

# TRANSLATIONAL SCIENCE IN DRUG DEVELOPMENT

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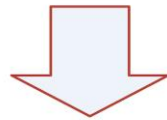
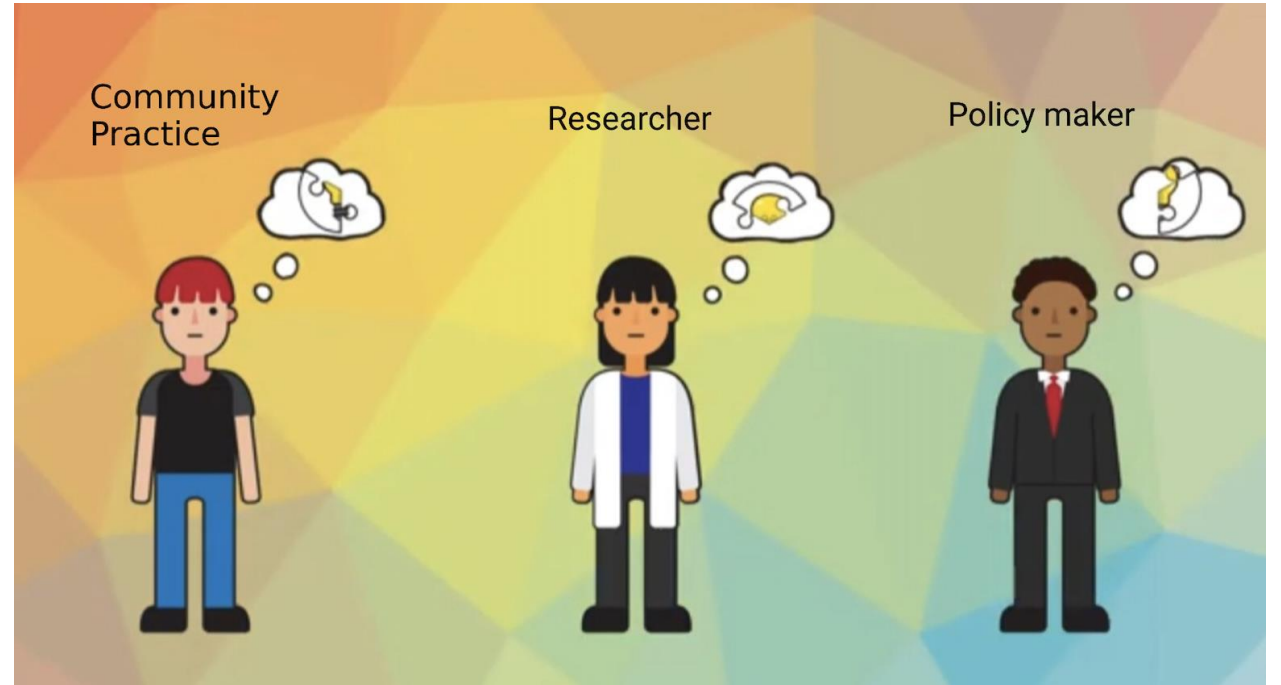
MALAYSIA



