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A Multidimensional Strategy: Ways to Combat Cyclic Vomiting Syndrome with Hiatus Hernia and Gastroesophageal Reflux Disease in a Young Adult Female

Gullaam Rasul S.F.^{a, e}; Draman N.^{a, e}; Mat Yudin Z.^{b, e}; Jamani N.A.^c; Mustafa N.^{d, e} [Save all to author list](#)^a Department of Family Medicine, School of Medical Sciences, Universiti Sains Malaysia, Kelantan, Kubang Kerian, Malaysia^b School of Dental Sciences, Universiti Sains Malaysia, Kelantan, Kubang Kerian, Malaysia^c Department of Family Medicine, Kulliyah of Medicine, International Islamic University Malaysia, Kuantan, Malaysia^d Department of Medicine, School of Medical Sciences, Universiti Sains Malaysia, Kelantan, Kubang Kerian, Malaysia[View additional affiliations](#) [View PDF](#) [Full text options](#) [Export](#) **Abstract**

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Abstract

Cyclical vomiting syndrome (CVS) is a chronic idiopathic functional gastrointestinal disorder characterised by intermittent episodes of severe nausea and vomiting with symptoms-free intervals in between. CVS is seen in various age groups with a prevalence of 1.9%. Numerous psychosocial, physical and infectious stressors have been attributed as a trigger of CVS. Often, a co-existing organic and psychiatric comorbidities mask the disorder, and an absence of diagnostic investigation causes a delay in diagnosis and makes it challenging to treat. © (2023). All Rights Reserved.

Author keywords

Cyclical vomiting syndrome; gastrointestinal disorder; recurrent vomiting

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