanding their role as stewards on this earth. I reminded the children of the classroom expectations that we had established together the day before. This simple act of letting them participate in creating the rules encouraged a sense of civic engagement, personal responsibility, and respect. Today, I was about to see how those -

values would manifest.

Brainstorming Good Deeds

As part of the introduction, I told the children the story of Prophet Adam (AS) and Hawa (AS), the first human beings Allah created. We discussed the different types of soil used to create Adam, and how, even today, our skin tones mirror the diverse soils of the earth. I showed them soil samples, as they compared them to their own hands. “See how different you are from each other, but how perfectly Allah created each one of you?” I asked.



We discussed how we can use our bodies to do good and help others. The children brainstormed ways to use their hands, legs, and eyes for the benefit of Allah’s creation. This opened the door to a deeper discussion about modesty and social responsibility.

Transformation for Tariq

Tariq’s mother had informed me about his -

Islamisation of Contemporary Psychology:

An Enlightening Integration Work between Modern Psychology and Islamic Faith-Value



Asst. Prof. Dr. Nursyahidah Khalid
Department of Educational Psychology and
Counseling, Kuliyyah of Education- IIUM

The seminar on Islamisation of Psychology held from 31 May 2024 to 2 June 2024 at the International Islamic University, Malaysia (IIUM). The seminar was jointly organized by the International Institute of Islamic Thought (IIIT) and the International Islamic University, Malaysia (IIUM). The seminar focused on integrating Islamic values with modern psychological practices. Its goal was to enhance understanding of human nature—covering behavior, emotions, spirituality, and cognition—through Islamic teachings. The workshop aimed to create a more culturally and spiritually relevant approach to mental health by incorporating Islamic principles into contemporary psychological theories and practices.

As a new lecturer in counseling and psychotherapy, I always looking forward to enhance my knowledge and learn new knowledge for me to be able to teach and share the same knowledge with my colleagues. The 3 days seminar has reinforce my interest to deepen my knowledge in Islamic psychology and research conduct. The moment we encounter the word Islamic is something that we relate to Islam. However, Islamisation is something what I understand is to revert and come back to Islam. The whole course made us to understand the concept, where the root of every knowledge is from Islam. Psychology is Islam, as well as the rest of other disciplines -

and fields in knowledge. Books, articles and research endeavours have been provided long ago by Muslim Scholars in Psychology and Psychotherapy such as AlBalkhi, Ibn Arabi and the Famous Al-Ghazali. Naturally, human beings are social beings. It means that human behaviour, emotions, cognitive developmental and actions are subject to the environment that we call culture and norms. We cannot simply and just rely on one source, books or manual that can be cultural-bias or discriminative approach, as one's issue can be caused by many factors not just by physical symptoms.

As an academician and a researcher, I have been pondering on my role and limited knowledge when Honorable Prof. Dr. Nizar shared his vast experience in between the unveiled his precious book review, due to his more than 50 years in this field of Islam Psychology, provoking the suppressed inclination and endeavours of myself to delve and investigate more on Islam Psychology, as I changed now the term as it is Islam in nature, formula and sources. It is time, and the effort will never cease. Therefore, our actions must be intensified, beginning both individually and collectively, to spread this knowledge and understanding. Moreover, we must teach the Islamic approach and conduct research, particularly in the field of Islamic Psychology, believing in both the process and its effectiveness. If not us, then who will take the

initiative? Our ultimate aim is to seek the pleasure of Allah (Mardhotillah), with the final destination in mind. Thus, an unshattered work on research methods, academic writing and research must be parallel and checked in the realm of Islamic concept, sources and resources. Also, I would continue supporting the plan for the department of Psychology and Counseling to write books in Islamic Counseling and contribute from time to time. I will take the challenge as my inevitable responsibility. Here, I would summarize this piece with the highlights of the seminar:

- The workshop highlighted the importance of key Islamic concepts like fitrah (common sense) and ruh (spirit/soul) for understanding human behavior. It stressed the need for culturally adapted approaches in psychology and emphasized that Allah is the ultimate source of knowledge. Integrating Islamic principles into psychology was seen as essential for a deeper and more culturally relevant understanding.
- There was a call for careful consideration of psychological data from an Islamic perspective, including stages of human development from the Qur'an, cultural standards, and traditional knowledge. The importance of adhering to Islamic ethical guidelines, such as respect for human dignity and objectivity.
- Integrating Islamic principles into academic and research settings was addressed through