# Acceleration in drug development



# Who involve?



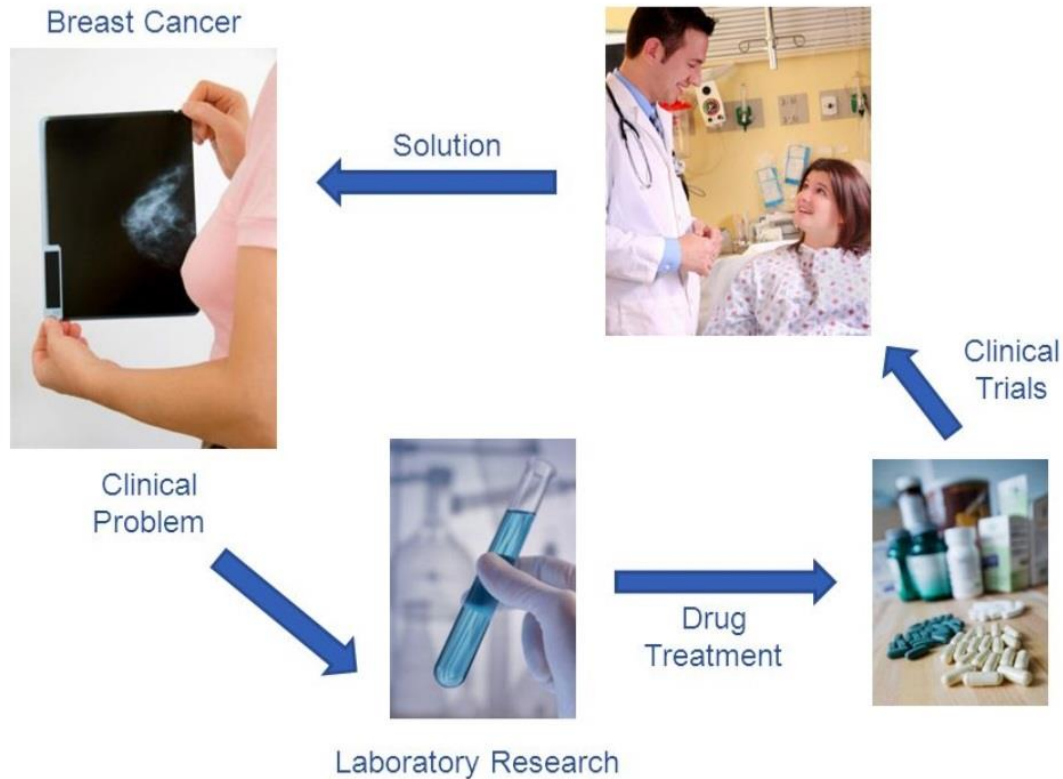
Basic research exploration

Traditional uses

Holy book/ Old manuscript

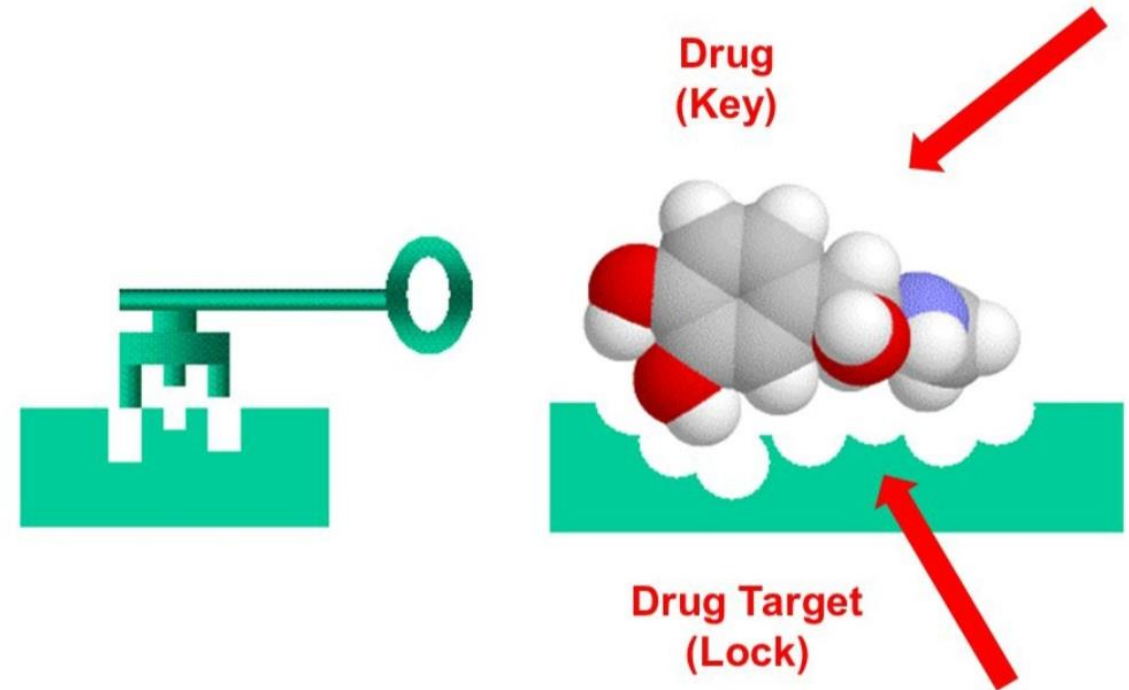
# How it works

## Translational Research Defined by the Clinical Problem

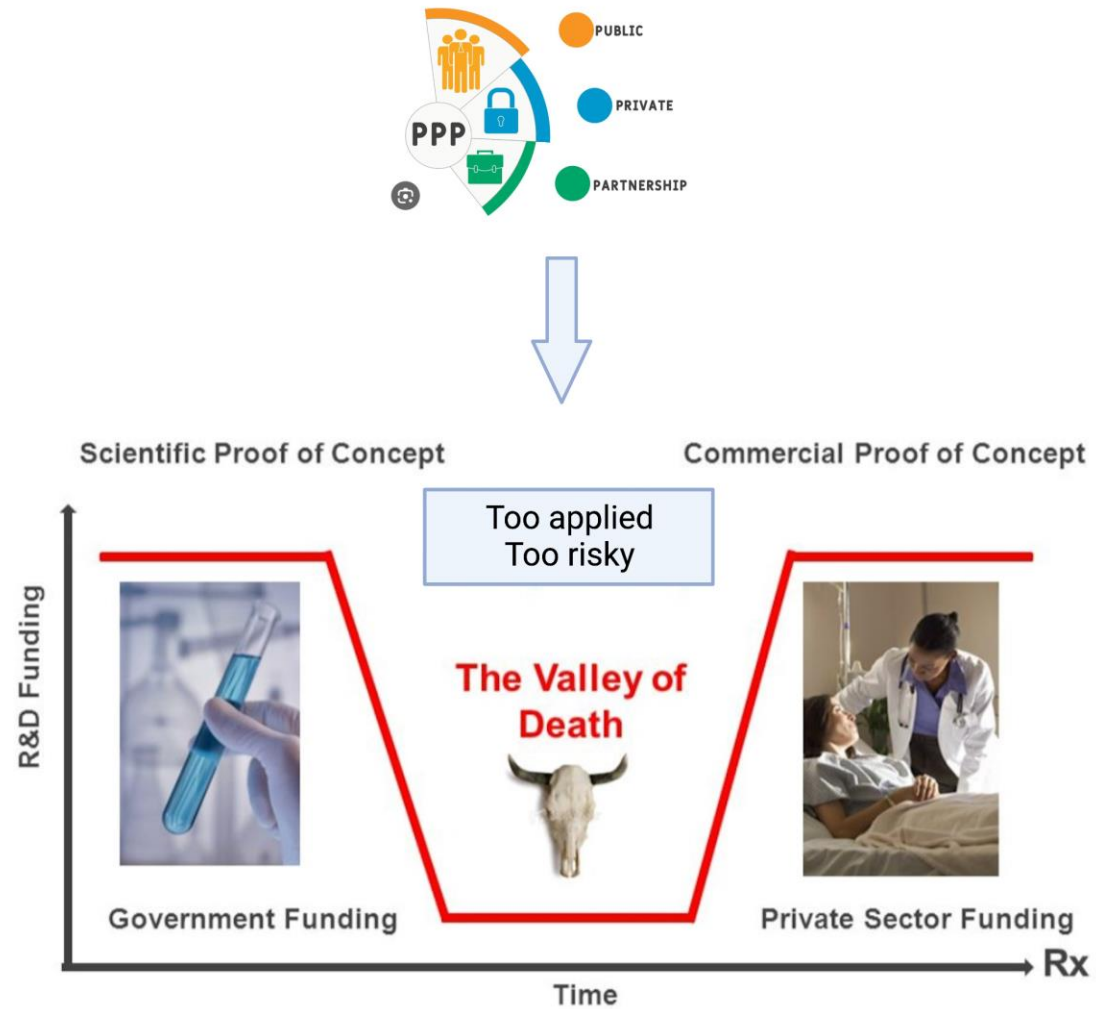


## Drug Targets and Drugs

### The Lock and Key



# Lost in translation





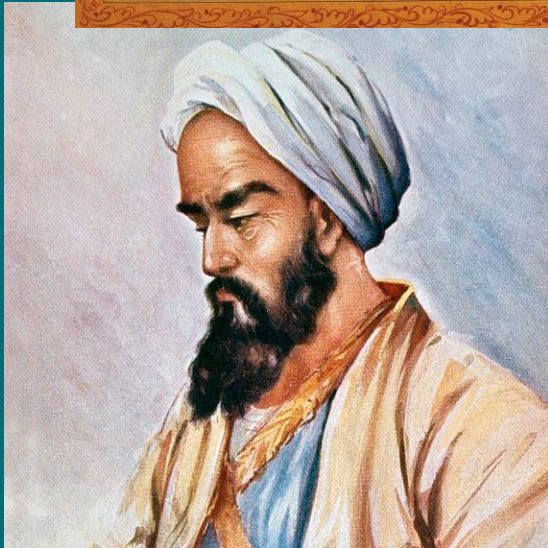


# Medicinal plant heritages

- Kampo (Japanese Traditional Medicine)
- TCM (Traditional Chinese Medicine)
- Ayurveda (Traditional Indian Medicine)
- TAIM (Traditional Arabic and Islamic Medicine)
- Jamu (Indonesian Traditional Medicine)



# TAIM (Traditional Arabic and Islamic Medicine)



Jabir ibn Hayyan (721 AD)  
Founder of modern pharmacy



Ibn Sina (980 M)  
Modern Physician

2400 B.C.; on clay tablets (Mesopotamia),  
1534 B.C.; the Ebers Papyrus (9th year of Amenhotep 1  
reign),

721 AD; Jabir ibn Hayyan, founder of modern pharmacy  
980 AD; Ibn Sina, Modern Physician

1578 AD; the Chinese Materia Medica, document written  
by Li Shizhen in 1578 (Zheng 1988).

1804 AD; Serturner who dealt with medicinal herbs to  
the isolation of morphine







# List of Islamic scholars in medicine

- Ali Al-Taberi (*Encyclopaedia medicine*)
- Al-Razi (Rhazes) (*Smallpox*)
- Ali Ibn Al-Abbas Al-Magusi (Haly) (*Complete Book of the Medical Art*)
- Ibn Al-Baitar (*Discovery cancer effects of the plant named "Hindiba"*)
- Ibn Al-Qasim Al-Zahrawi (Abulcasis) (*Surgery*)
- Ibn Al-Haitham (Alhazen) (*The father of modern optics-Vision*)
- Ibn Abi Al-Zuhr (Avenzor) (*Anatomy*)
- Ibn Rushd (Averroes) (*Wrote 20 books on medicine*)
- Ibn Al-Nafis (*Pulmonary circulation*)





# Maqasid al-Shariah (objective of Shariah)

Protecting life

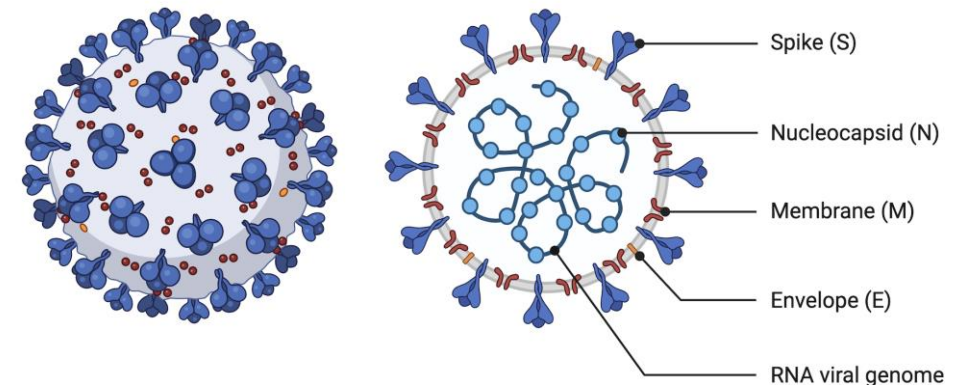
*ijtihad* encourages the effort to research on drug, cosmetic and vaccines.

*“There is no disease that Allah has created, except that Allah also has created its cure.”*

(Sahih Bukhari)



