

## Documents

Mohamad Zainal, N.H.<sup>a</sup>, Wahid, H.H.<sup>b</sup>, Mahmud, M.<sup>c</sup>, Mohd Zahari, H.I.<sup>d</sup>, Omar, N.<sup>e</sup>, Rasoul, A.M.<sup>f</sup>, Abdul Salim, N.H.<sup>g</sup>

### **The Applications of Augmented Reality (AR) and Virtual Reality (VR) in Teaching Medical and Dentistry Students: A Review on Advantages and Disadvantages**

(2023) *Malaysian Journal of Medicine and Health Sciences*, 19, pp. 65-78.

**DOI:** 10.47836/mjmhs.19.s12.9

<sup>a</sup> Department of Human Anatomy, Faculty of Medicine and Health Sciences, Universiti Putra Malaysia, Serdang, 43400, Malaysia

<sup>b</sup> Department of Basic Medical Sciences, Kulliyyah of Medicine, International Islamic University Malaysia, Bandar Indera Mahkota Campus, Jalan Sultan Ahmad Shah, Kuantan, Pahang25200, Malaysia

<sup>c</sup> Centre for Restorative Dentistry Studies, Faculty of Dentistry, Universiti Teknologi MARA, Sungai Buloh Campus, Sungai Buloh Selangor47000, Malaysia

<sup>d</sup> Centre of Periodontology Studies, Faculty of Dentistry, Universiti Teknologi MARA, Sungai Buloh Campus, Sungai Buloh, Selangor47000, Malaysia

<sup>e</sup> Department of Physiology, School of Medical Sciences, Universiti Sains Malaysia, Health Campus, Kubang Kerian, Kelantan, 16150, Malaysia

<sup>f</sup> Department of Oral Maxillofacial Surgery, Pathology & Medicine, Faculty of Dentistry, Universiti Sains Islam Malaysia, Selangor, Ampang, 55100, Malaysia

<sup>g</sup> Department of Medicine, Faculty of Medicine and Health Sciences, Universiti Putra Malaysia, Selangor, Serdang, 43400, Malaysia

### **Abstract**

An interactive three-dimensional (3D) experience known as augmented reality (AR) employs computers to superimpose virtual data over the real world. Virtual reality (VR) is the artificial computer reconstruction of a real-life environment or experience. In the last decade, academic medical and dental institutions have witnessed the emergence of teaching technologies created using extended reality technology, such as AR and VR. It has been suggested that these technological advancements might support and further improve the medical and dentistry student teaching process. However, some medical and dentistry educationists are still sceptical about the usage of these technologies. This is because, throughout the centuries, the students in both fields were trained via established conventional methods. The purpose of this paper is to understand the benefit and impediments use of both technologies. We aim to review the advantages and disadvantages of AR and VR applications in the teaching process of medical and dentistry students. © 2023 UPM Press. All rights reserved.

### **Author Keywords**

Advantages; Augmented reality; Disadvantages; Medical and dentistry student; Virtual reality

### **References**

- Kucuk, S, Kapakin, S, Goktas, Y.

#### **Learning anatomy via mobile augmented reality: Effects on achievement and cognitive load**

(2016) *Anat Sci Educ*, 9 (5), pp. 411-421.

- McCloy, R, Stone, R.

#### **Virtual reality in surgery**

(2001) *BMJ*, 323 (7318), pp. 912-915.

- Joda, T, Gallucci, GO, Wismeijer, D, Zitzmann, NU.

#### **Augmented and virtual reality in dental medicine: A systematic review**

(2019) *Comput Biol Med*, 108, pp. 93-100.

- Moro, C, Stromberga, Z, Raikos, A, Stirling, A.

#### **The effectiveness of virtual and augmented reality in health sciences and medical anatomy**

(2017) *Anat Sci Educ*, 10 (6), pp. 549-559.

- Hogh, A, Muller-Hilke, B.

