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Beyond the pale: Insights into hypopigmented mycosis fungoides – A case report

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Abstract

Hypopigmented mycosis fungoides (MF) is a rare variant of cutaneous T-cell lymphoma, a type of extranodal non-Hodgkin lymphoma. This report presents the case of a 9-year-old boy with a 2-year history of asymptomatic, hypopigmented skin lesions that were resistant to topical treatment. He was initially treated for a fungal skin infection and had received multiple courses of topical antifungals and steroids but showed no improvement, which led to further evaluation and a referral to a dermatologist. A skin biopsy was performed, and the diagnosis of hypopigmented MF was confirmed through skin histopathology and immunohistochemistry study. His lesions responded well to cycles of narrowband ultraviolet B phototherapy, showing almost complete clearance after 4 months without any side effects. © 2024, Academy of Family Physicians of Malaysia. All rights reserved.

Author Keywords

Hypopigmentation; Mycosis fungoides; Skin neoplasm

Index Keywords

antifungal agent, CD2 antigen, CD3 antigen, CD5 antigen, CD7 antigen, CD8 antigen, corticosteroid, steroid; Article, blood cell count, case report, child, clinical article, dermatomycosis, follow up, histopathology, human, human tissue, hypopigmentation, immunohistochemistry, leprosy, liver function, male, mycosis fungoides, phototherapy, pityriasis, punch biopsy, school child, skin biopsy, skin defect, skin examination, skin sensation, tinea versicolor, ultraviolet B radiation

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