## Human Coronavirus Structure



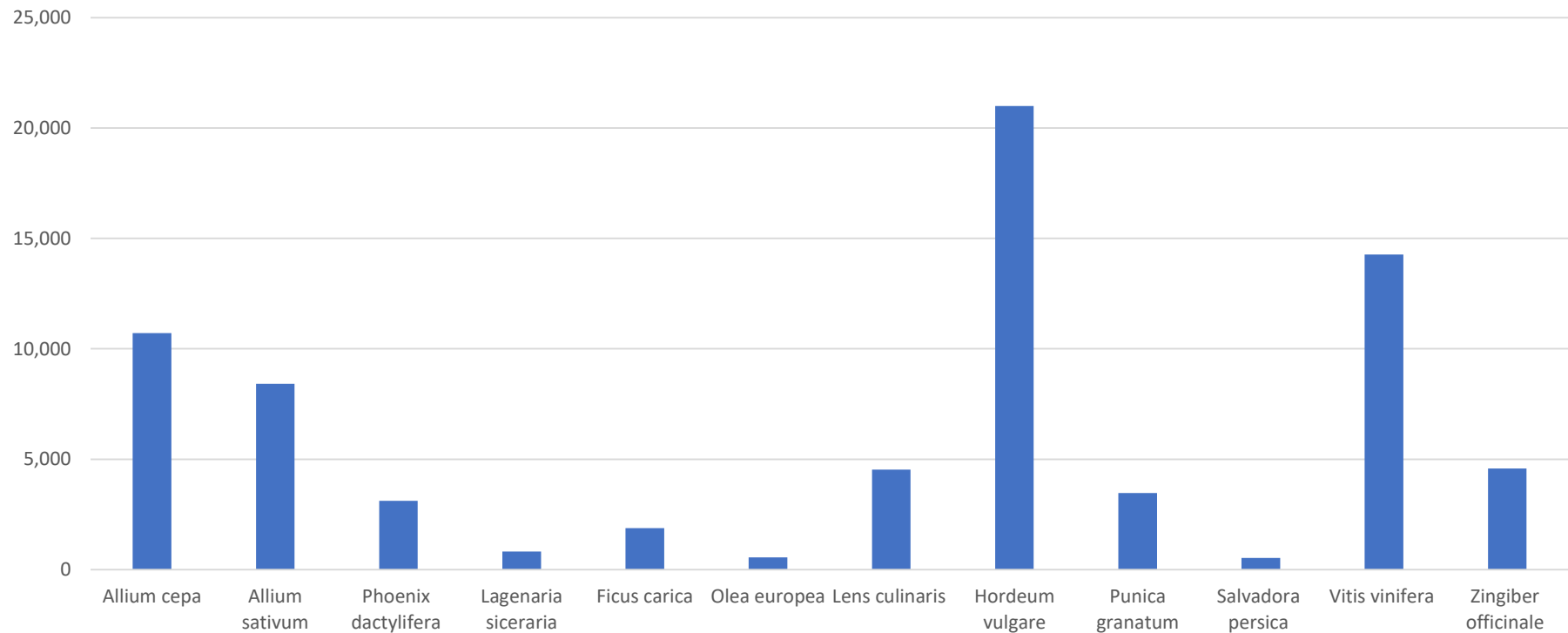


# Natural Medicines According to Islamic Scriptures



Qur'anic plants  
Prophetic plants

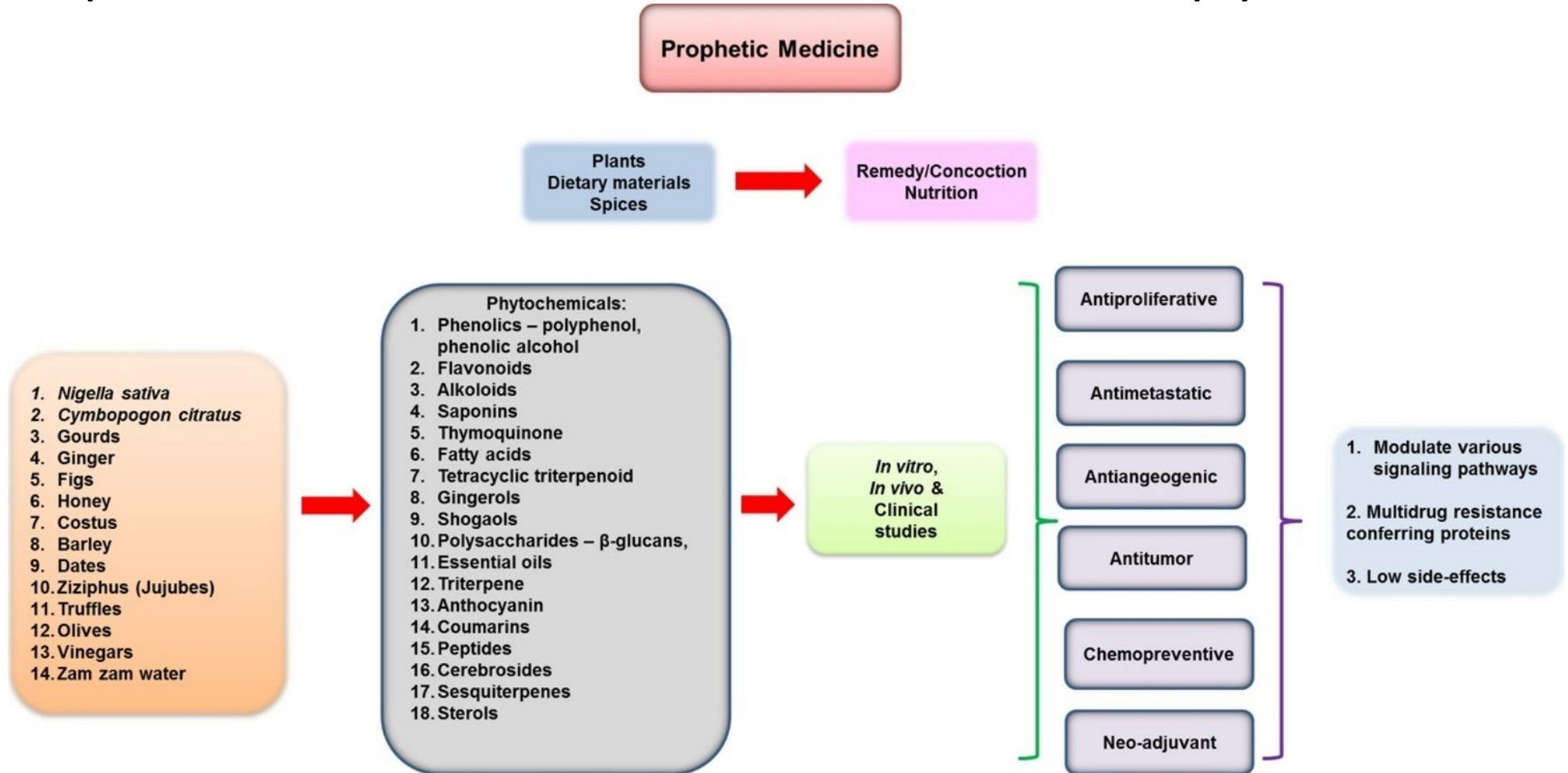
Number of articles in Scopus



El-Seedi et 2019



# Prophetic medicine in modern therapy



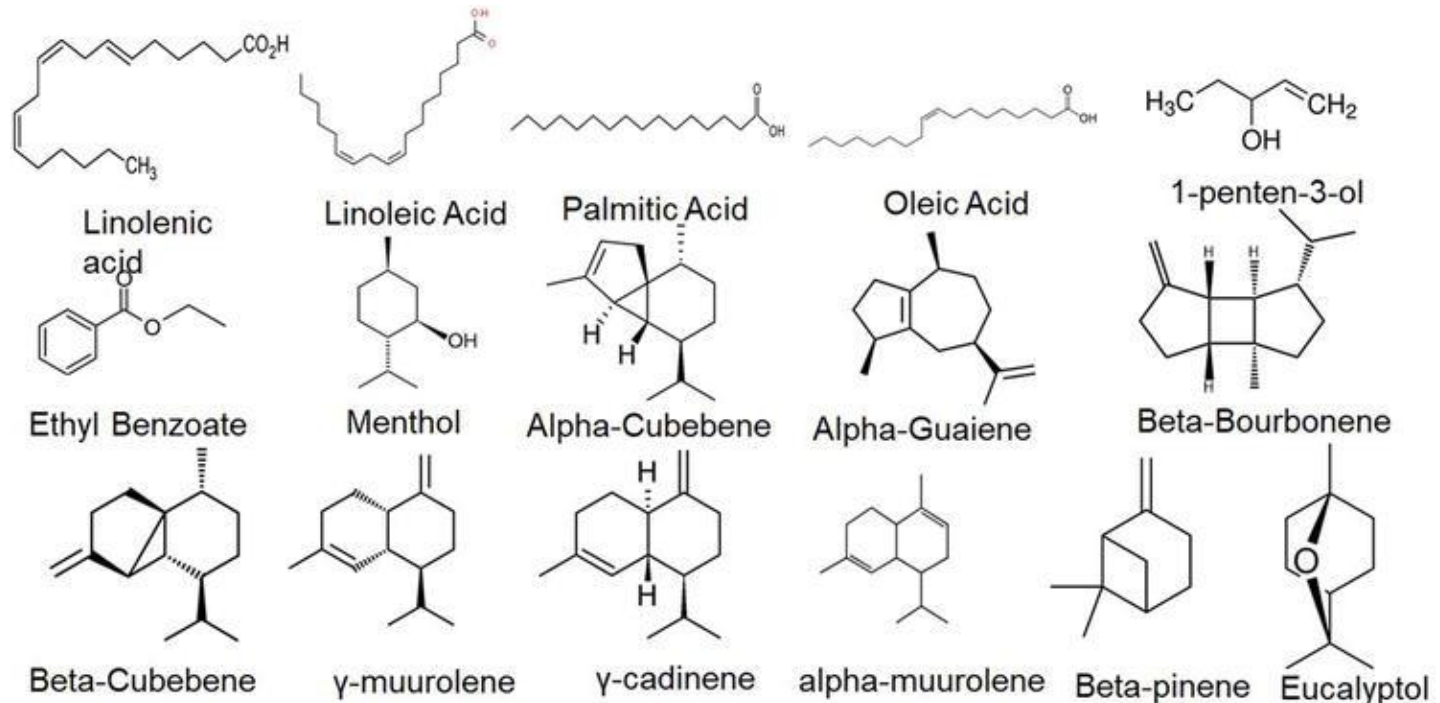




# Fig (*Ficus carica*) fruit



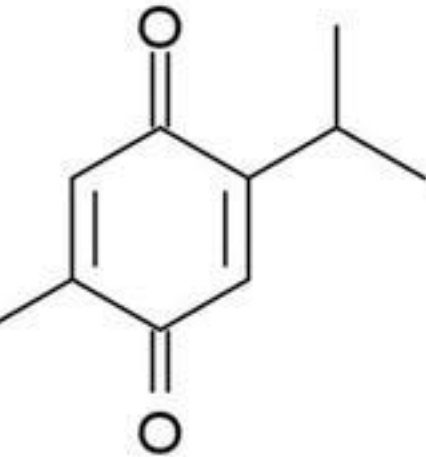
Ayurveda, Unani, and Siddha are the classical medicine systems of Ayurveda that have acknowledged the medicinal benefits of fig. To treat and cure disorders of endocrine (diabetes), ventilatory, cardiovascular, digestive (ulcers and vomiting), urinary, reproductive (menstrual discomfort), and immune systems, as well as infectious diseases of the skin, scabies, and gonorrhoea



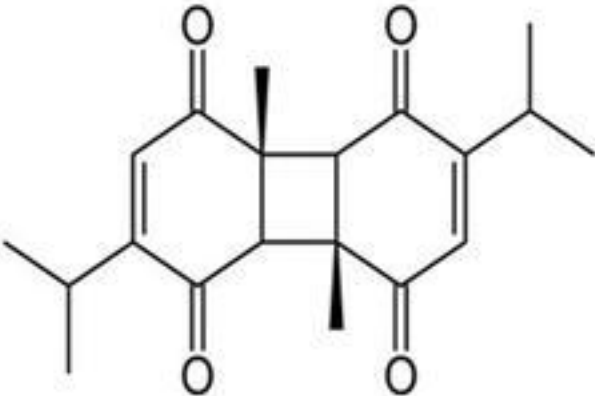


Black cumin/black seed/*Nigella sativa*  
Rich historical and religious background

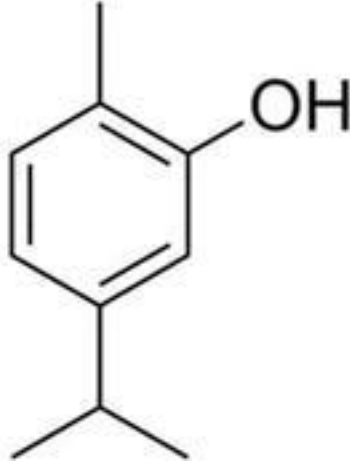
Traditional medicine for more than 2000 years; respiratory system, digestive tract, kidney and liver function, cardiovascular system, and immune system



Thymoquinone



Dithymoquinone



Carvacrol

# Translation of prophetic medicine



*Drugs candidate for Anti-cancer, anti-oxidants, anti-microbial, anti-obesity and anti-emetic*



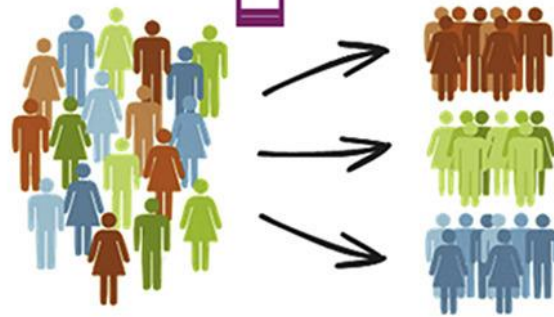
*Plants mentioned in Holy Qur'an Scriptures*



*Traditional uses of the Holy plants by Islamic/ Greek/ Roman/ Persian/ Chinese/ Indian practitioners*