#### **Learning strategies and their correlation with academic success in biology and**

**physiology examinations during the preclinical years of medical school**  
(2021) *PLoS One*, 16 (1), p. e0245851.

- Malau-Aduli, BS, Lee, A, Alele, F, Adu, M, Drovandi, A, Jones, K.  
**Preclinical to clinical transition experiences of dental students at an Australian Regional University**  
(2022) *Eur J Dent Educ*, 26 (1), pp. 182-196.
- Kugelmann, D, Stratmann, L, Nuhlen, N, Bork, F, Hoffmann, S, Samarbarksh, G  
**An Augmented Reality magic mirror as additive teaching device for gross anatomy**  
(2018) *Ann Anat*, 215, pp. 71-77.
- Ray, AB, Deb, S.  
**Smartphone Based Virtual Reality Systems in Classroom Teaching — A Study on the Effects of Learning Outcome**  
(2016) *2016 IEEE Eighth International Conference on Technology for Education (T4E)*, pp. 68-71.
- Duarte, ML, Santos, LR, Guimaraes Junior, JB, Peccin, MS.  
**Learning anatomy by virtual reality and augmented reality. A scope review**  
(2020) *Morphologie*, 104 (347), pp. 254-266.
- Zhan, T, Yin, K, Xiong, J, He, Z, Wu, ST.  
**Augmented Reality and Virtual Reality Displays: Perspectives and Challenges**  
(2020) *iScience*, 23 (8), p. 101397.
- S-A, S, Fadipe, A, Hundle, A, Williams, J, Warren, R, Higham, H.  
**REAL LEARNING IN A VIRTUAL EMERGENCY: COMPARING TEACHING METHODS FOR MEDICAL STUDENTS**  
(2019) *BMJ simulation and technology enhanced learning*, 5, p. A12.
- Torda, A.  
**CLASSIE teaching - using virtual reality to incorporate medical ethics into clinical decision making**  
(2020) *BMC medical education*, 20, p. 326.
- Omlor, AJ, Schwärzel, LS, Bewarder, M, Casper, M, Damm, E, Danziger, G  
**Comparison of immersive and non-immersive virtual reality videos as substitute for in-hospital teaching during coronavirus lockdown: a survey with graduate medical students in Germany**  
(2022) *Medical education online*, 27, p. 2101417.
- Liu, S, Xie, M, Zhang, Z, Wu, X, Gao, F, Lu, L  
**A 3D Hologram With Mixed Reality Techniques to Improve Understanding of Pulmonary Lesions Caused by COVID-19: Randomized Controlled Trial**  
(2021) *J Med Internet Res*, 23 (9), p. e24081.
- Young, D, Real, FJ, Sahay, RD, Zackoff, M.  
**Remote Virtual Reality Teaching: Closing an Educational Gap During a Global Pandemic**  
(2021) *Hospital pediatrics*, 11, pp. e258-e62.
- Bala, L, Kinross, J, Martin, G, Koizia, LJ, Kooner, AS, Shimshon, GJ  
**A remote access mixed reality teaching ward round**  
(2021) *The clinical teacher*, 18 (4), pp. 386-390.
- Boden, KT, Rickmann, A, Fries, FN, Xanthopoulou, K, Alnagar, D, Januschowski, K  
**Evaluation of a virtual reality simulator for learning direct ophthalmoscopy in student teaching**  
(2020) *Der Ophthalmologe: Zeitschrift der Deutschen Ophthalmologischen Gesellschaft*, 117, pp. 44-49.

- Loidl, M, Schneider, A, Keis, O, Öchsner, W, Grab-Kroll, C, Lang, GK  
**Augmented Reality in Ophthalmology: Technical Innovation Complements Education for Medical Students**  
(2020) *Klinische Monatsblatter fur Augenheilkunde*, 237 (5), pp. 689-698.
- Hess, O, Qian, J, Bruce, J, Wang, E, Rodriguez, S, Haber, N  
**Communication Skills Training Using Remote Augmented Reality Medical Simulation: a Feasibility and Acceptability Qualitative Study**  
(2022) *Medical science educator*, 32 (5), pp. 1005-1014.
- Jacobs, C, Maidwell-Smith, A.  
**Learning from 360-degree film in healthcare simulation: a mixed methods pilot**  
(2022) *Journal of visual communication in medicine*, 45 (4), pp. 223-233.
- Kuhn, S, Huettl, F, Deutsch, K, Kirchgässner, E, Huber, T, Kneist, W.  
**Surgical Education in the Digital Age - Virtual Reality, Augmented Reality and Robotics in the Medical School**  
(2021) *Zentralblatt fur Chirurgie*, 146 (1), pp. 37-43.
- Xie, H, Gao, F, Zheng, X.  
**Research and application of a teaching platform for combined spinal-epidural anesthesia based on virtual reality and haptic feedback technology**  
(2021) *Anesthesia and analgesia*, 133 (3), pp. 579-580.  
(SUPPL 2)
- Council, MD  
(2022) *Competencies Of New Dental Graduates, Malaysia- V2-2021*,  
Accessed 30th March 2023
- Anatomage, I  
(2018) *Anatomage Table*,  
Accessed 20
- Bhd, IS  
(2014) *Sectra The Interactive Medical Table*,  
Accessed 30th March 2023
- (2014) *Bhd IS: DentSim*,  
Accessed 2023 30th March
- Huang, TK, Yang, CH, Hsieh, YH, Wang, JC, Hung, CC.  
**Augmented reality (AR) and virtual reality (VR) applied in dentistry**  
(2018) *The Kaohsiung journal of medical sciences*, 34 (4), pp. 243-248.
- Products, ND  
(2018) *Simodont Dental Trainer*,  
Accessed 30th March 2023
- Hattori, A, Tonami, KI, Tsuruta, J, Hideshima, M, Kimura, Y, Nitta, H  
**Effect of the haptic 3D virtual reality dental training simulator on assessment of tooth preparation**  
(2022) *Journal of dental sciences*, 17 (1), pp. 514-520.
- (1986) *Medicine SBSOD: Curriculum Guidelines for the Development of Graduate Programs in Oral Biology*,  
Accessed 30th March 2023
- Serrano, CM, Wesselink, PR, Vervoorn, JM.  
**First experiences with patient-centered training in virtual reality**  
(2020) *J Dent Educ*, 84 (5), pp. 607-614.