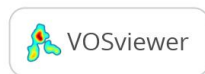
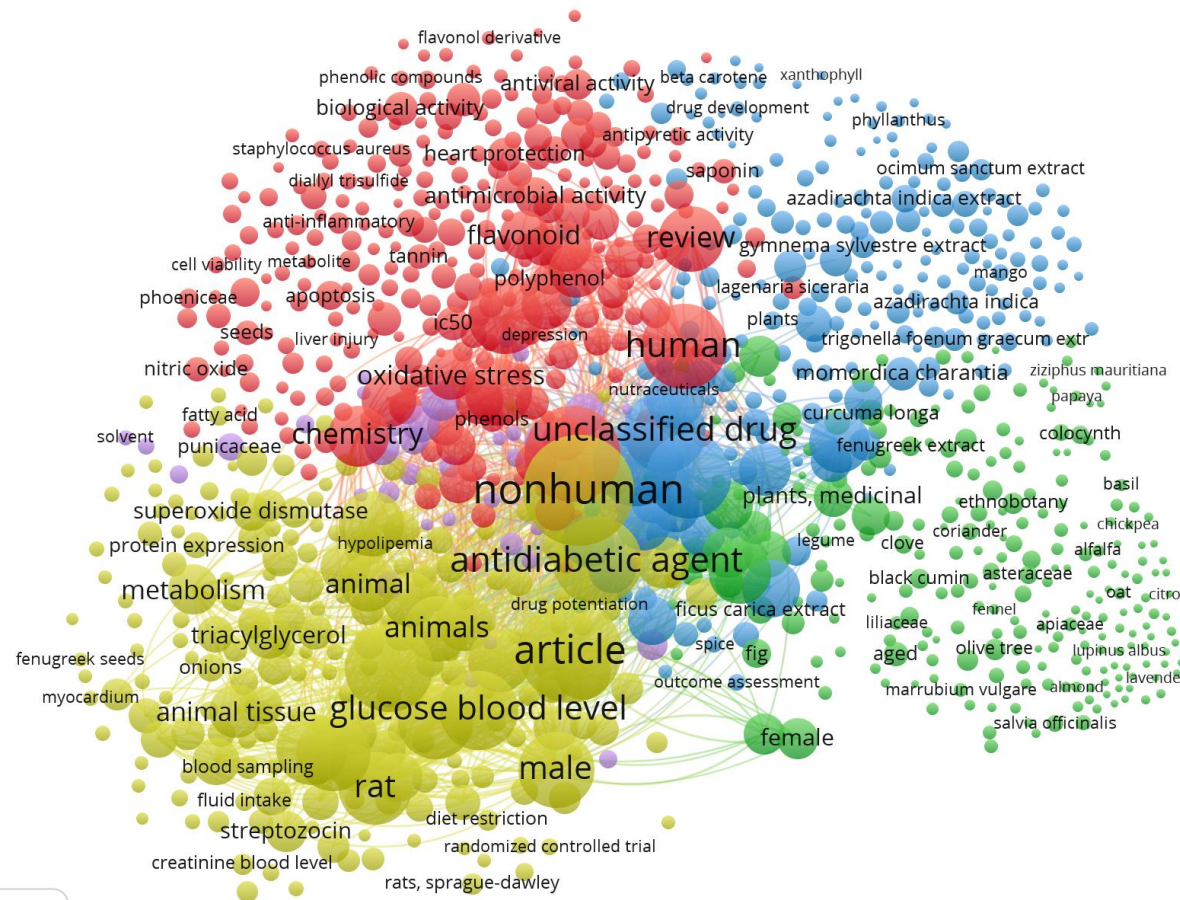
*Detection and investigation of biological activities (preclinical trials)*



*Clinical trials*

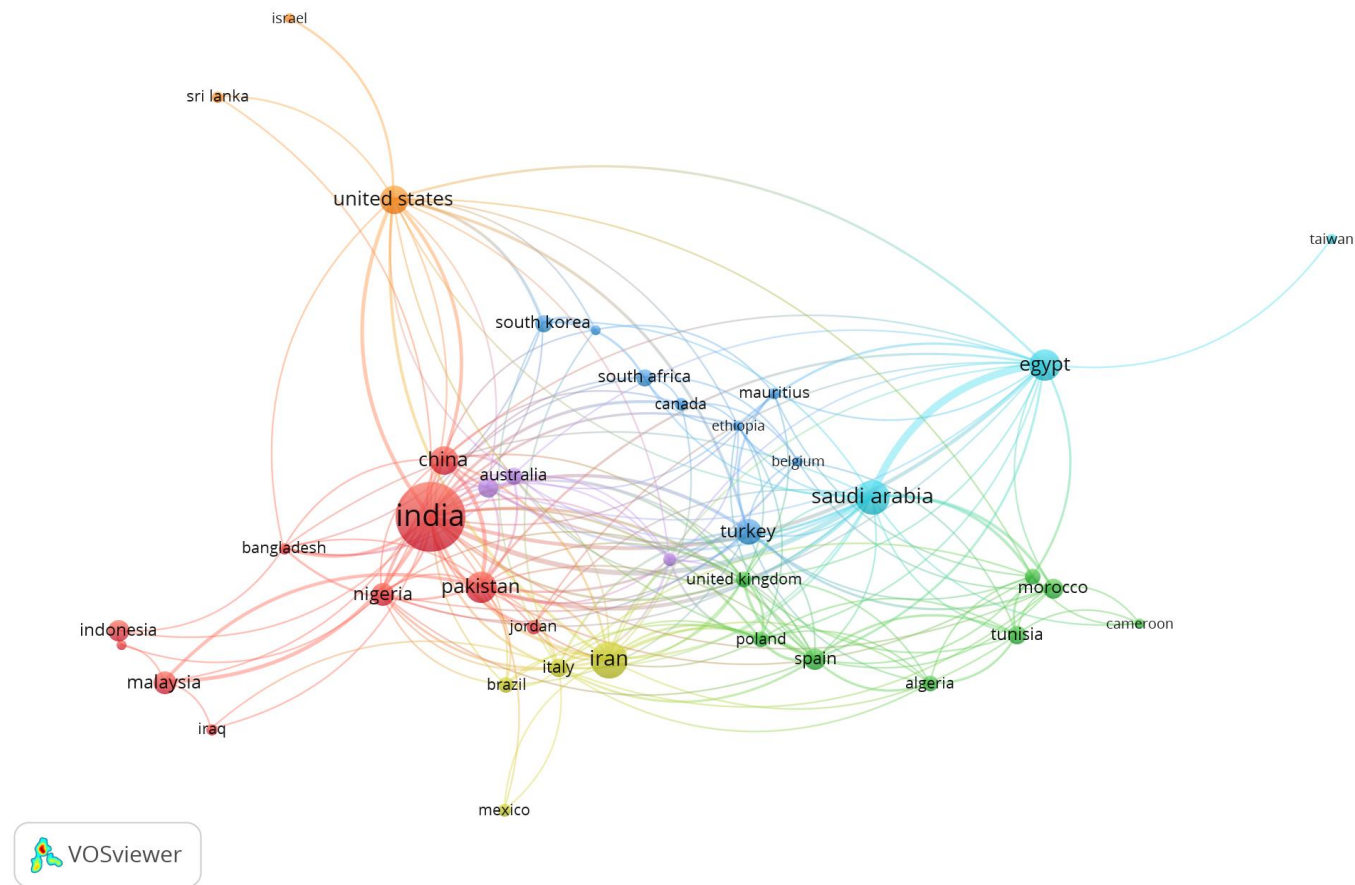


# Translational of prophetic medicine as antidiabetic (co-occurrence network visualization using VOSviewer)

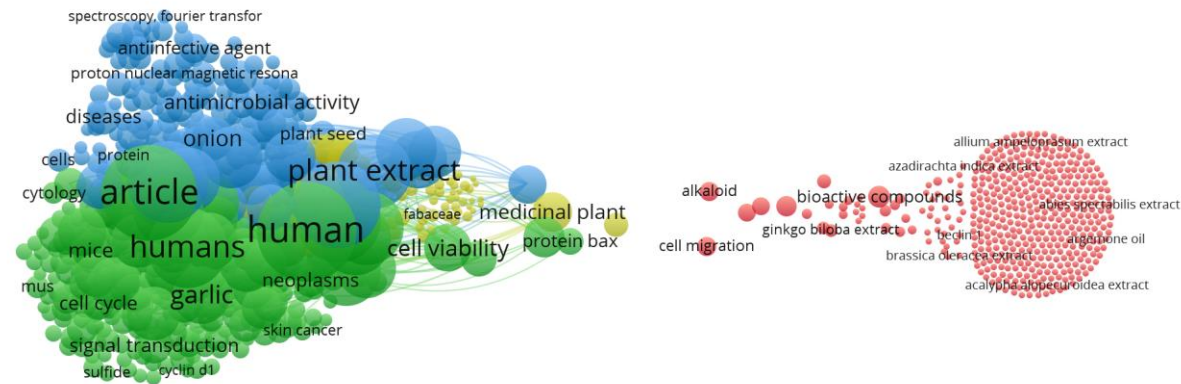




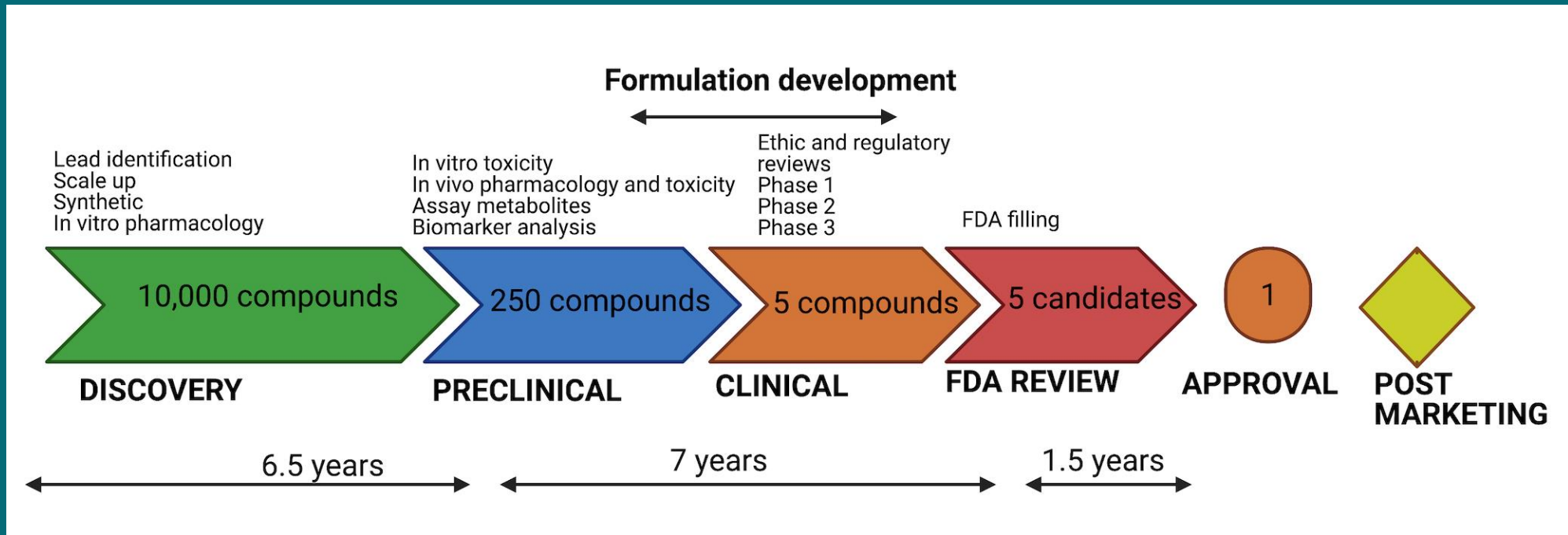
# Translational of prophetic medicine as antidiabetic by country



# Translational of prophetic medicine as anticancer (co-occurrence network visualization using VOSviewer)



# Chart: Drug/herbal discovery and development



COST: USD 1 billion  
Duration: 12-15 years



# Herbs used in traditional Medicines Jamu in Nusantara



## What are the challenges?

1. Dosage
2. Stability
3. Standardisation
4. Hygiene
5. Additive/adulteration  
vulnerable to adulteration are diabetes, calm and sleep, sexual dysfunction, pain relief, and rheumatism

Infusion of rhizomes







# Commercialised traditional medicines



- In the form of extract (Jamu)
- Standardized active the compound (preclinical/obat terstandar)
- Measured dose (Clinical/Biofarmaka)
  - GMP process
  - Increased stability





# Herbal medicine preparation



- Extracts
- Decoction
- Tincture
- Syrup
- Eyewash





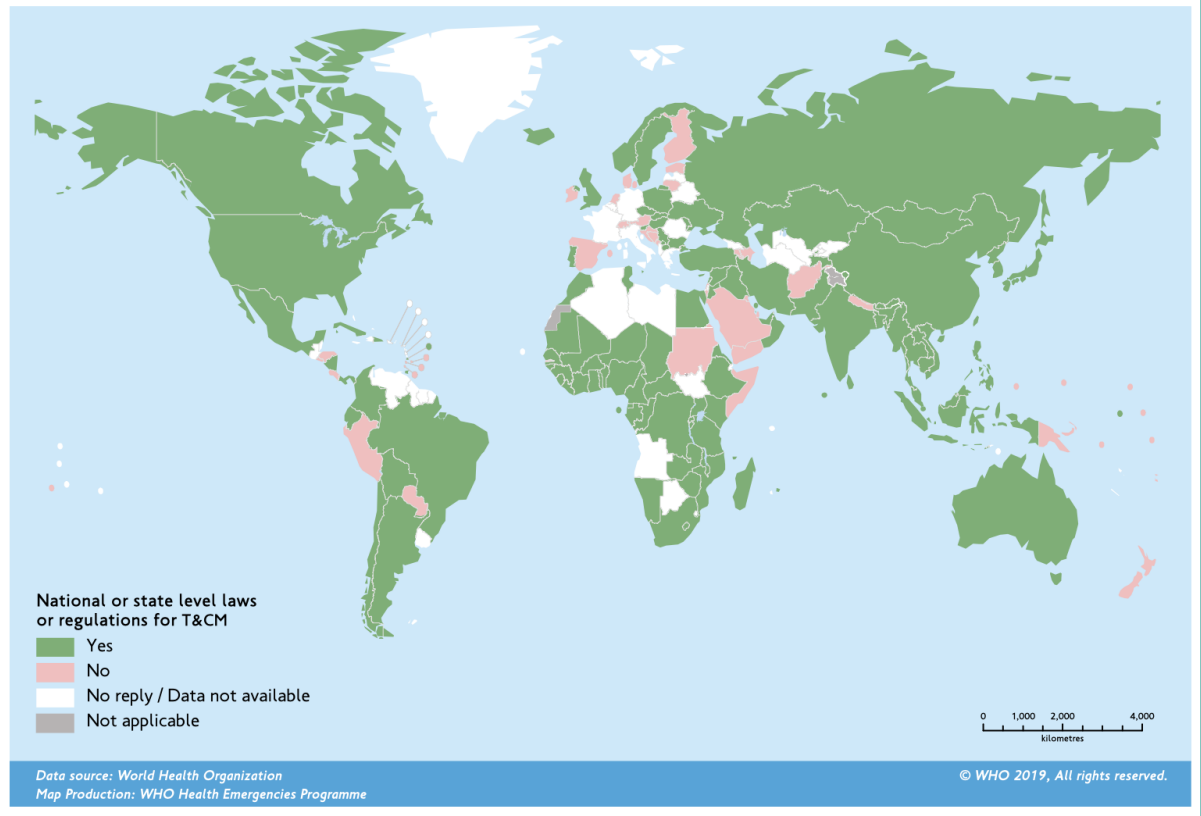
# Traditional medicine (TM)-Global market demand



- Demand
  - In Africa (90%) and in India (70%) of the population depend on traditional medicine
- (TCM)~ 3000 years
- Top selling botanical: *Ginkgo biloba*, *Allium sativum* (garlic), and *Panax ginseng*
- 177 drugs approved worldwide for treatment of cancer, more than 70% are based on natural products or mimetics
- Regulations



Fig. 1.7. Member States with a national or state level laws or regulations for T&CM, 2018



# In Indonesia

- 30,000 plants potential
- 1,845 species used as medicine
- Use by 70% people in rural area
- Diseases:
  - Cancer
  - Arthritis/rheumatism
  - High cholesterol
  - Stroke
  - Diabetes
  - Kidney disease





# Small molecules from NATURE used as drugs

Of the 1,135 new drugs approved from 1981 to 2010, 50 % were of NP origin (natural, derivatives and analogues) (Cragg, 2007)

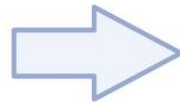
Facts

95 % of the world's biodiversity has not been evaluated

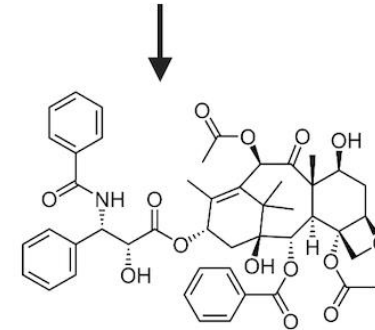
Opportunity

2 million species of plants, animals, fungi and microorganisms (David et al., 2014)

Herbal phytopharmaceuticals which have reached US \$60 billion, with annual growth rates of 5–15 % represent a significant share of the total world pharmaceutical market (Naoghare and Song 2010)



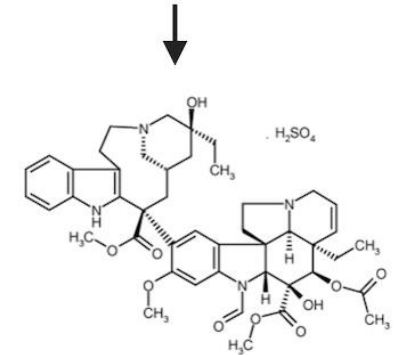
Taxus brevifolia



Paclitaxel



Catharanthus roseus



Vincristine

Pharma industry  
Sponsoring/developing





# Global challenges in drug/herbal discovery and development



## New drugs

- Anticancer (targeted)
  - Chemicals
  - Macromolecules
- Antibiotics (multidrug resistant bacteria)

## New vaccines

- New strain of virus
  - Covid-19

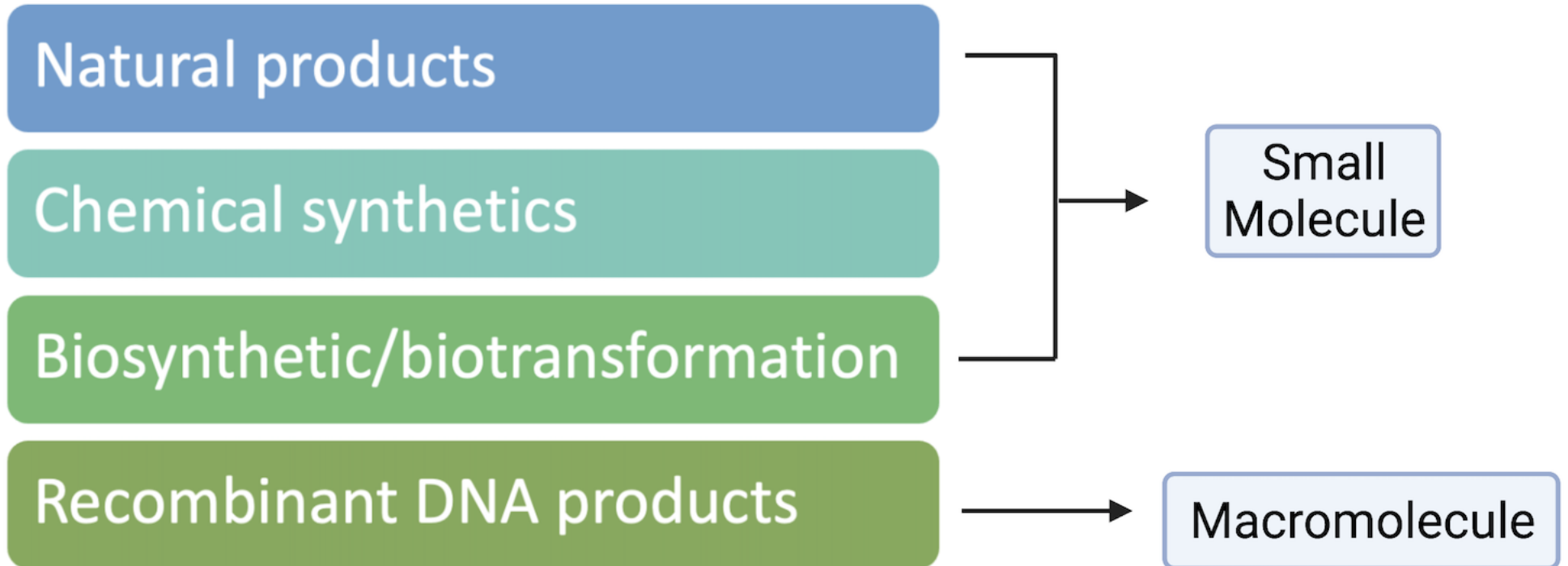
## Improved Drug Delivery

- Increase efficacy and reduce toxicity

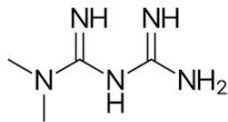




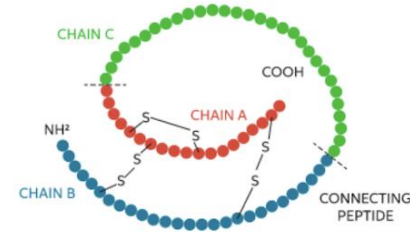
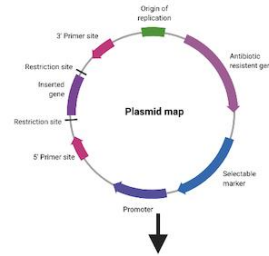
# SOURCE OF DRUGS