- Perumal, V, Dash, S, Mishra, S, Techataweewan, N.  
**Clinical anatomy through gamification: a learning journey**  
(2022) *The New Zealand medical journal*, 135 (1548), pp. 19-30.
- Felszeghy, S, Pasonen-Seppänen, S, Koskela, A, Nieminen, P, Härkönen, K, Paldanius, KMA  
**Using online game-based platforms to improve student performance and engagement in histology teaching**  
(2019) *BMC Med Educ*, 19 (1), p. 273.
- Mladenovic, R, AlQahtani, S, Mladenovic, K, Bukumiric, Z, Zafar, S.  
**Effectiveness of technology-enhanced teaching methods of undergraduate dental skills for local anaesthesia administration during COVID-19 era: students' perception**  
(2022) *BMC Oral Health*, 22 (1), p. 40.
- Mladenovic, R, Matvijenko, V, Subaric, L, Mladenovic, K.  
**Augmented reality as e-learning tool for intraoral examination and dental charting during COVID-19 era**  
(2021) *J Dent Educ*,
- Rodrigues, P, Esteves, A, Botelho, J, Machado, V, Zagalo, C, Zorzal, ER  
**Usability, acceptance, and educational usefulness study of a new haptic operative dentistry virtual reality simulator**  
(2022) *Computer methods and programs in biomedicine*, 221, p. 106831.
- Ayoub, A, Pulijala, Y.  
**The application of virtual reality and augmented reality in Oral & Maxillofacial Surgery**  
(2019) *BMC Oral Health*, 19 (1), p. 238.
- Haleem, A, Javaid, M, Khan, IH.  
**Virtual reality (VR) applications in dentistry: An innovative technology to embrace**  
(2020) *Indian journal of dental research: official publication of Indian Society for Dental Research*, 31 (4), pp. 666-667.
- Haleem, A, Javaid, M.  
**Industry 4.0 and its applications in dentistry**  
(2020) *Indian journal of dental research: official publication of Indian Society for Dental Research*, 31 (5), pp. 824-825.
- Fahim, S, Maqsood, A, Das, G, Ahmed, N, Saquib, S, Lal, A  
**Augmented Reality and Virtual Reality in Dentistry: Highlights from the Current Research**  
(2022) *Applied Sciences*, 12 (8), p. 3719.
- Alauddin, MS, Baharuddin, AS, Mohd Ghazali, MI.  
**The Modern and Digital Transformation of Oral Health Care: A Mini Review**  
(2021) *Healthcare (Basel, Switzerland)*, 9 (2).
- Merchant, Z, Goetz, ET, Cifuentes, L, Keeney-Kennicutt, W, Davis, TJ.  
**Effectiveness of virtual reality-based instruction on students' learning outcomes in K-12 and higher education: A meta-analysis**  
(2014) *Computers & Education*, 70, pp. 29-40.
- Bell, JT, Scott Fogler, H.  
**Virtual reality in chemical engineering education**  
(1995) *Proceedings of the 1995 Illinois/Indiana ASEE Sectional Conference*,
- Wu, H-K, Lee, SW-Y, Chang, H-Y, Liang, J-C.  
**Current status, opportunities and challenges of augmented reality in education**  
(2013) *Computers & Education*, 62, pp. 41-49.

- Nincarean, D, Alia, MB, Halim, NDA, Rahman, MHA.  
**Mobile Augmented Reality: The Potential for Education**  
(2013) *Procedia - Social and Behavioral Sciences*, 103, pp. 657-664.
- Dyulicheva, YY, Gaponov, DA, Mladenović, R, Kosova, YA.  
**The virtual reality simulator development for dental students training: a pilot study**  
*International Workshop on Augmented Reality in Education2021*,

**Correspondence Address**

Mohamad Zainal N.H.; Department of Human Anatomy, Selangor, Malaysia; email: mz\_nurul@upm.edu.my

**Publisher:** Universiti Putra Malaysia Press

**ISSN:** 16758544

**Language of Original Document:** English

**Abbreviated Source Title:** Malays. J. Med. Health Sci.

2-s2.0-85181003965

**Document Type:** Review

**Publication Stage:** Final

**Source:** Scopus

---

**ELSEVIER**

Copyright © 2024 Elsevier B.V. All rights reserved. Scopus® is a registered trademark of Elsevier B.V.

 RELX Group™