# Small molecule vs macromolecule



Metformin

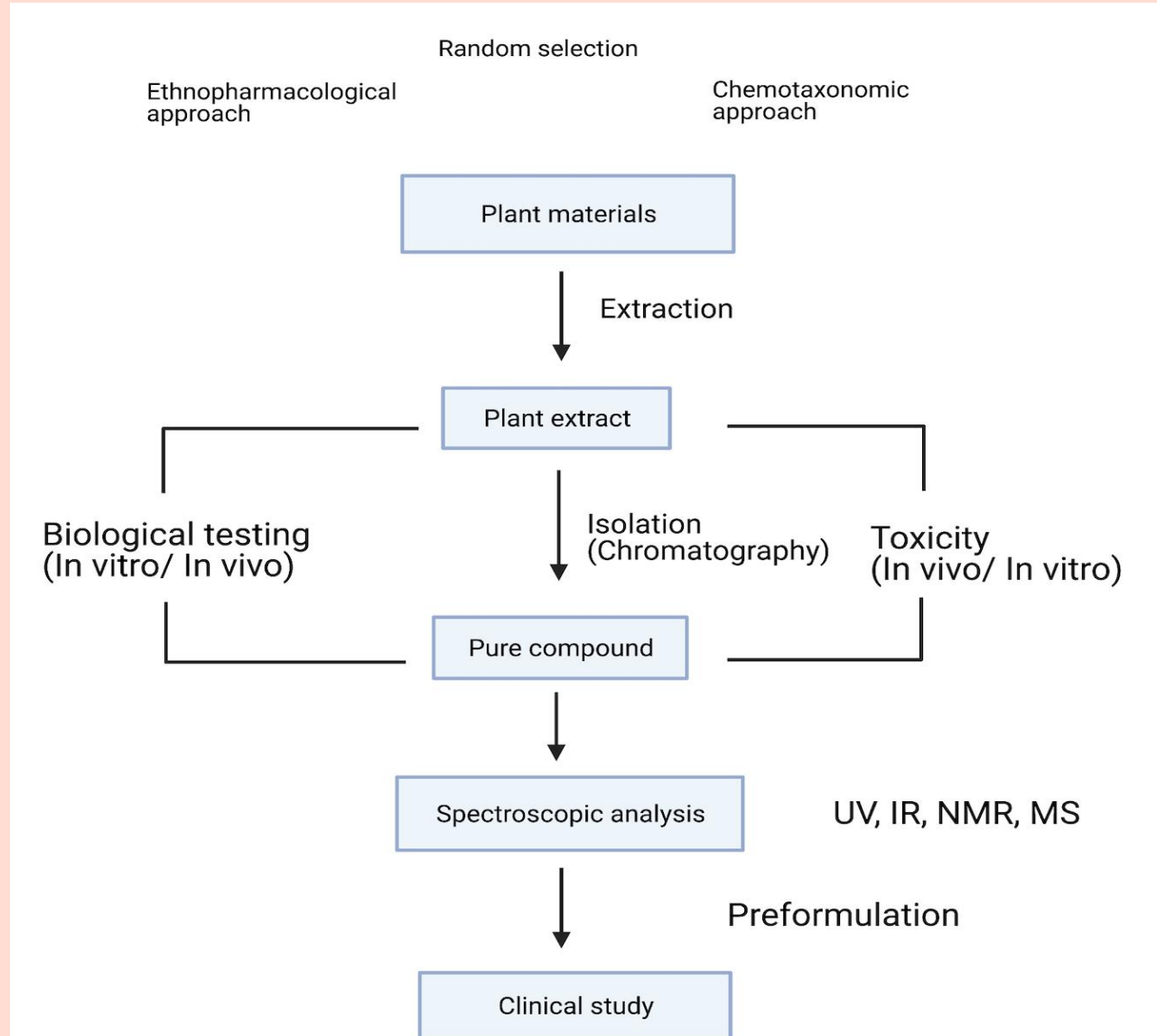


Insulin

Small molecule	Macromolecule
Simple	Large
Single defined structure	Complex structure
Predictable chemical reaction	Derived from living cells
Produce identical product	Identical clone unlikely
Stable	Sensitive to heat
Easy to characterise	Difficult to characterise
Minimal data packet	Robust data packet



# General procedure to develop a new drug from plant sources





# *In Vitro* Studies

The initial step of drug discovery, all potential lead compounds undergo in vitro pharmacology testing

Chemical/reagent,  
enzymes,  
microbes and cell  
lines



Antioxidants  
Antidiabetics  
Antiinflammatory  
Anti-cancer/cytotoxicity,  
Anti-hyperglycemic,  
Anti-obesity,  
Wound healing.

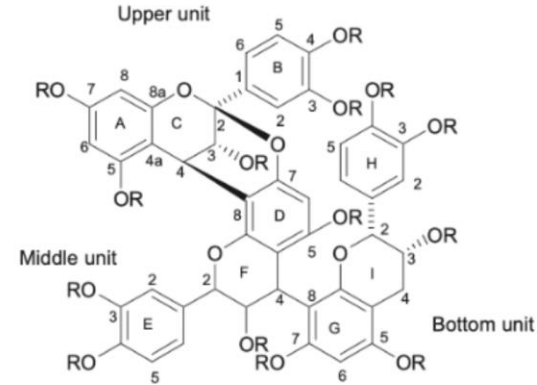


# Cinnamon- Antihyperglycaemic-adipocyte cells

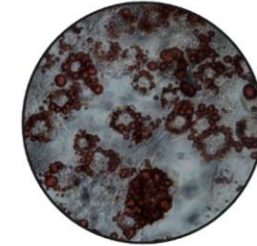
Cinnamon bark



Cinnamtannin B1

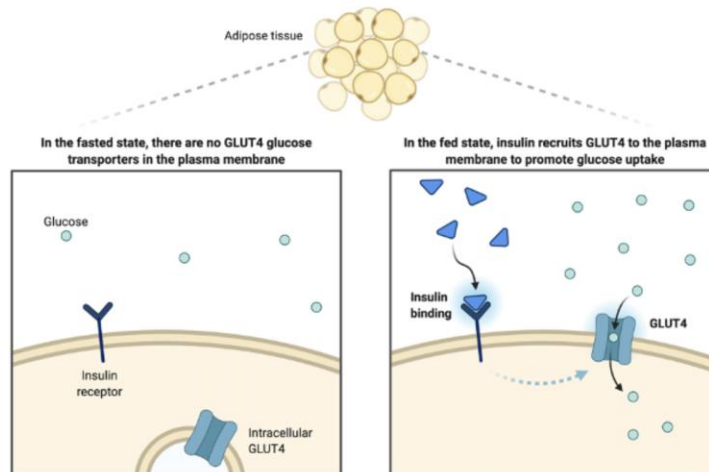


Adipocyte cells-stained



Insulin mimicking activity

Adipocyte cells



Sweet hopes for diabetics

TOPICS > [Flame on Olympics](#) | [Sabah & Sarawak](#) | [The New Normal](#) | [In 500 Words](#) | [Covid-19 Watch](#) | [EEA 2021](#) | [True or](#)

## Sweet hopes for diabetics



NATION

Friday, 06 Jan 2006  
12:00 AM MYT

By [HAMDAN RAJA ABDULLAH](#) [newsdesk@thestar.com.my](mailto:newsdesk@thestar.com.my)

**MUAR:** Good news for diabetics. A three-year study carried out by Universiti Teknologi Malaysia in Skudai has confirmed previous findings that cinnamon has the potential to lower sugar levels.

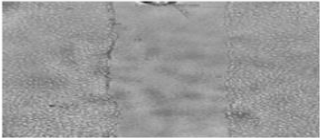
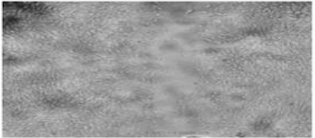
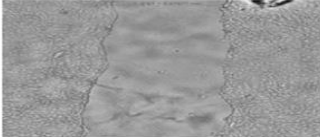
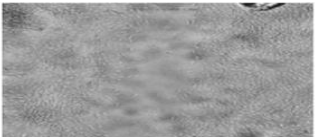
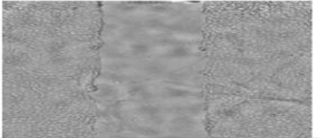
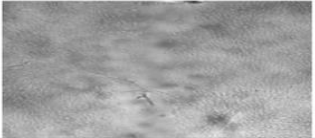
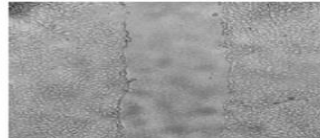
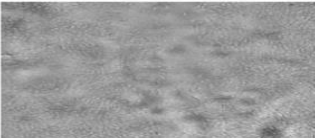
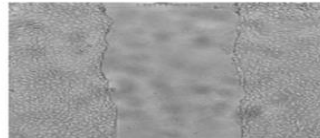
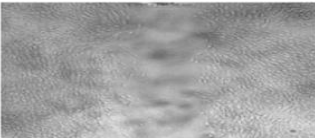
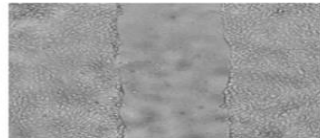
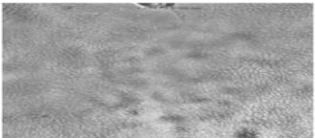
### Related News

UTM research and development manager Prof Dr Mohammad Roji Sarmidi said yesterday their research showed that the spice, known as *kayu manis* locally, has positive



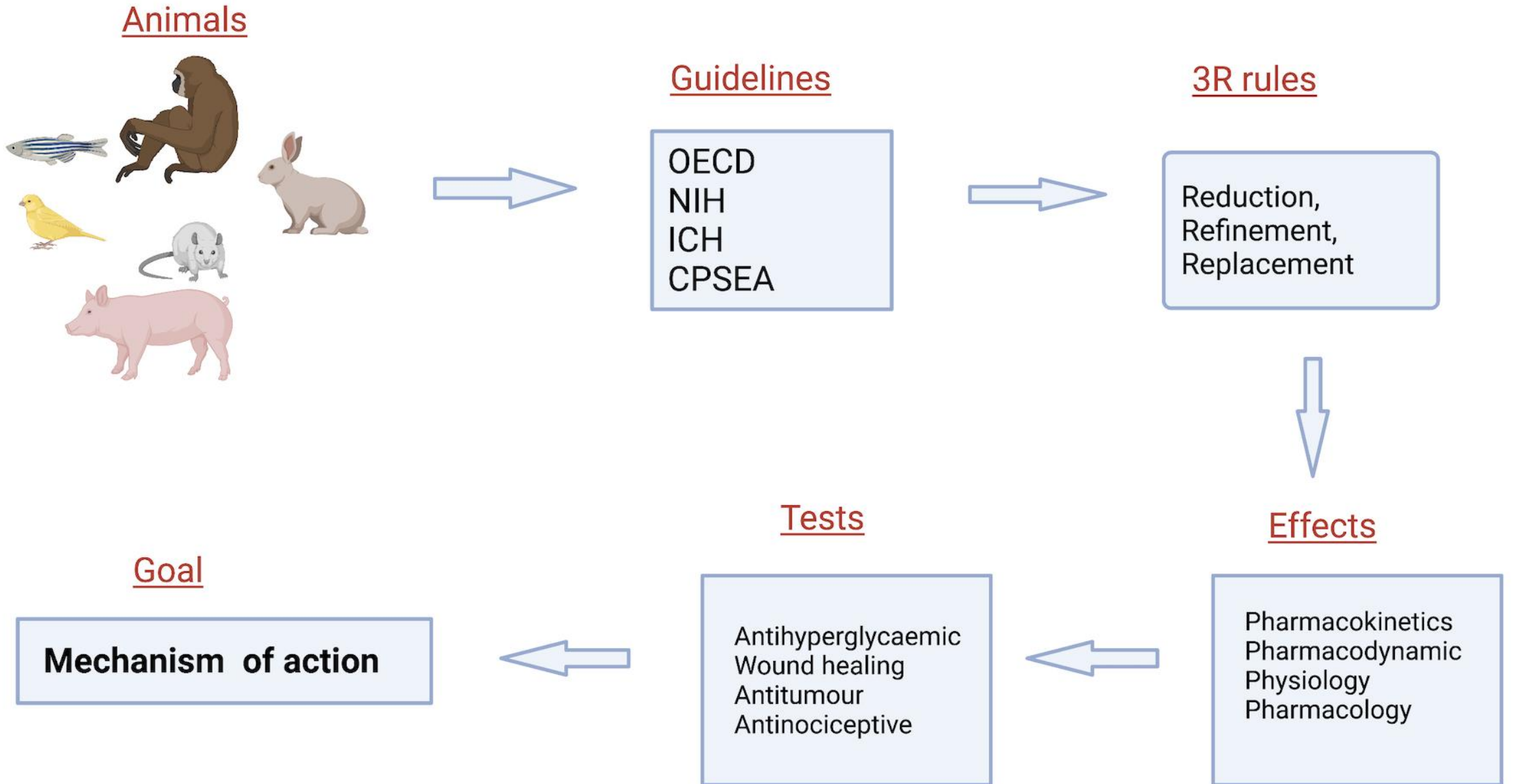
# Wound healing-using cell culture



DMSO			
PDGF (Control)	0.002		
Aques extract of Sapium indicum (mcg/mL)	0.19		
	12.5		
Ethanol extract of Sapium indicum (mcg/mL)	0.19		
	12.5		

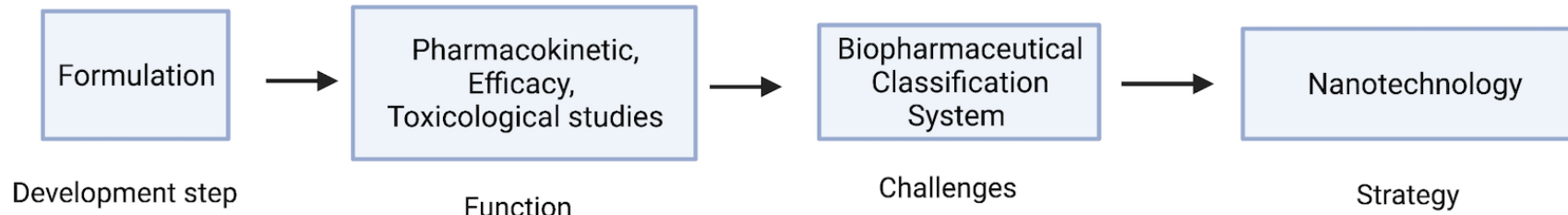


# Animal study

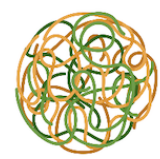


# DEVELOPMENT

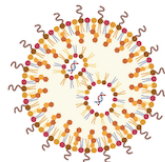
## DRUG FORMULATION



### NANOFORMULATION



Polymeric nanoparticle



Lipid nanoparticle



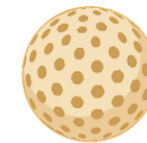
Gold nanoparticle



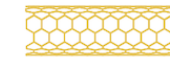
Micelle



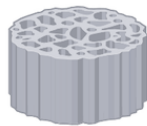
Nanosphere



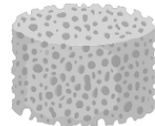
Mesoporous nanoparticle



Carbon nanotube



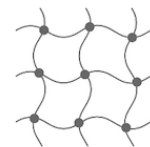
Silicon nanoparticle



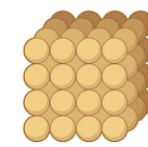
Microporous scaffold



Hydrogel



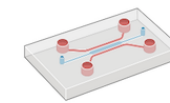
Hydrogel



Nanocrystal



Nanodiscs

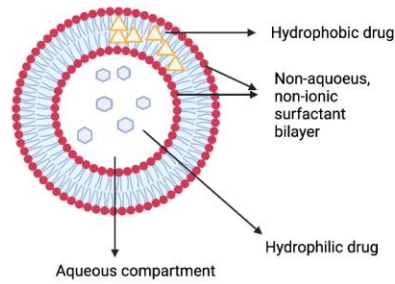


Microfluidic device

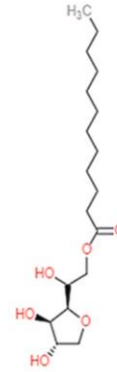
Biocompatible, biodegradable, non-immunogenic, have a long shelf life, exhibit high stability.



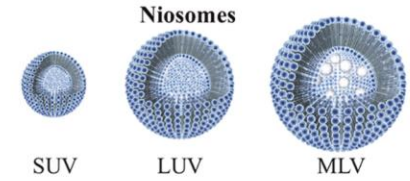
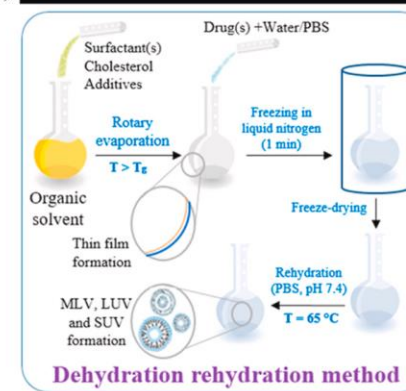
# NIOSOMAL FORMULATION



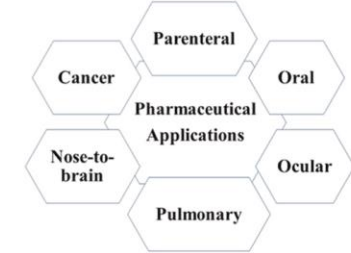
Nonionic surfactants  
(+ cholesterol + charge inducers)



Various preparation techniques

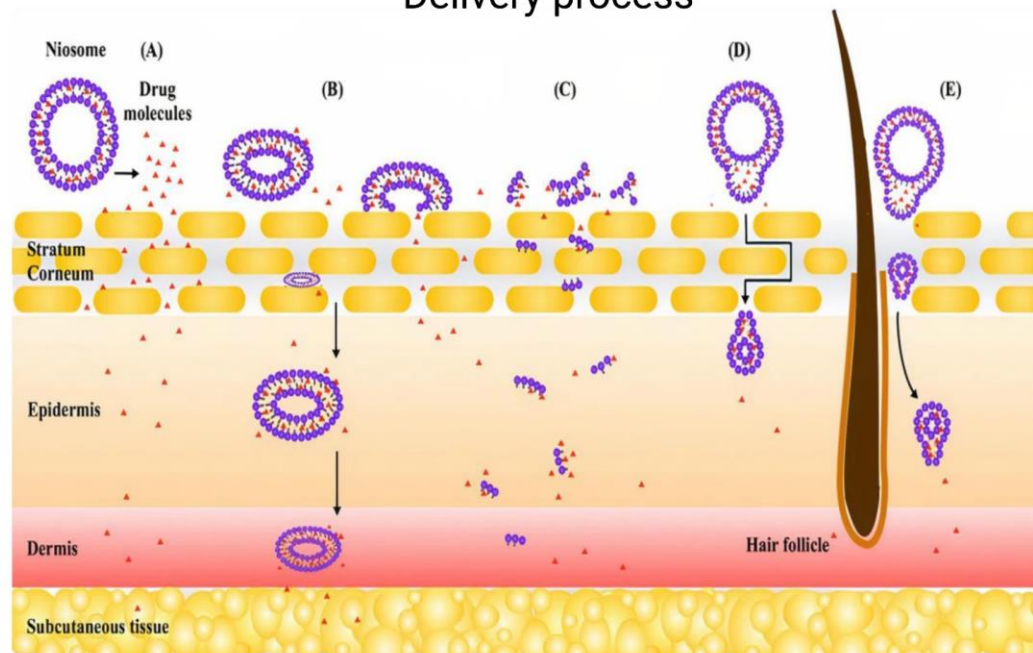


Drug delivery



Masjedi et 2021, <https://doi.org/10.1016/j.jddst.2020.102234>

## Delivery process



Aceclofenac Proniosom, Rana et al 2020  
Raloxifene tansfersome, Mahmood et al 2017

Bhavni et al, 2020. <https://doi.org/10.1186/s43094-020-00117-y>



# Herbal Legislation



- The range between therapeutic and toxic doses is called “therapeutic window.”
- The word “natural” is good, every year, huge damage is caused by the inappropriate use of the so-called natural products.
- Approximately 123 million people use these products for various purposes,
  - obesity,
  - to prevent cancer,
  - to ease pain,
  - to enhance sexual performance,
  - to stimulate mood,
  - concentration, and memory,
  - to enhance immune responses,
  - to increase muscle mass and
  - physical performance

FDA has registered about 2900 cases of toxic effects, including 104 deaths caused primarily by the abuse of *Ephedra*.





Three fundamental principles in herbal development and/or clinical use (Lietman, 2013)



1. Standardization and regulation (rigorously enforced) of the product being studied or being used clinically.



2. Scientific proof of a beneficial clinical effect.



3. Scientific proof of safety (acceptable toxicity) for the patient





# Quality Assurance and Quality Control



- Identity (Pharmacognostical testing, Qualitative and Quantitative with reference)
- Purity-Instrumental testing (HPLC, GC)
- Contents-Instrumental (HPLC, GC)
- Microorganism testing- Microbial growth test
- Stability testing-ICH guidelines





# Variable composition



- Herbs do not have consistent and standard composition
- Numerous chemical constituent in different part (e.g roots, leaves and fruit)
- Factor affecting the variability: climate, growing conditions, time of harvesting, post harvesting and storage.





# Contamination

- Misidentification of species
- Adulterations
- Heavy metal and pesticides







# Marker compounds



- Ideal chemical markers should contribute to the therapeutic activity.



- Main application of chemical markers

1. Identification adulterations
2. Differentiation of multiple source
3. Determining best harvest time
4. Confirmation of collection site
5. Quality evaluation of herbal parts
6. Stability testing





# Analytical in Quality Control

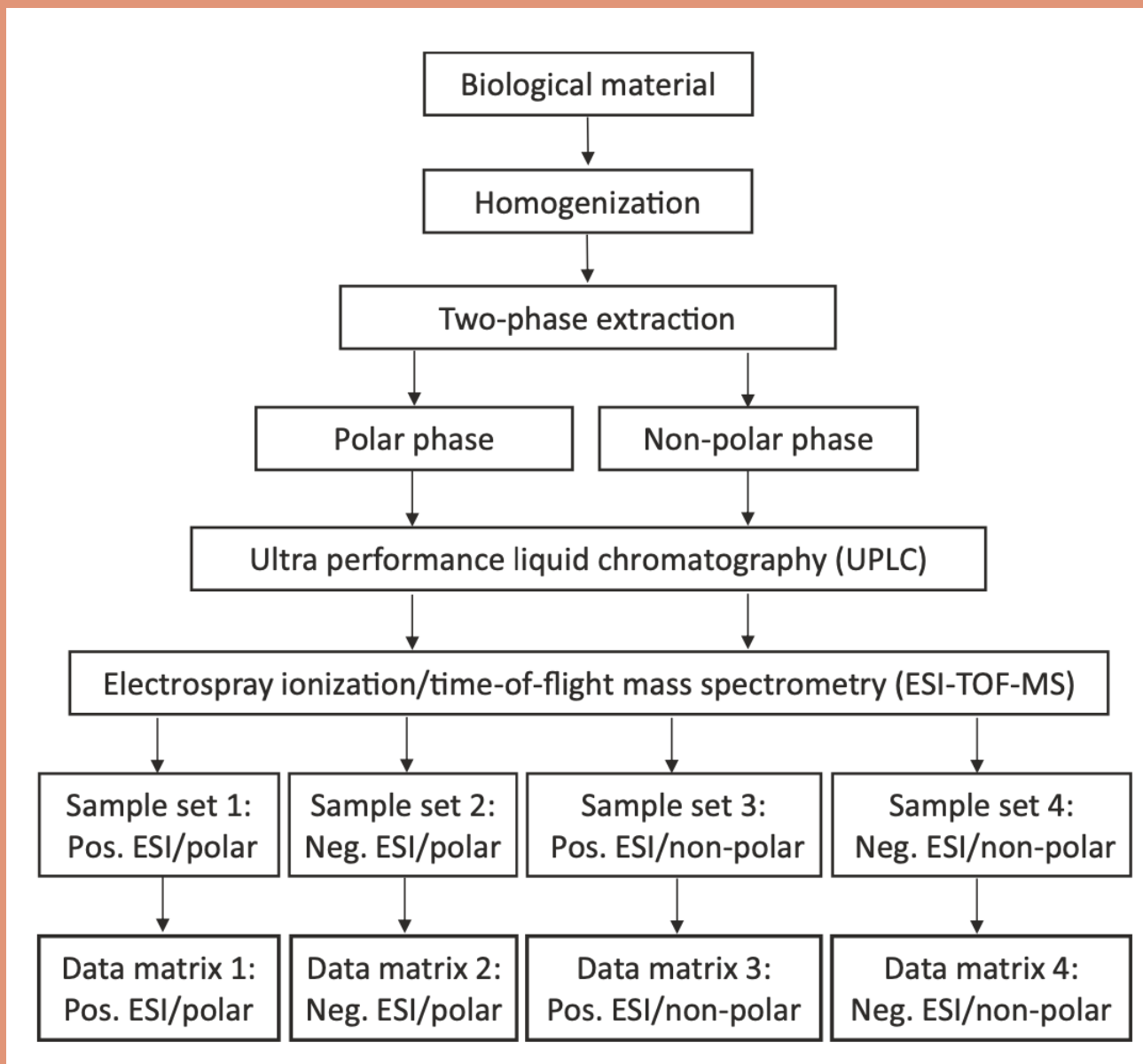


- High Performance Liquid Chromatography
- Gas Chromatography
- Thin Layer Chromatography
- Capillary Electrophoresis
- LC-MS fingerprint



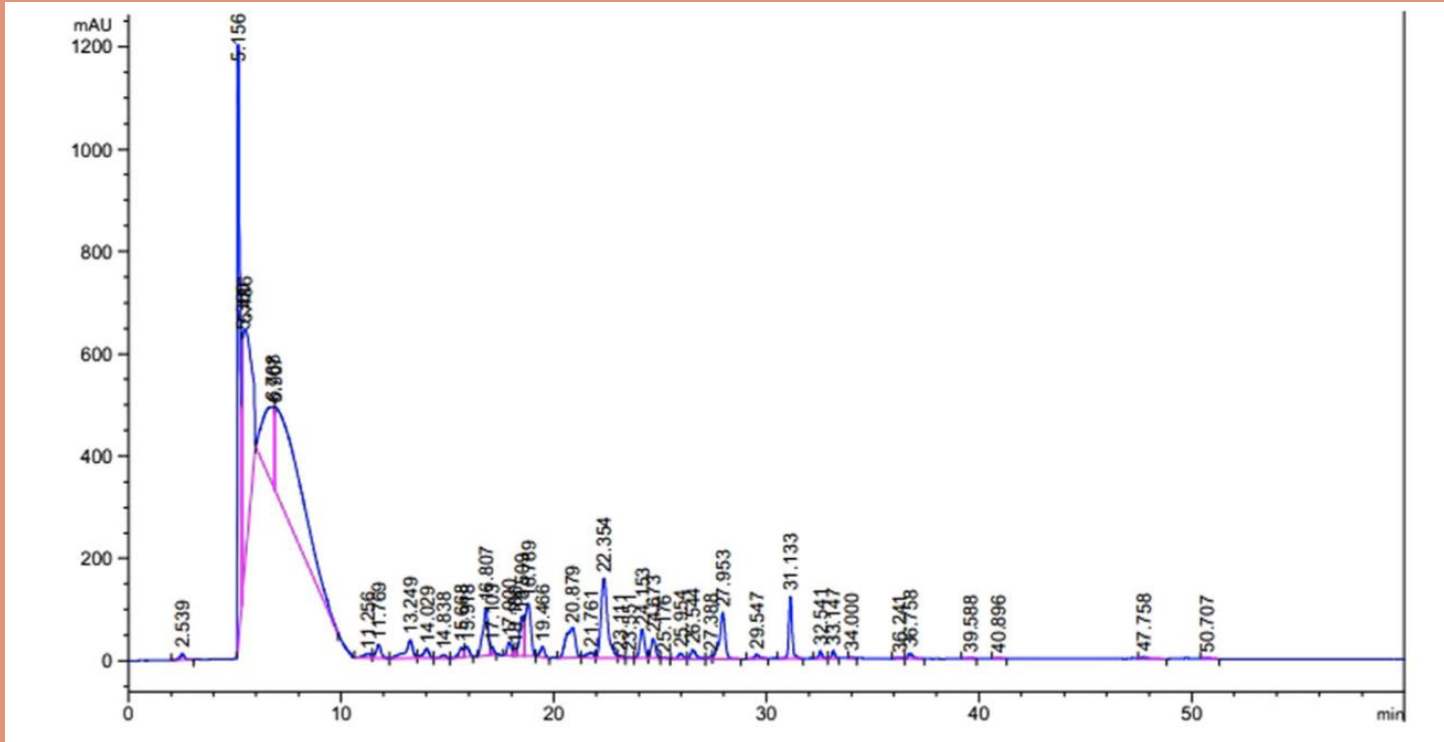


- Metabolite fingerprinting is a comprehensive and comparative nontargeted metabolomics approach



# Metabolite fingerprinting

## HPLC-DAD identification of phenolic compounds in *Olax nana* leaves



Peak	RT (min)	Peak height (mAU)	Peak area %	Proposed identity of compound*	HPLC-DAD $\lambda_{max}$ (nm)
1	2.5	13.29053	0.320	Ascorbic Acid	244
2	5.2	1168.32886	14.41	Gallic acid derivative	273, 279, 288
3	5.3	504.33762	3.19	Gallic acid derivative	280
4	5.8	456.65558	17.81	Hydroxybenzoic acid derivative	280
5	6.3	151.39925	8.20	Hydroxybenzoic acid derivative	274
6	6.9	163.31013	25.57	Gallic acid derivative	271, 278, 287
7	11.1	8.41879	0.33	Kaempferol-7-O-glucoside	254
8	11.6	26.59516	0.70	<i>p</i> -Coumaric acid derivative	313
9	13.2	35.75774	1.36	Isovitexin-4-O-glucoside	254
10	14.3	18.4162	0.57	Caftaric acid	242; sh 298; 328
11	14.9	6.63179	0.17	Gallic acid derivative	280
12	15.5	19.11495	0.46	Hydroxybenzoic acid derivative	278
13	15.7	19.45154	0.43	Hydroxybenzoic acid derivative	278
14	16.9	92.68282	2.47	<i>p</i> -Hydroxybenzoic acid	256
15	17.0	15.39486	0.23	Caffeoylmalic acid	327, 300, 268
16	17.5	26.84283	0.60	bis-HHDP-glucose	232
17	18.1	14.13607	0.21	Quercetin-3-O-triglucoside	268; 340
18	18.3	77.88322	1.70	Galloyl-HHDP-glucose	232
19	18.9	102.11224	2.93	Apigenin-7-O-rutinoside	254
20	19.9	19.88177	0.46	<i>P</i> -coumaric acid derivative	228, 316

HPLC-DAD chromatogram of methanolic extract of *Olax nana* (Ovais et al., 2018)



# Conclusion

- WHO promotes the use of traditional medicines (particularly herbal medicines) in primary health care
- Some countries rely on herbal medicine in their primary health care.
- Herbal medicine development requires scientific support to ensure the quality, efficacy and safety of the product

